

MINNESOTA FAMILY PHYSICIAN

Newsletter of the Minnesota Academy of Family Physicians

September/October 2006

Questions and Answers with MN Candidate for AAFP President-Elect

The Minnesota Family Physician interviewed Minnesotan Timothy Komoto, M.D., who is a candidate for AAFP President-Elect. Doctor Komoto practices at the Bloomington Lake Clinic in the southern Twin Cities area. He has been on the AAFP Board of Directors for the past three years. Elections will occur at the AAFP Congress of Delegates in Washington, D.C., on September 28, 2006.

DESCRIBE YOUR LEADERSHIP STYLE.

My leadership style is reflective of my personality. I basically am a quiet, calm, steady type person. I strongly believe in servant leadership. I work to get the best out of people. I assume that people have good intentions and want to do their best. Leadership by example is important to me, and I work to provide my vision in all leadership roles that I have assumed.

WHAT ISSUES DO YOU SEE AS YOUR PRIORITIES AS AAFP PRESIDENT ELECT/PRESIDENT?

I feel as family physicians we really need to emphasize our professionalism by putting patients first. We will always be heard better in every venue

that we speak out. I think the new model of family medicine and the entire future of family medicine vision is crucial for us as a specialty. As an Academy, we need to improve our focus on public sector advocacy, governmental advocacy, healthcare coverage for all, and continued coalition building. We need to celebrate our specialty and all we do for our patients and our communities including all the volunteer activities that each of us do.

WHAT IS YOUR GREATEST LEADERSHIP ACCOMPLISHMENT?

I am pleased with my activities at the Academy including chairing the Chapter Affairs Committee and the Commission on Continuing

President -Elect - Continued on page 7



Tim Komoto, M.D., visited Christ House, a medical facility for the homeless, while in Washington, D.C.

National Conference for Residents & Medical Students

By Lisa Regehr, Conference Coordinator

“Extraordinary Physicians in Extraordinary Times: Family Medicine Answers the Call” was the focus of the 2006 AAFP National Conference of Family Medicine Residents & Medical Students held this August in Kansas City. During the conference, family physicians shared their stories of surviving Hurricane Katrina, caring for the homeless and serving those in need on the other side of the world.



Medical students take part in the Student Congress while at the National Conference.

Minnesota medical students to attend the conference. Two more students received awards from the AAFP. **Summer Sawyer**, a student at Mayo Medical School won the Tomorrow's Leader Award and **Tara Arness**, also from Mayo, received the First-Time Student

Attendee Award. Students took part in workshops and procedural skills courses and visited the exhibit hall to learn about options for residencies.

National Conference - Continued on page 11

Chapters of the MAFP and the University of Minnesota Department of Family Medicine & Community Health provided scholarships for 22

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Coming Up

The Calendar

Sept 26 - Oct 1	AAFP Annual Meeting, Washington, D.C.
October 21	MAFP Board Meeting, Hilton Garden Inn, Maple Grove
Nov 14	MAFP Deans Dinner, Radisson University Hotel
Nov 23-24	MAFP Office Closed - Holiday
April 18-20	MAFP Annual Meeting and Spring Refresher, RiverCentre, St. Paul

Continuing Education Courses

Dermatology Update

Date(s): October 13, 2006
Sponsor: Park Nicollet Clinic
Location: Park Nicollet Clinic
Registrar: (952) 993-3703
Approved for 6.50 Prescribed Credits

Practical Asthma Workshop for PC Provider

Date(s): October 13, 2006
Sponsor: Mayo School of CME
Location: Mayo Clinic
Registrar: (507) 266-5045
Approved for 8 Prescribed Credits

Geriatric Update for PC Providers

Date(s): October 19, 2006
Sponsor: Mayo Foundation
Location: Mayo Clinic
Registrar: (507) 284-0026
Approved for 7.75 Prescribed Credits

7th Womens Health Conference:

Challenges of Changing Body
Date(s): November 3, 2006
Sponsor: HealthPartners
Location: Holiday Inn Metrodome
Registrar: (952) 883-6224
Approved for 6.50 Prescribed Credits

Insights/Outlooks 2006

Date(s): November 3, 2006
Sponsor: St. Paul Heart Clinic
Location: United Hospital Conf. Rooms
Registrar: (651) 726-2745
Approved for 5 Prescribed Credits

16th Mayo Clinic Symposium on Sports Medicine

Date(s): November 3 - 4, 2006
Sponsor: Mayo Foundation
Location: Mayo Civic Center
Registrar: (507) 266-5045
Approved for 10.25 Prescribed Credits

For more CME opportunities, please visit our website at www.mafp.org/cmeupcoming.asp.

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Kristie Thorson

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Learning to Embrace Change

I hate change. My life has been nothing but change lately.

First, there's the obvious change I've written about in past issues. Being diagnosed with diabetes obviously brings major changes in one's life. Either you make changes to improve and maintain your health or illness will make less desirable changes for you. This has led to the process of learning to make healthy personal choices in my lifestyle, from eating healthy to becoming an "adult onset athlete."

Then this summer, I found myself leaving Baudette and my practice of 13 years to move to Moose Lake. While I had never intended to switch practices, various circumstances led to the need for change. While there are many positives for me and my family in the move, there are many things that present a challenge. In my old practice, even the most complex patients often were not difficult for me because I knew them well - we had history together. Now, even straightforward problems bring new challenges as I establish myself in the practice and develop relationships with new patients. Also, I had worked with the same office nurse and many of the same staff for the last 13 years. They all knew who I was and what I wanted - sometimes better than I did. Now I'm having to establish all those relationships over again. In some ways, I feel like I'm just out of residency.

Along with the shift in practice, I now have an EHR to work with. After several years of wanting one, I'm now face to face with trying to either make it do what I want or figure out how it wants me to do things. After 13 years, I've gotten used to doing things certain ways. Maybe not always the best way, but it basically worked. Now I have to look at the whole process - is there another way that is better? Do I really want to just do the same thing I always did but now do it on the computer? As I try to keep my head above water some days, the easy answer would be to just do as I've always done. But as I try to examine what I am doing and how the EHR works, I'm convinced that to once again embrace change and look for new ways to do things will ultimately pay off. As I think harder at how I am working, I am slowly finding there are things that the EHR is helping me do better. With a little effort, updating and maintaining things like medication lists, past medical histories, and social histories is easier and more accurate. Being able to access the chart for refills and follow up on labs is easier. And as I try to use the EHR to complete my notes at the time of the visit most of the time, I find I am remembering to do and document elements of the visit better.

Likewise, there are other changes being forced on us in medicine. The house of medicine in general, and ABFM in specific, are changing how we maintain certification in our specialty. While I will not be starting into that process till next year, I have shared some of the apprehension many of you have felt. But then I stop to think about why the change? Does our past system of testing every 6-7 years really ensure that we are keeping abreast of our specialty? Does our current largely lecture based CME ensure that we really learn what we need? While the changes may not guarantee success either, it could be that these changes may help us as we struggle to maintain the quality of the care we provide.

Additionally, we hear more and more talk of pay for performance or similar initiatives. Understandably, many of us have been wary of this as we fear payors may use this as a smoke screen to cut payments, being more concerned with cutting costs than

President's

Message

By Randy Rice, M.D.



improving quality. But if this can be structured to truly provide incentives for providing cost effective quality, do we really want to oppose this? Shouldn't cost-effective, quality care be what we all strive to provide? If that is the case, it seems to me that instead of complaining about or resisting the movement toward a restructuring of pay, we should be involving ourselves in the dialog with the appropriate payors to ensure that the changes will achieve that goal. And we should be transforming our offices so that we may better meet those goals.

We as physicians do not like change. Granted there may be reasons for this. We are busy. Change slows us down, and that hits us in the pocket book. We have traditionally had a fair amount of autonomy and much of what is happening seems to be out of our hands today. Most of us tend to be fairly opinionated and it is hard to convince us that our way is not necessarily the best way.

We need to embrace change. We as individuals need to change how we operate. We need to adapt to better serve the needs of our patients in an everchanging world. We need to be able to use the best information and best tools possible to meet their medical needs. This means finding new ways to obtain information, track information, and to interact with and within health care teams. This is what the new model of Family Medicine is really all about.

We need to be agents of change. First, with our patients. We need to model and teach change to them. So much of what threatens our health as a society can be improved by lifestyle change. We need to find ways to educate them and motivate them to make the changes necessary to improve their health. And to do that effectively, we need to model that lifestyle ourselves.

Additionally, we need to be agents of change by interacting with the government, the payors, and with businesses and patients to shape the direction medicine is going, rather than just let it happen to us. We need to be bold about pushing the value of a medical home and a relationship with a personal physician. We need to spread the message that maintaining access to primary care improves quality and decreases cost. We as an academy have been working on getting this message out. We are also beginning dialog with our colleagues in general internal medicine and pediatrics to further advance this message.

I hate change. But change is necessary and desirable for me to be the best I can be. Just as that is true for me as a person, it is also true for us as a specialty. Just as I am learning to embrace the changes life is throwing at me, I hope you to can find a way to embrace the changes you face in your life and practice.

What's New

► Spotlight on Our Members

The name of **Phillip Holmes, M.D.**, Nashwauk, was drawn in conjunction with a 2006 Scientific Assembly registration incentive. Dr. Holmes received two coach round-trip airfares to Washington, D.C., for the Assembly. **Heather Sieben**, a first-year medical student at the University of Minnesota, Duluth campus, was a winner in the *Minnesota Medicine* third annual writing contest. Her poem, "To Be a Better Doctor" was featured in the July 2006 issue. **James Dey, M.D.**, Waseca, received a 2006 Lakeville North High School Distinguished Alumni Award for his work as a family physician. Gov. Tim Pawlenty appointed **Rebecca Hafner-Fogarty, M.D.**, to an at-large spot on the state Board of Medical Practice. **William O. Roberts, M.D., M.S., FACS**, St. Paul, wrote an article about using anabolic androgenic steroids in adolescent patients. It appeared in the July 2006 issue of *Minnesota Physician*. In July, **Keith Stelter, M.D.**, St. Peter, was interviewed for an article in the *St. Peter Herald* regarding the medical home concept. **Tim Komoto, M.D.**, was quoted in an *AAFP News Now* story called "Primary Care Crucial to Health Care System, Says Aetna Exec."

► United Hospital Foundation Continues Tar Wars Support

The United Hospital Foundation in St. Paul will again be providing \$2,500 to the MN Tar Wars program. The funding allows the state Tar Wars poster contest winner to visit Washington, D.C. to participate in the National Poster Contest. (See page 6.)

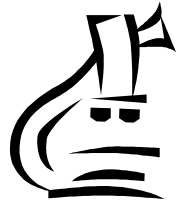


► Tar Wars Presenters Needed for the 2006-2007 School Year

Family physicians, residents and medical students are needed to make Tar Wars presentations in local schools. All it takes is about 90 minutes of your time a few times during the school year. The entire curriculum is provided to you online. If you live in the Twin Cities, Tar Wars will set you up with a school that has requested a presentation. Presenters outside the metro area can contact the school in their community and arrange a presentation. For more information or to volunteer, please visit the MAFP website at www.mafp.org or email kthorson@mafpa.org.

► MAFP Research Forum Scheduled

The MAFP Research Forum has been scheduled for Saturday, **March 24, 2007**, at the Rush Creek Golf Club in Maple Grove, MN. Deadline to submit abstracts for the Forum is January 22, 2007. All categories of research will be accepted. Projects in progress are welcome.



► Duluth Residency Program Receives Best Practice Award

The Duluth Family Medicine Residency Program received an 2006 AAFP/Wyeth Immunization Award in the category of best practices. The residency program, under the direction of **Thomas Day, M.D.**, was recognized for attaining overall achievement in overcoming barriers to childhood vaccinations by instituting several system improvements. In 2000-2002, the program began using the Child and Teen Checkup forms for all well-child visits, not just for certain insurance plans, and they adapted the forms to have "smile faces" on the required element of the visit for that age group so their importance would not be missed by the provider. In 2003, they converted to an electronic medical record that makes tracking, documenting, searching and flagging patient records much easier. Finally, they kept an ongoing database of patients who are not up-to-date on their vaccinations. These patients receive reminder letters at regular intervals until they are caught up.

Nominate a Colleague for an Award

The MAFP is now accepting nominations for the following awards:

- Family Physician of the Year
- Teacher of the Year
- Researcher of the Year
- Resident of the Year
- Medical Student Award
- Merit Award

For more information and a detailed description of each award, please visit the MAFP website at www.mafp.org/awards.asp.

Nomination Process

All nominations must be made in writing to the MAFP office (mail, fax or e-mail). Include the name of the award, your name and phone number, and explain why the nominee is deserving. Also, if applicable, include the name of the nominee's clinic, residency program or medical school. Additional information may be requested from the nominator or nominee. *Except where noted, candidates must be MAFP members.*

Deadlines for Submission

Family Physician of the Year: **December 1, 2006**
All other awards: **February 7, 2007**

Membership Report

July 1, 2006 - August 31, 2006

New Active Members

Christine Albrecht, M.D., Staples
Amy Edman, M.D., Benson
Amy Elliott, M.D., Faribault
Sheila Froemming, M.D., Staples
Jennifer Horton, D.O., St. Peter
Jennifer Pecina, M.D., Rochester
Hazem Sedra, M.D., Thief River Falls
Sara Velasco, M.D., St. Paul

Residents Upgraded to Active Members

Amy Anderson, M.D., Lindstrom
Amy Banks, M.D., Minneapolis
Kathy Brandli, M.D., Duluth
Jeanine Brunclik, M.D.,
Inver Grove Heights
Elmer Calica, M.D., St. Paul
Ariel Carls, M.D., St. Paul
Jennifer Chalgren, M.D., Hibbing
Maribeth Ching, M.D.,
Rosemead, CA
John Collingham, M.D., Waseca
Michael Cooper, M.D.,
Columbus, OH
Amy Cunningham, D.O.,
Neodesha, KS
Shawn Day, D.O., St. Cloud
Emily Dickman, M.D.,
Brooklyn Park
Melanie Dixon, M.D., St. Paul
Hussein Egal, M.D., Mankato
Justin Eisel, M.D., Duluth
Stephen Engler, D.O., Hudson, WI
Mark Erickson, D.O., St. Cloud
Dion Farrell, M.D., Burnsville
Keenan Ferguson, D.O., Enid, OK
Karen Fruechte, M.D., Enfield, NH
Joshua Gibson, M.D., Minneapolis
Danquig Guo, M.D., Minneapolis
Rebecca Gurney, M.D., St. Paul
Theodore Haland, M.D., Afton
Natasha Hamann, M.D., Buffalo
Laurel Hansen, M.D., Minneapolis
Brian Jacobs, D.O., Rochester
Edina Kadic-Mucevic, M.D.,
Roseville
John Kearney, M.D., Peoria, AZ
Kim Kelly, M.D., Minneapolis
Javad Keyhani, M.D., Minneapolis
Michael Kinnan, M.D.,
Columbia Heights
Mousumi Kundu, M.D., Eden Prairie
Robin Kutil, M.D., Minneapolis
Eric Lee, M.D., Frankfurt, IL
Jennifer Lessard, M.D.,
Cottage Grove
Hongbao Ma, M.D., Bedford, NH
Jennifer Mahling-Stadum, M.D.,
Brainerd
Vui Mai, M.D., Minneapolis
Grace Mbonde Kange, M.D.,
Eden Prairie

Residents Upgraded (cont.)

Kathleen McCall, M.D., Rochester
Sean Meade, M.D., Minneapolis
Jennifer Meer, M.D., Rochester
Mary Moon, M.D., Eden Prairie
Anne Moore, M.D., Edina
Ayham Moty, M.D., Minneapolis
Jennifer Mueller, M.D., Duluth
Gustavo Navarrete, M.D., St. Paul
Jonathan Nelson, M.D., St. Cloud
John Noll, D.O., Minneapolis
Herbert Ojiaku, M.D.,
Carlsbad, CA
Kristi Olson, M.D., Kingsford, MI
Christopher Peck, M.D.,
La Crosse, WI
Heather Pett, M.D., Duluth
Emily Pike, M.D., Bloomington
Zakia Raana, M.D., Sauk Rapids
Erum Raheel, M.D., Apple Valley
Lucas Readinger, M.D., Minneapolis
Scott Reichel, M.D., Brooklyn Park
David Ries, M.D., Minneapolis
Susan Ross, M.D., St. Louis Park
Minhuy Ryan, M.D.,
Vancouver, WA
Rizwan Sadiq, M.D., Gridley, CA
Alan Scott, M.D., St. Paul
Heather Shafer, M.D., Byron
Maoxing Shen, M.D., Shoreview
Terra Shockman, M.D., St. Paul
Rolf Simonson, M.D., Edina
Krista Skorupa, M.D., Hugo
Teresa St. George, M.D., Hibbing
Christopher Stadther, M.D.,
White Bear Lake
Adam Swank, M.D., Duluth
Casey Swenson, M.D.,
Belle Fourche, SD
Michelle Tomes, M.D., Woodbury
Chinelo Ude, M.D., Minneapolis
Jennifer Veal, M.D., Osceola, WI
Brian Walker, D.O., Fort Mill, SC
Jason Wall, M.D., Duluth
Edward Wolske, M.D., Waseca
Kathleen Woo-Rippe, M.D.,
Minneapolis
Laura Ziegler, M.D., Rochester

New Residents

Duluth Family Practice Residency

Leah Marie Anderson, M.D.
Stephen Bockhold, M.D.
Jeffrey Eichten, M.D.
Katherine Eichten, M.D.
Amanda Everhart, M.D.
Ryan Harden, M.D.
Philip Imholte, M.D.
Meghan Kutz, M.D.
Nathan Schoeppach, M.D.
Jessica Winterfeldt, M.D.

New Residents (cont.)

Hennepin County Medical Center

Charlie Abraham, M.D.
Suhair Burhan, M.D.
Alfredmy Chessor, M.D.
Mohammed Khan, M.D.
Lilian Kigonya, M.D.
Manudeep Mahal, M.D.
Pei Mi, M.D.
Angel Yap, M.D.
Ronald Yee, M.D.
Steve Yi, M.D.



Mayo Family Medicine

Jonathan Baines, M.D.
Kodjo Bossou, M.D.
Jessica Flynn, M.D.
Andrew Gottschalk, M.D.
Angela Kurtz, M.D.
Chad Lowe, D.O.
Christina Manders, D.O.
Patrick McDonough, M.D.
Frances Truitt, M.D.

St. Cloud Hospital/Mayo

Carmen Buiceag-Arama, M.D.
Nam Ho, M.D.
Suhail Jafrey, M.D.
Jessica Kumar, M.D.

United Family Medicine

Simon Fenton, M.D.
Tara Kelly, M.D.
Nicholas Modjeski, M.D.
Robyn Tabibi, M.D.
Nicole Vik, M.D.
Michelle Wilkening, M.D.

Univeristy of Minnesota Family Medicine and Community Health

Fairview-Smiley's Clinic
Jesus Cabrera, M.D.
Roli Dwivedi, M.D.
Sara Hartfeldt, M.D.
Susan Keasling, M.D.
Sowmya Kurtakoti, M.D.
Solomon Woldegiorgis, M.D.

Mankato Family Medicine

Nathania Hammel, D.O.
Lucas Hammel, D.O.
Magdalena Pietka, M.D.
Erin Westfall, D.O.

Methodist Hospital

Samuel Asante-Buabeng, M.D.
Julie DeJong, M.D.
Amanda Lambert McDonald, M.D.
Richard Mitchell, M.D.
Adam Syverson, M.D.
Kristin Tapper, M.D.

New Residents (cont.)

North Memorial Health Care

Rizma Bajwa, M.D.
Wasira Bokore, M.D.
Katherine Durrwachter-Erno, M.D.
Erin Egginton, D.O.
Michael Lockheart, M.D.
Jennifer Riley, M.D.
Gretchen Soberay, D.O.
Shoua Theresa Thao Kalugdan, M.D.

St. John's Hospital

Harvey Anderson, M.D.
Thomas Gustafson, M.D.
William Nicholson, M.D.
Allison Opay, M.D.
Jeremy Peterson, M.D.

St. Joseph's Hospital

Marc Baumgartner, M.D.
Kimberly Bigelow, M.D.
Prili Gandhi, M.D.
Kamal Preet Grewal, M.D.
Adam Hoverman, D.O.
Jennifer Jacobs, M.D.
Asma Siddiqi, M.D.
Christa Waymire, M.D.

New Students

Univeristy of Minnesota - Twin Cities

Sara Loritz

MAFP Membership

(As of 7/31/06)

Actives = 2,127
Residents = 244
Students = 397
Life = 236
Inactives = 40
Supporting = 2
Total = 3,046

In Memoriam

David Holth, M.D., Coon Rapids
Member since 1979

Donald Wohlrabe, M.D., Morris
Member since 1967

MN Tar Wars Winner Travels to Washington, D.C. for 2006 Poster Contest

By Kristie Thorson, MN Tar Wars Coordinator

When Maddi Gemuenden designed a Tar Wars poster in her Scandia Elementary classroom, she had

no idea it would land her a trip to Washington, D.C. In April, the 4th-grader took first place in Minnesota's Tar Wars Poster Contest. This qualified her for the national contest and thanks to a donation from the United Hospital Foundation, Gemuenden was awarded round-trip plane tickets for herself and her mom, a hotel room in Washington, D.C., and spending money.



Maddi in front of the White House



Maddi and her sister Megan in front of the Lincoln Memorial.

"It was a trip I will never forget," said ten-year-old Gemuenden, who had never even set foot on an airplane before this trip.

The Tar Wars National Poster Contest took place July 17-18, 2006. Maddi's parents were able to purchase extra plane tickets so her father and younger sister could come also. While in D.C., the family heard testimony on the dangers of tobacco and secondhand smoke from a 15-

year cancer survivor and attended an awards banquet where Maddi was recognized along with the other state winners. The highlight of the trip was a visit to Capitol Hill where Maddi and her family were able to meet with U.S. Senators Norm Coleman and Mark Dayton, as well as U.S. Representative Mark Kennedy. Maddi was able to fill the lawmakers in on what she had learned and encourage them to support tobacco-free education.



Maddi with U.S. Senators Mark Dayton and Norm Coleman

Dear MAFP Doctors and the United Hospital Foundation:

I am writing to thank you for the wonderful trip to Washington, D.C. I was very proud to represent Minnesota this year at the Tar Wars poster contest. Thank you for choosing my poster! I was very excited when my mom told me that I had won!

The Tar Wars program was fun and I learned a lot. I won't ever smoke or even try it and I hope that I can encourage others to make the same decision. I met a lot of nice people and really appreciate being able to spend a little more time there to see so many things I've seen on TV, in books, and at school. Some mornings I'd wake up thinking I was still in Forest Lake and I couldn't believe I was actually there. The plane ride to Washington, D.C., and back was my first plane ride.

We ate at a Hard Rock Cafe - which was quite an experience. We saw the U.S. Capitol, Union Station, the Smithsonian Museums, the WWII Memorial, the Lincoln Memorial, the Washington Monument, the Supreme Court and the White House. I got the best picture of the White House. Unfortunately, my camera broke on the second day and we needed to throw the camera away. Right now, it might still be in the garbage can outside the Supreme Court building. Good thing my mom had a camera too. I still think, "Wow, what a trip. I was actually there."

You are doing the world a ~~huge~~ enormous favor by teaching kids and adults about tobacco use and what harm it does. The world is better when it is tobacco-free.

Thank you again for everything! I will never forget this experience!

Sincerely,



Madeline M. Gemuenden

"It was a pleasure to meet Maddi and her family and hear about their experiences in the AAFP's Tar Wars program," Congressman Kennedy said. "It's important that children in Minnesota and throughout the country know the health benefits of leading a tobacco-free life."



Left to right: Megan Gemuenden, Congressman Mark Kennedy, Maddi Gemuenden, Bob Gemuenden and Carol Gemuenden

As a state winner attending the National Poster Contest, Maddi received a prize packet that included a certificate of appreciation and a savings bond. The winner of this year's national contest was Mitchell Nolte of Alabama. To view this year's poster contest entries, including Maddi's poster, go to www.tarwars.org and click on 'Past Winners' under the 'Poster Contest' heading.

Medical Education. I also have been involved with the Future of Family Medicine and the Healthcare Coverage for All Task Force. I am proud of the many students and residents whom I have mentored and taught. From a practice standpoint, I have participated in keeping a strong independent clinic in the Minneapolis/St. Paul area, which is a hotbed of managed care, and I have worked collaboratively to implement the best practices to improve the care I provide to my patients.

DESCRIBE A SITUATION WHERE YOU FEEL YOU FAILED AS A LEADER. WHAT LESSONS DID YOU LEARN FROM THIS?

My first job after residency was in Minneapolis. We had two clinics, Struve Clinic, which was an urban inner city clinic, and Trinity Health Care, which was a church-based clinic in a middle class area of South Minneapolis. We tried to survive, but the economic environment was difficult, and subsequently we had to close both clinics in 1990. In retrospect, I think I learned several lessons from this experience. First, good ideas and hard work are not always enough. Sometimes the external environment is such that regardless of how well you perform, you may not be successful. The other lesson I learned is that sometimes you just have to adapt to your situation and that I can do so without giving up my core beliefs: respect for the individual and commitment to treating the patient as a whole person.

DESCRIBE YOUR EXPERIENCE WITH IMPLEMENTATION OF THE NEW MODEL OF PRACTICE.

Another of my core values is to provide a homebase for care to multigenerational families. Our clinic is actively pursuing the aspects needed to truly be a personal medical home for all our patients and to incorporate additional elements of the new model of family medicine. As the leader of our clinic's internal task force, my most active involvement has been with our process of implementing electronic medical records.

WHAT DO YOU ENVISION FOR THE FUTURE OF FAMILY MEDICINE?

I envision a future where there are personal medical homes of all shapes and sizes practicing the new model of care. I see a future where we receive payment for all we do to coordinate care. I see strong, vibrant offices that are crucial to the health of their communities. I see strong Family Medicine Departments throughout this country's medical schools. I see competitive residencies training family physicians to be able to do whatever they want as they plan for their future practice situation. I see a healthcare system that finally acknowledges and rewards primary care, particularly family physicians.

WHAT WILL YOU DO THAT DIFFERS FROM YOUR PREDECESSORS THAT WILL FACILITATE VIABLE HEALTHCARE REFORM?

We all bring unique strengths to the positions of leadership in the Academy. I will build on the relationships that have been formed and will continue to get the primary message out: Everybody in this country needs to have a family physician.

WHAT ARE THE KEY ACTIVITIES THAT NEED TO OCCUR FOR THE FUTURE OF FAMILY MEDICINE TO SUCCEED?

In the short term, payment reform and liability reform are crucial for the future of family medicine. I also look forward to the information that TransforMed will provide with the National Demonstration Project. Also, the P4 Project will provide information on new methods to train residents in the future. In the long term, I see total system reform as crucial for our success. There are too many uninsured Americans and there too many wasted resources for us to continue with the way things are, but unless we can get system reform with family medicine as the center of a new system with everyone having a personal medical home, all the healthcare system problems will worsen.

WHAT WILL YOU DO TO ACTIVATE MEMBERSHIP AT THE STATE LEVEL?

Let's use what we know works with membership issues. We need to use expert advice to promote the activities that will encourage an active membership for each state chapter. As family physicians, we know that relationships make a difference and I would do everything possible to assist leaders at the state and local levels below to work to improve member involvement in the Academy. We do know as members are more active, the more loyalty they have to the organization. I think back to my early involvement as a medical student and as a resident; the key was encouragement by my peers to participate. We need to encourage that personal relationship at all levels.

HOW WILL THE AAFP FURTHER ITS INFLUENCE AT THE U.S. CONGRESS BEYOND THE PAC ACTIVITIES?

Relationships make a difference. The PAC has opened doors, but we still have to form relationships and build trust with elected leaders and their staffs. Our governmental relations staff in Washington continues to do just that. They have done a tremendous job at relationship-building and have allowed our elected leadership excellent access. We need to continue to build on this. We need further work on our key contact system with the goal of having a family physician as a key contact in every legislative district in the country. We specialize in relationships and we are good at them. We need to continue to build on this strength to have a greater influence with government at all levels.

WHAT SINGLE THING WOULD YOU DO TO GENERATE INTEREST AMONG STUDENTS IN FAMILY MEDICINE?

I would go back to professionalism and pride. I thoroughly enjoy every day in my office interacting with patients. Students must regularly experience positive role models in our full-time faculty, part-time faculty and community preceptors. We have the greatest specialty with the opportunity for unlimited variations in practice styles and locations. We know from research what type of student is likely to enter family medicine, and we need to work hard at all medical schools to make sure that we have family physician presence on all the admissions committees and strong family medicine departments at all medical schools.

2005-2006 MAFP Annual Report

MAFP Mission Statement

The Minnesota Academy of Family Physicians supports and promotes family physicians as they provide quality, comprehensive and on-going medical care for patients of all ages.

Annual Report Overview

"May we look forward with some understanding of what is behind us and an interest in making the best of what lies ahead."

— Viggo Mortensen

Here is a brief overview of MAFP activity during the fiscal year that began on July 1, 2005, and ended on June 30, 2006. You'll see that our strategic plan is in full gear through development of the Medical Home concept and promoting it on cable television, assisting members with new board-certification processes and creation of a Medical Student Message Board. This is just a sampling of your dues dollars at work – and the efforts of MAFP volunteers and staff. There's a lot more strategic actions to come!

- Virginia Barzan, C.A.E, MAFP Executive Vice President

Highlights and Accomplishments

Physician Communication in Hospitals

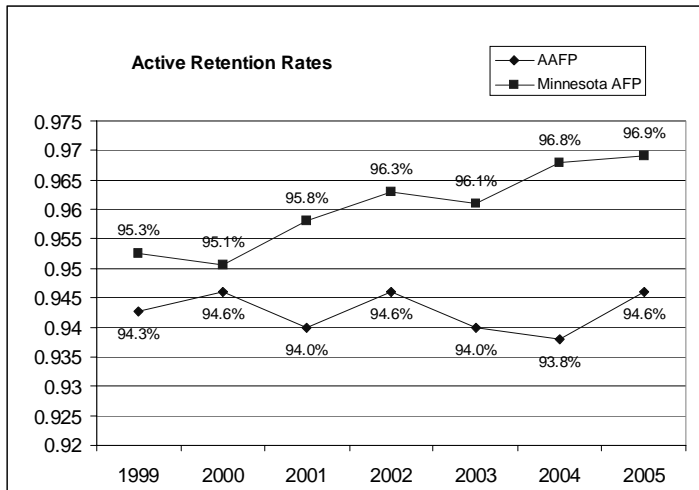
The External Affairs Committee developed a statement about Communication Between Inpatient Care Physicians and Primary Care Physicians. The project was in response to concerns raised through the 2005 House of Delegates that communication between the in-patient care physician and the patient's primary care physician is often fragmented and incomplete. The position was developed based on AAFP materials. We have requested help from the Minnesota Hospital Association in disseminating the statement to hospital medical staffs. It can be found on the MAFP website.

Komoto Announces Candidacy

The MAFP announced that Minnesota family physician, **Tim Komoto, M.D.**, will be running for President-Elect of the American Academy of Family Physicians. He will be among three candidates vying for the top national leadership position in the specialty. Dr. Komoto currently serves on the AAFP Board of Directors.



Membership



The Minnesota Academy received the AAFP award for Second Place for the *Highest Rate of Retention in Active Member Enrollment for Chapters with Over 1000 Active Members*. As shown in the above graph, the retention rate was 96.9% for the 2005 calendar year. We are pleased to announce that we grew by 2.5% in the active member category. Our market share for actives increased slightly to 79.7%. Our resident market share was 98.6% and student member market share reached a high of 48.5%. The Academy was saddened to note the closing of the Regions Family and Community Medicine Residency. The program provided high quality education and leadership in family medicine that will live on for many years. Thank you for supporting the Academy through your dues and volunteer time.

Medical Home Position Statement

The Board of Directors reviewed and discussed several drafts of a Position Paper on the Concept of a Medical Home, developed by **George Schoephoerster, M.D.**, based on the definition approved in June. The final paper was adopted in March and is available on the MAFP website. The Executive Summary states: The Medical Home provides an easy-to-use point of entry into the health care system, coordinates ongoing, comprehensive medical care that is appropriate and consistent with the patient's needs and values, and places the patient at the center of all choices concerning their care. The Medical Home's structure supports the patient establishing and maintaining long-term relationships within the medical team, while utilizing health information technology and other innovations to provide seamless and timely access to all essential care.

Medical Home Cable Commercial

A 30-second commercial, created to introduce the concept of a medical home to Minnesotans, aired for the first time in June 2006. The commercial will be cablecast during the legislative show "Between the Lines." The commercial will also air twice a week in Charter cable households on CNN, The Weather Channel, TBS, ESPN and TNT.



2005 - 2006 MAFP Annual Report

Legislative Representation

The 2006 Minnesota Legislature will be remembered by most Minnesotans as the one that authorized an on-campus football stadium for the University of Minnesota and an outdoor ballpark for the Minnesota Twins. This session was a mix for the MAFP because we were successful in preventing harmful legislation from passing, but we were disappointed in the missed opportunities to pass legislation that would have improved the health of our citizens. The MAFP will continue to advocate for funding for post-graduate education in Family Medicine, legislation to require all workplaces, including restaurants and bars, to be smoke-free, and addressing the growing costs of providing medical interpreter services in clinics and hospitals.



*"Family docs, family docs, they're the plan.
If they can't do it, nobody can!"*

*-George Schoephoerster, M.D.
MAFP President, 2005-2006*

NCSC and Annual Leadership Forum



Mohammed Hussain M.D., was elected as a special constituency alternate delegate to the 2006 AAFP Congress of Delegates at the National Conference of Special Constituencies (NCSC). He will serve as a delegate in 2007. **Paul**

Chlebeck, M.D., represented GLBT physicians. **Christopher Ott, M.D.**, represented new-to-practice physicians. **P. Lynn Richman, M.D.**, represented women physicians and **Apeksha Tripathi, M.D.**, represented minority physicians. Academy leaders participating in the Annual Leadership Forum were **Randy Rice, M.D.**, **Lynne Lillie, M.D.**, **David Hutchinson, M.D.**, **Timothy Komoto M.D.**, and **Carol Featherstone, M.D.** Executive Vice President, **Virginia Barzan, C.A.E.**, attended ALF and also did a presentation on the *Ingredients of a Successful Spring Refresher*.

Maintenance of Certification (MC-FP)

In the strategic plan, the Ways and Means Committee was assigned to help members be successful with the new board-certification process. Education sessions about the the MC-FP were held at two local chapter meetings, the Winter Conference and the Spring Refresher. Also, the Academy has developed a template for local chapters/clinics/members to use as a guide in hosting an education session on the components of the MC-FP process.

Educational Offerings



The MAFP continued to offer quality CME opportunities for its members. The **2006 Spring Refresher** drew 470 registrants at the Hyatt Regency Hotel in Minneapolis. More than 30 different educational sessions were presented. The Arrowwood Resort in Alexandria was

home to the **MAFP Winter Conference**. The theme of the two-day event was men's & women's health. The annual **Recruitment Luau**, held in September, once again offered medical students a chance to explore their residency options. Finally, the **MAFP Research Forum** provided an opportunity for members to present and listen to family medicine research findings.

MN Student Takes Second Place in National Tar Wars Poster Contest

Allison Lynch, a fourth-grader from Shakopee, MN, placed second in the 2005 National Tar Wars Poster Contest in Washington, D.C. Her poster design was even made into a t-shirt. Lynch was able to fly to Washington, D.C. to participate in the national contest thanks to a donation from the United Hospital Foundation. This was the first time a Minnesota student has placed in the top four.

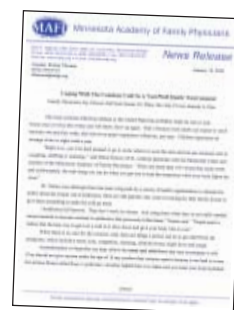


Medical Student Message Board

An online message board was developed to allow pre-med and medical students to post messages to each other and to family physicians. Students can also find announcements from the Student Director, as well as postings about events. Specific discussion topics include e-mentoring, research, clinical rotations, politics and health policy. There is a special forum for pre-med students to pose questions and medical students, residents and family physicians can respond.

Patient Education News Releases

As part of an on-going public relations effort to emphasize the importance of family medicine, the Communications Committee wrote and distributed news releases to Minnesota news papers. News release topics included understanding the dangers of metabolic syndrome, coping with the common cold, and encouraging expectant moms to seek out hospitals with lactation support services.



Public Relations Opportunities



Volunteers spent a second summer working to prevent obesity and promote healthy lifestyles. Eighteen family physicians, residents and medical students staffed an **obesity prevention exhibit** at the Science Museum of Minnesota on eight different Saturdays. A **family doctor phone bank** was held in January at KARE-TV. Twenty family physicians answered more than 400 medical questions for callers. Besides providing a public service, it was a chance to promote family medicine to KARE viewers.



2006 MAFP Annual Report

Member Increases, Market Values and Conservative Spending

The Academy had a very healthy increase in net income for the fiscal year that ended on June 30, 2006. This is the result of the 2.5% increase in number of active members paying dues plus a significant jump in the value of the mutual funds held in our reserves from reinvestment of dividends and increases in market value. Also, conservative spending has always been a rule of thumb for the MAFP with expenses being 6% below budget projections.

MAFP Statement of Financial Position June 30, 2006*

Assets

Cash and Cash equivalents	389,995
Accounts Receivables	9,632
Prepaid Items	15,490
Long Term Investments	696,991
Equipment Net of Accumulated Depreciation	<u>24,047</u>

Total Assets 1,136,155

Liabilities and Capital

Liabilities

Accounts Payable/Accrued Expenses	32,716
Deferred Membership Dues	241,897
Deferred Grants/Registration Income	<u>19,329</u>

Total Liabilities 293,942

Capital

Net Assets 842,213

Total Liabilities & Capital 1,136,155

*Figures are preliminary audit numbers.

MAFP Statement of Activities 2005-2006

Revenues

Education

Spring Refresher	187,908
Other Conferences	45,453
Research Forum	13,757
Research Network Grants	10,000

Revenues (cont.)

Member Services

Member Dues	545,042
Resident/Medical Student Activities	19,381
Minnesota Family Physician Advertising	12,805

Other

Interest & Dividends	49,914
Unrealized Gains on Investments	16,886
Misc. Income	<u>614</u>

Total Revenues 901,760

Expenditures

Education

Spring Refresher	138,069
Other Conferences	27,620
Research Forum	11,825
Educational Program Support	3,025

Member Services

Member Services/Recruitment & Retention	46,515
Legislative Activities	35,454
Resident/Medical Student Activities	55,530
Minnesota Family Physician & Web Page	31,982
Public & External Relations/Liaisoning	36,171
Research Activities	13,970

Other Expenses

Board/Finance/Policy & Program	41,405
Annual Meeting/House of Delegates	38,866
Travel	30,795
Dues Allocated to MAFP Foundation	39,700

Administration

Office Space, Equipment, Insurance and Benefits, Printing, Supplies, Telephone	<u>233,062</u>
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Total Expenditures 783,989

Net Income 117,771

*Figures are preliminary audit numbers.

The conference is also an opportunity for students to affect change in the specialty and be involved in the Academy on a national level. **John Tieben**, the MAFP Student Director, organized a caucus for Minnesota students to discuss which resolutions they would vote for. Issues tackled in the student congress ranged from developing policy on the use of the Human Papilloma Virus vaccine to investigating and discouraging healthcare charge discrepancies between insured and un/underinsured patients.

Lissa Lubinski, a 4th Year student at the University of Minnesota, ran for the position of student representative to the Society of Teachers of Family Medicine. Although, she was not elected,



Residents and students watched the Twins beat the Kansas City Royals at Kauffman Stadium.

Lissa presented her views on medical student education. Lissa has also applied to take part in the AAFP Commission on Health of the Public.

"I learned that there are many leaders in family medicine who are setting a good example for students and residents. It made me more excited about all the possibilities available in family medicine and the quality of people who choose it as their specialty," said Lubinski.

While in Kansas City, attendees watched the Twins beat the Royals at Kauffman Stadium and enjoyed networking at the Minnesota reception on Friday night. The reception was made possible through grants provided by Allina Hospitals and Clinics, Fairview Health Services, HealthPartners, McNeil Specialty Pharmaceuticals and Park Nicollet Clinic.

MAFP Resident and Student Director Reports



*John Tieben
Student Director*

My name is John Tieben and I am a 4th year student from the University of Minnesota–Duluth School of Medicine. This year, I have the privilege to serve as the MAFP student director.

I spent my first two years of medical school in Duluth and returned to Minneapolis for my clinical rotations. Like many students, I was having difficulty determining in which specialty I eventually wanted to practice. It wasn't until my first family medicine rotation at the end of my third year that I realized the

allure of the specialty. In this rotation, I helped care for people of all ages, backgrounds and ethnicity. I saw how family physicians act as patient advocates and develop lifelong bonds with patients. I believe through this supportive, trusting relationship patients can receive the best possible health care.

In the last few years, more and more medical students are looking to subspecialize and fewer are applying to family medicine residencies. One of my goals as student director is to inform my fellow students about the opportunities in family medicine. I feel that if more students realized that they could train in family medicine and still tailor their practice to what they enjoyed, such as pediatrics, obstetrics or sports medicine, there may be many more students looking into the specialty.

I would like to thank the MAFP staff and the physicians who participate. Through this experience, I have gained an even greater appreciation for family medicine and have been inspired to be a strong supporter of family medicine.

My name is Chandra Gottipati and I am a third year resident at St. John's Hospital Family Medicine Residency Program. I would like to thank you for electing me to represent you as the MAFP Resident Director.

As your representative, I would like to organize an employment fair during the Spring Refresher. During the fair, employers from different hospitals and clinics will come and talk with residents about future opportunities and also explain what qualities they are looking for in potential applicants.

Second, I would also like to increase the awareness of research among residents. For this, we are in the process of collecting information regarding research studies going on at various clinics and at the U of M. We will be providing this information to residency programs and on the MAFP website. I will also be asking the MAFP Board to provide resident research scholarships for residents who commit one month of elective time to research and present their data at the Research Forum.

Third, I would like to increase the involvement of residents in community activities by providing a list of organizations that would benefit from resident help.

Finally, I will need your input. I plan to send emails to residents every few months. Please respond with your ideas. I strongly believe with your help I can fulfill my goals and I will be better able to serve you while improving the future of students, residents and our specialty.



*Chandra Gottipati, M.D.
Resident Director*



MINNESOTA ACADEMY OF FAMILY PHYSICIANS FOUNDATION NEWS



The mission of the MAFP Foundation is to support family physician health care delivery, research and education, and to promote the specialty of family medicine.



In the Wake of Uncertainty - Being Proactive

By Louise Mattson, M.D.
MAFP Foundation President

Once again, we want to convey to MAFP members and MAFP Foundation donors a sense of trust and reassurance

that our organization is committed and ethical. The MAFP Foundation has weathered uncertain economic conditions, as well as the change in the structure between the AAFP Foundation and Chapter foundations (as of 1/1/06) that has resulted in the end of revenue sharing. We focus on our mission, evaluate the effectiveness of programs, contain expenses, and actively seek new donors while sustaining our current donors.

- For the calendar year 2005, the percentage of active MAFP members who donate was 17 % (16% in 2004).
- The percentage of total MAFP members who donate was at 11% (10 % in 2004).
- New donors in FY 2005-2006 increased by 13%.
- The final (YTD ending 6/30/06) 2005-2006 MAFP Foundation Budget reflected an actual Admin/ Fundraising Expense of 31% (down 6%). (Goal is to have the percentage of Adm/FR expenses to revenue at or below 40%).
- Total FDN Revenues came in 9% over budget. Total FDN expenses for 2005-2006 came in 100% on budget.

The MAFP Foundation is a 501 (c) (3) nonprofit registered with the State of Minnesota. Yearly audits are conducted and 990 tax forms prepared. Our MAFP Board of Directors works with Foundation Executive Director, **Georgann McClure**, to assure accountability and results. We remain dedicated stewards of donor funds. A special thank you to the MAFP Foundation's Treasurer, **Paul Coons, C.P.A.** Paul has volunteered his time and expertise over the past five years.

I invite you to become involved in your MAFP Foundation. For information and questions, please give the MAFP Foundation office a call at 952-542-1030, or 800-999-8198.

Reminder - Dues Check-Off

Check off the \$35 voluntary AAFP Foundation contribution box on your Academy dues statement this fall.

Yes, I want to make a voluntary contribution to the AAFP/
FDN \$35

*Tax deductible *Available to share with Chapter Foundations

Health Literacy - A Top Health Topic

The MAFP Foundation continues its efforts to improve health literacy in Minnesota through our participation and grant support with the Multilingual Health Resource Exchange. The Exchange now has over 1500 patient education materials in languages such as Spanish, Somali, and Russian available to download. Go to www.health-exchange.net, and then click on "Contact Us". You will need the password code, so simply contact your company representative from the website list.

According to a recent survey of Exchange website users, 85.5% found the translated material they were looking for. 98.8% of those surveyed felt that the Exchange site was simple to understand and use. The top five languages used most are Spanish, Hmong, Somali, Russian and Lao. The top five topics that are most useful for health education are pain, infectious diseases, procedures, pediatrics and nutrition.

There is a free publication available to help older Hispanics improve doctor/patient communication. *Conversando con su médico* is a new publication from the National Institute on Aging (NIA) can help older adults learn to communicate more effectively with their doctors. Information includes: choosing a doctor, working with an interpreter, and discussing sensitive issues such as incontinence or sexuality. To order free copies of *Conversando con su médico* call the NIA at 1-800-222-2225.

Community Concern - Youth Action

The **Youth Achievers Program Nutrition Education Program** is a collaborative effort with the MAFP Foundation, the YWCA St. Paul (Youth Achievers Program), the Midwest Dairy Council, and the United Family Medicine Residency Program (St. Paul).

The General Mills Foundation provided a \$10,000 grant for this innovative program in 2005-2006. We are excited about this program concept, as it involves at-risk youth in the development, implementation, and evaluation of nutrition, active lifestyle, and 3-A-Day of Dairy education. The youth are sharing the information/education with their YWCA peers, younger children, and family. They are engaging in project development as well as getting exposure to the field of medicine. Together, the MAFP Foundation and the YWCA St. Paul are seeking funds to continue and expand the Youth Nutrition program into 2007.



THE BULLETIN BOARD

Childhood/Adolescent and Adult Immunization Schedules

Updated versions of both the Recommended Childhood and Adolescent Immunization Schedule, Minnesota, 2006 and the Recommended Adult Immunization Schedule, Minnesota, 2006 are now available. The Minnesota Department of Health (MDH) issues the childhood immunization schedule annually to incorporate changes as newly licensed vaccines become available, products change, and vaccine recommendations are modified. The adult schedule is revised when significant changes occur. Both schedules consolidate recommendations of national advisory bodies such as the Advisory Committee on Immunization Practices, the American Academy of Pediatrics, the American Academy of Family Physicians. Copies of both schedules are available on the MDH website at www.health.state.mn.us/immunize.

Help Promote MN Department of Health Foodborne Illness Hotline

The Minnesota Department of Health (MDH) is asking clinics to help promote its foodborne illness hotline. Posters and refrigerator magnets are available for display. The MDH has operated a foodborne illness hotline since 1998. It has markedly increased its capacity to identify and control foodborne outbreaks. If a person develops gastroenteritis and believes that their illness may have been due to food, they can call the hotline. If you would like a poster or magnet to display at your clinic, contact Dawn Kaehler at foodill@health.state.mn.us.

2007 Winter Conference

Learn, play and energize at the MAFP Winter Conference on **February 2 & 3, 2007**, at the Arrowwood Resort in Alexandria. Sessions will explore 'Procedures & Dermatology'. CME sessions will take place in the mornings leaving afternoons to be spent with family. Registration includes continuing medical education, course materials, continental breakfast and breaks. A dinner will be held on Friday night for attendees and their families.

WINTER
Conference

Plus, suit up for the Big Splash Indoor Waterpark with four-story slides, a lazy river inner tube ride, a tropical whirlpool spa and a children's play fort. If that doesn't interest you, spend an afternoon cross country skiing, ice skating, snowmobiling, sledding and ice fishing or unwind at the Darling Reflections Spa which provides pampering massages and body treatments. Hours and rates for these activities are available at www.arrowwoodresort.com. Arrowwood lies just outside the charming town of Alexandria which is packed with shops, restaurants and a movie theater. Visit www.alexandriamn.org to learn more.

Need child care? Camp Arrowwood provides games, movies and supervision for children ages 4 -12 while parents are in education sessions. For more information go to www.mafp.org.

The Winter Conference would not be possible without the support of our grantors and our planning committee. Watch your mail this fall for a registration brochure. For more information contact Lisa Regehr, (952) 542-0130, (800) 999-8198, or email lregehr@mafpa.org.



Apple Valley Medical Clinic, a full service, independent family practice clinic serving the fast-growing south suburbs of the Twin Cities, will have a fulltime opening in 2007 for a BC/BE family physician. In addition to our family practice program with 14 family physicians, we operate a unique 24/7 urgent care program, occupational health services, and offer convenient on-site access to a pharmacy, physical therapy, and full array of specialties in our modern and expanding clinic building. Our practice is physician-owned and governed. Please e-mail your resume to dshaw@applevalleymc.com or call Doug Shaw, administrator, at 952-953-9285 for more information.

Opportunity Knocks: Welcome-come on in and meet the family.

Welcome to Willmar, MN-home of Family Practice Medical Center (FPMC). We think it is a great place to grow a practice, whether you're just starting out, or looking for a change of pace. FPMC is a physician-owned, single specialty group composed of eight family physicians and three mid-level providers. For a small practice, we've got some big goals, and an impressive history in the Minnesota medical community. The practice includes open access scheduling, a full electronic medical health system, no ER responsibilities, OB and pediatric care, and a call schedule of 1 in 7. FPMC utilizes over 13,000+ sq. ft next to Rice Memorial Hospital, a 70 bed community owned regional hospital that has recently undergone a \$54 million renovation. Our community of 20,000 people in Kandiyohi County is rich in natural beauty with 300+ lakes, fishing, camping, skiing, hiking and bike trails, and hunting. Excellent shopping, schools, and cultural events support a family life that is second to none. Our practice is expanding and we're looking to include new physicians in the next few years. If you're looking for a patient-oriented, independent clinic setting, in a growing community, then consider joining us. For more information, contact Gary McDowell, Administrator at 320-231-8642.

Columbia Park Medical Group Urgent Care Opportunities – Full-time and Moonlighting. Columbia Park Medical Group is expanding our Urgent Care Department and recruiting physicians for both full-time and moonlighting opportunities. Set within our multi-specialty practice, our urgent care department offers a broad range of acute care needs, including pediatrics, geriatric, orthopedics, and minor trauma. Dedicated and experienced nursing and administrative staff, on-site lab and radiology services support our urgent care physicians. Attractive compensation and benefits package with shareholder opportunities. Contact: Judy Brown, Physician Services, Columbia Park Medical Group, 6401 University Avenue NE, Suite #200, Fridley, MN 55432. Telephone: (763) 586-5876. E-mail: judybrown@cpmg.org. Website: www.cpmg.org

Columbia Park Medical Group presently has several opportunities for BC/BE family physicians for our multi-specialty group practice based in the northern suburban communities of the Twin Cities. We are an *independent, physician-owned and led* group practice with over 90 physicians representing 21 specialties. Our family physicians enjoy an excellent call schedule, a one-hospital practice, and the opportunity to pursue individual medical interests. We offer a comprehensive compensation and benefits package with shareholder opportunities. Contact: Judy Brown, Physician Services, Columbia Park Medical Group, 6401 University Avenue NE, Suite #200, Fridley, MN 55432. Telephone: (763) 586-5876. E-mail: judybrown@cpmg.org. Website: www.cpmg.org

Fairview Mesaba Clinics, part of Fairview Range Regional Services is seeking a family medicine provider to join their Hibbing site. The clinic is housed within the 175 licensed-bed hospital and is 3 hours north of the Twin Cities metropolitan area. This is a 6-provider group. OB is optional. Call is 2-3 overnights/month. Fairview Range Regional Health Services combines the area's finest medical services to provide the most comprehensive health care system on the Iron Range and Northeast Minnesota. This locally integrated health care system is comprised of three entities: Fairview University Medical Center- Mesabi- main facility, located in Hibbing; Fairview Mesabi Clinics-community-based clinics throughout the region, with sites in Hibbing, Chisholm, Mountain Iron and Nashwauk; and Fairview HealthLine-which provides the community-based home health care and hospice services that support and complement both UCMC and Mesaba Clinics in the overall continuum of patient care. Please call 612-672-2288 or 800-842-6469 (TTY/ 612-672-7300), fax 612 672-2986, e-mail recruit1@fairview.org or visit our Web site, www.fairview.org EOE

Chippewa County-Montevideo Hospital and Clinics, Montevideo, MN: We are a critical access hospital with a provider based clinic on our Montevideo campus and three satellite clinics in the surrounding communities of Clara City, Clarkfield and Milan. We have an opportunity for a full-time Family Practice Physician. Practice includes outpatient, inpatient, ER coverage and OB. CCMH & Clinics is a leading provider of primary care, surgical services and outreach specialty care in the beautiful Minnesota River Valley. We offer an excellent benefit package with guaranteed salary plus production incentives and paid liability insurance. Please contact Mark Paulson, Administrator, CCMH & Clinics, 824 North 11th Street, Montevideo, MN, 56265, 320-269-8877 or e-mail markp@montevideomedical.com.

MeritCare Health System is seeking BC/BE Family Medicine physicians to join staff in several of our 26 clinic locations. Clinic-based opportunities are available in Minnesota and North Dakota. You have your choice of urban or rural locations. Each community offers its own unique setting and personality. These are excellent practice opportunities with competitive salary and benefits, packages being offered. MeritCare Health System, with main offices located in Fargo, North Dakota is a fully integrated 411-physician multi-specialty group practice and 583-bed tertiary/trauma hospital including the 60-bed Children's Hospital and 26 regional clinics in two states. AA/EOE. Drug free work place. Relocation assistance is provided. Visit our website: www.meritcare.com or contact: Jill Gilleshammer, Physician Recruiter, P O Box MC, Fargo, ND 58122-0385; 1-800-437-4010, extension 280-4856; Fax 701-280-4136; Email: Jill.Gilleshammer@meritcare.com

Affiliated Community Medical Centers, Willmar, MN: Physician-owned multi specialty clinic is seeking a full-time physician to join the Family Practice Department in their Willmar, Granite Falls and Marshall affiliates. These positions offer a guaranteed salary plus production incentive and an outstanding benefit package. For further information please contact Kari Bredberg, Physician Recruitment Coordinator, Affiliated Community Medical Centers, 101 Willmar Avenue SW, Willmar, MN 56201, 320-231-6366 or e-mail karib@acmc.com.

Fairview Health Services - Would you like to be in a 60-mile radius of the Twin Cities but still practice full-scope family medicine? Would you like to live in a community that is scenic and quiet, yet a quick freeway drive to the metro? Would you like to live in an area where you can still find affordable house and have options for lakeshore property? All of our clinics offer 4-day work weeks and options for rounding. Fairview Milaca Clinic-Call is 1:22/1:10 weekend, OB preferred, 17 miles north of hospital in Princeton. Fairview Rush City Clinic-Call is 1:28, OB optional, 27 miles north of hospital in Wyoming. FV Zumbrota Clinic-Call is 1:11, hospitalist service available, 23 miles from hospital in Red Wing. Please call 612-672-2288 or 800-842-6469 (TTY/ 612-672-7300), fax 612 672-2986, e-mail recruit1@fairview.org or visit our Web site, www.fairview.org EOE

Aspen Medical Group in St. Paul, Minnesota, seeks full time BC/BE family practice physicians to join our Urgent Care Clinics in Bloomington, Maplewood and St. Paul. Schedule will consist of a combination of day, evening and weekend hours (approximately 35 hours/week). Our clinics are fully staffed with lab, X-ray, MRI, CT, nursing staff and on-call specialists. All candidates must have a MN license and DEA registration. Please contact Julie Juba at 866.415.2600, via email at jjuba@aspenmed.org or fax your CV to 651.642.2796.

North Memorial is presently recruiting for BC/BE family physicians to join several of our owned and affiliated family practice clinics. Practice opportunity locations include Brooklyn Park, Robbinsdale, Crystal, Maple Grove, Minneapolis and others. These are excellent practice opportunities with comprehensive compensation and benefits packages. Contact: Mark Peterson, Physician Recruiter, North Memorial Medical Center, 3300 Oakdale Ave. N., Robbinsdale, MN 55422. Telephone (763) 520-1336. E-mail: mark.peterson@northmemorial.com Website: www.northmemorial.com

Fairview Northland Medical Group is a primary care practice comprised of 4 clinics located in Elk River, Zimmerman, Princeton and Milaca, MN with close proximity to the metro area. All clinic sites are a short drive to the 54-bed hospital. Physicians perform in-clinic obstetrical ultrasounds and nonstress testing, as well as a full array of office procedures. Obstetrics is desired at most locations. High-risk and c-section coverage provided. This growing practice seeks family medicine physicians to join teams in each of their sites. Call: 1:22 weeknight, 1:10 weekend (one day/weekend). Please call 612-672-2288 or 800-842-6469 (TTY/ 612-672-7300), fax 612 672-2986, e-mail recruit1@fairview.org or visit our Web site, www.fairview.org EOE

HealthPartners Medical Group, Mpls./St. Paul - Urgent Care: We have part-time or benefited Urgent Care positions available at a variety of our 'Twin Cities' metro area HealthPartners and RiverWay Clinics. We're seeking BC/BE full-range family medicine, trauma-skilled internal medicine, and internal medicine-pediatrics (Med-Peds) physicians. Qualified candidates must have scheduling flexibility and a willingness to travel to different clinic locations. We provide paid malpractice coverage and an excellent salary. Website: www.healthpartners.com To apply for our Urgent Care positions, please e-mail your CV and cover letter to Diane Collins at diane.m.collins@healthpartners.com or FAX to (952) 883-5395. For more details, call Diane at (952) 883-5453 or (800) 472-4695. EO Employer.

Mercy Medical Center-North Iowa: Enthusiastic Family Physicians needed for thriving rural north central Iowa communities. Network of nine affiliated hospitals, 45 clinics and a regional referral center. Obstetrics required in Cresco, Emmetsburg and New Hampton. No Obstetrics in Ackley, Belmond and Hampton. Obstetrics optional for three new permanent "internal locum tenens" positions. Competitive compensation, comprehensive benefits package and a lifestyle that epitomizes the best of Midwest living. You owe it to yourself to learn more! Contact Denise Siemers, Physician Recruitment Leader, Mercy Medical Center-North Iowa, 1000 4th Street SW, Mason City, IA 50401. Please call toll free: (888) 877-5551 or e-mail siemersd@mercyhealth.com.

Scenic Rivers Health Services - Cook, MN: Four seasons recreation in northern St. Louis County: canoe/kayak, fish, hunt, hike, cross country ski, snowmobile. Scenic Rivers Health Services seeks BC/BE Family Practice Physician to join 1 FP and 1 IM. No OB. Practice includes outpatient, inpatient and ER call coverage. No buy in. Excellent benefits package. Salary is above the national average for Community Health Centers Practice. Current HPSA score indicates possible federal/state loan repayment opportunities for eligible physicians. Contact Elizabeth Storm, 218-666-5102; Scenic Rivers Health Services, 20 5th St SE, Cook MN 55723; estorm@cook.sisunet.org.

Luther Midelfort – Mayo Health System in Eau Claire, Wisconsin, seeks a BC/BE Family Practice physician - Women's Health. OB is optional, no inpatient duties, 4-½ day work week. Share call with other family practitioners for phone call of 1:18. A busy practice may be expected quickly. Luther Midelfort is a 150-bed Level II Trauma Center. Complete benefits package includes comprehensive retirement plan, health & dental, malpractice, six weeks of vacation/ CME and moving allowance. Located 90 minutes east of Twin Cities in safe University town. Contact Christine Rodman, 800-573-2580; e-mail rodman.christine@mayo.edu.

Urgent Care Opportunity: V-Kare seeks Physicians, Nurse Practitioner and Physician Assistant to join our Urgent Care Clinics. Full time and moonlighting opportunities. Please contact drhussain@vkare.com

Express HealthCare seeks part-time and casual family physicians to work in our State of Art Urgent Care facility. We offer a modern working environment utilizing an EMR, digital imaging and onsite automated prescription dispensing. In addition, there is an onsite CT scanner as well as Physical Therapy. We are located next to the National Sports Center in Blaine. We are open everyday from 10AM to 10PM. We offer competitive pay and flexible scheduling. Please contact Rick Leach, M.D. at RDLeach@AOL.com or call 612-760-7161.

Family Practice Opportunities in Souteastern Minnesota: Multiple positions available for BC/BE Family Practice physicians in scenic Winona, Minnesota. Opportunity to join either a single- or multi-specialty clinic. Both offer competitive compensation and the opportunity to pursue individual medical interests while balancing professional and personal life. Both clinics are established, growing facilities that utilize a community-wide Electronic Medical Record and state-of-the-art equipment. Bordered by bluffs and the Mississippi River, Winona boasts good schools, two universities, international businesses and bountiful recreational and cultural opportunities. Please contact Cathy Fangman, cfangman@winonahealth.org, 800.944.3960 ext. 4301 or pager 507.453.3232 Winona Health 855 Mankato Ave, Winona, Minnesota 55987.

Family Practice Physicians: The Duluth Clinic is a nationally recognized, 390+ physician multi-specialty group serving the regional population of 460,000 in northeastern Minnesota, northwestern Wisconsin and upper Michigan. Part of the SMDC Health System, the Duluth Clinic practice extends to 18 regional sites and 4 hospitals, and represents 42 specialties and sub-specialties. We are currently looking for Family Practice Physicians in Ashland, Hayward, Spooner and Superior, WI; Duluth, Hibbing, International Falls, Virginia, Aurora, Hermantown, and Deer River, MN. If you share our passion for delivering the highest standard of care, and if you are searching for a place where your work and your life can peacefully coexist, we invite you to join us. Please contact Roger Reinert at 800-342-1388 X 63452 via email at reinert@smdc.org or fax your CV to 218-722-9952.

Luther Midelfort – Mayo Health System in Chippewa Falls, Wisconsin, seeks two BC/BE Family Practice physicians. One full time and one part time position available. No inpatient or OB duties are required. Weekly responsibility for an Urgent Care rotation, telephone call of 1:18 and nursing home rotation. One can expect a busy practice due to retirement. Luther Midelfort, owned by the Mayo Clinic, offers a complete benefits package including a comprehensive retirement plan, paid medical and dental, malpractice, six weeks of vacation/CME for new physicians, and a moving allowance. Chippewa Falls offers its residents safe schools and neighborhoods, a community arts center and quaint downtown shopping. 90 minutes east of Minneapolis/St. Paul. Contact Christine Rodman, 800-573-2580; rodman.christine@mayo.edu

To place an ad in the 'Practice Opportunities' section, please call Kristie Thorson at (952) 542-0130, (800) 999-8198 or email ktThorson@mafpo.org

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