

MINNESOTA FAMILY PHYSICIAN

Newsletter of the Minnesota Academy of Family Physicians

November/December 2008

Doctors Take Part In AAFP Live! in Minneapolis

More than two hundred medical professionals attended AAFP Live! on October 24th. The free CME program, put on by the American Academy of Family Physicians, was held at the Hyatt Regency in Minneapolis.

Education topics covered were Hyperlipidemia, Adult & Adolescent Immunizations, Fibromyalgia, Musculoskeletal Concerns in the Pediatric Patient, and Pain Management.

"My experience at AAFP Live was positive," said Paul Spilseth, M.D. "The topics addressed issues that family physicians face daily, and the price was right."



Philip Stoyke, M.D., Woodbury, demonstrates the TransforMED Medical Home IQ Assessment Module while at AAFP Live! in Minneapolis.

The MAFP exhibited at the event to promote November as Medical Home Awareness Month. The booth gave doctors a chance to try out TransforMED's Medical Home IQ test.

The MAFP Foundation gave away copies of the Minnesota Outpatient Formulary Guide, brochures on affordable prescription medication for low income patients, and auctioned off tickets to a Twins baseball game.

AAFP Live! was supported by grants from Alpharma, Merck & Co., Inc., Merck/Schering-Plough Pharmaceuticals, Purdue Pharma L.P. and Pfizer.

2008 Congress of Delegates Report

By Patricia Lindholm, M.D., FFAFP, Senior Delegate

I am pleased to report that your Minnesota Delegation to the AAFP Congress this year was successful in promoting the one resolution submitted by our House of Delegates. Our resolution was heard by the Reference Committee on Education. It asked the AAFP to strongly support reinstatement of the 20/220 hardship deferment of educational loans during residency. There was universal support at the reference committee. This emboldened delegate Dave Thorson, M.D., to move to strengthen the resolution to ask the AAFP to "strongly advocate" for reinstatement of the deferment. This was approved by the Congress and means that the AAFP will be working through our Commission on Governmental Advocacy and our Washington Office to lobby this issue. It is a top priority for students and residents in family medicine.

The gist of the meeting also was influenced highly by the recent need to cut back a large operating budget deficit by AAFP. The AAFP

Board of Directors and staff have implemented cuts that have meant layoffs as well as cutbacks in certain programs. One of the programs that was proposed was to decrease the membership of commissions and decrease the number of face-to-face meetings in order to save on travel and facility costs. The Congress reacted strongly to this by sending the Board a directive to re-examine the decisions regarding the commission structure due to their vital role in preparing Academy members for leadership and for the important networking opportunities that they afford. For complete proceedings of the Congress, visit the AAFP website at www.aafp.org.

I wish to thank all of my MAFP colleagues for the privilege of serving in your AAFP delegation for the last several years. I also wish to thank Drs. David Thorson, Keith Stelter and Carol Featherstone who also served on the delegation and who will serve you in the future.

INSIDE

- ▶ **MAFP Presents Lawmaker Awards**
Page 4
- ▶ **Detecting Ovarian Cancer in a Medical Home**
Page 6
- ▶ **Milestone Memberships**
Page 8
- ▶ **The System Works!**
Page 9

REGULAR FEATURES

- ▶ **President's Message**
Page 3
- ▶ **Membership Report**
Page 5
- ▶ **Bulletin Board**
Page 7
- ▶ **Foundation Report**
Page 10
- ▶ **Practice Opportunities**
Page 11 - 15



Coming

Up

The Calendar

November 27-28	Thanksgiving Holiday, MAFP Office Closed
December 25-26	Christmas Holiday, MAFP Office Closed
January 1-2	New Year's Holiday, MAFP Office Closed
February 5	MMA Day at the Capitol, St. Paul

Continuing Education Courses

30th Annual Cardiovascular Conference

Date(s): December 4-5, 2008
Sponsor: HealthPartners
Holiday Inn East, St Paul, MN
Registrar: 952-883-6225
Online: <http://imehealthpartners.com>
Application for CME credit has been filed with the AAFP. Determination of credit is pending.

MAFP Winter Conference

Date(s): January 30-31, 2009
Sponsor: MAFP
Location: Arrowwood Resort, Alexandria, MN
Application for CME credit has been filed with the AAFP. Determination of credit is pending.
Registrar: (952) 542-0130, (800) 999-8198
More Information: www.mafp.org

2009 Research Forum

Research and the Medical Home
Date(s): Saturday, March 28, 2009
Sponsor: MAFP
Location: To Be Determined
Application for CME credit will be filed with the AAFP.
Registrar: (952) 542-0130, (800) 999-8198
More Information: www.mafp.org

2009 Spring Refresher

Date(s): April 16 – 17, 2009
Sponsor: MAFP
Location: Minneapolis Convention Center, Minneapolis, MN
Application for CME credit will be filed with the AAFP.
Registrar: (952) 542-0130, (800) 999-8198
More Information: www.mafp.org

Officers

David Hutchinson M.D.
- *President*
Patricia Fontaine, M.D.
- *President-Elect*
Alan Olson, M.D.
- *Board Chair*
Raymond Christensen, M.D.
- *Treasurer*
Mohammad Tariq Fareed, M.D.
- *Officer-At-Large*
Terence Cahill, M.D.
- *Speaker of the House*
Philip Stoyke, M.D.
- *Vice Speaker*
Virginia Barzan, C.A.E.
- *Executive Vice President*

Directors

Daron Gersch, M.D.
- *Central Chapter*
Karen Karlinski, M.D.
- *East Metro Chapter*
Robert Koshnick, Jr., M.D.
- *Heart of the Lakes Chapter*
Carol Farchmin, M.D.
- *Lake Superior Chapter*
Robert Rutka, M.D.
- *Lake of the Woods Chapter*
Alan Olson, M.D.
- *Minnesota Valley Chapter*
To Be Determined
- *Park Region Chapter*
Phillip Holmes, M.D.
- *Range Chapter*
Gregory Angstman, M.D.
- *Southeast Chapter*
To Be Determined
- *Southern Chapter*
To Be Determined
- *Southwest Chapter*
Amy Bonifas, M.D.
- *West Metro Chapter*
William Nicholson, M.D.
- *Resident*
Elizabeth Menzel
- *Medical Student*

Staff

Lynn Balfour
- *Foundation Executive Director*
Kelly Bellomy
- *Membership Coordinator*
Katherine Carlson
- *Accountant/Office Coordinator*
Arlene Lensing
- *Associate Director*
Lisa Regehr
- *Conference Coordinator*
Kristie Thorson
- *Communications Coordinator*

This issue of *Minnesota Family Physician* is brought to you through the generous support of Twin Cities Orthopedics.



Minnesota Family Physician (ISSN 0279-6120) is published by the Minnesota Academy of Family Physicians six times per year. Except for official reports and announcements, no material in *Minnesota Family Physician* is to be construed as representing the policies or views of the Minnesota Academy of Family Physicians. The editors reserve the right to accept or reject any article or advertising matter.

Medical Editor

David Hutchinson, M.D.

Managing Editor

Kristie Thorson

Layout & Design

Kristie Thorson

Editorial copy and practice opportunity ads to be considered for the Jan/Feb 2009 issue are due in the MAFP office by 12/29/08.

Minnesota Academy of Family Physicians

600 S. Hwy. 169, Suite 1680
St. Louis Park, Minnesota 55426
(952) 542-0130 • (800) 999-8198
Fax: (952) 542-0135
Email: office@mafpp.org • Website: www.mafp.org

Falling Through the Donut Hole

These are fascinating times, politically and economically. Election years always heighten my interest in ‘policy’. Well, okay, so do non-election years, but... High-frequency exposure to candidates’ positions on issues lately have spurred me toward debate and philosophical inspection. I can’t help this. I am driven by my tendencies toward advocacy, and my own need for balance in the yin/yang of my value system, which would simultaneously have me champion social justice, accountability in government, personal responsibility, fiscal prudence, and community effort.

My participation in two recent educational events have given this inquisition more voice and intention than usual. Two weeks ago I served as a panelist for a UMD DocTalks program, a forum which gives the public access to physicians to discuss current issues in medicine. Our session was entitled “Health Care and the Election: What Does Your Doctor Think?” And last week, our chief resident, for her required Journal Club presentation, led us through an introductory discussion not of a basic medical research paper as is our custom, but through the recent NEJM articles exploring major presidential candidates’ proposals for reforms in health care. Both discussions were vibrant and respectful – a testament to the maturity and civility of the groups involved. My preparation for these discussions led to extensive reading about policy, reform proposals and analyses of them, and policy history, so that I could participate accurately. I’m mentally engaged enough with the issues now that I find myself debating and teaching silently even while swimming laps in the pool.

Patients, too, are asking about health reform. Some know that I have opinions (with their interests at heart) and humor themselves by pushing my buttons. Good for them. For others, my heart just aches. Election time also coincides with that time of the year when senior patients find themselves well into the “donut hole” phase of Medicare Part D coverage, and their scramble to ‘prioritize’ their medications, their delays in routine follow-up care, or their rejection of important services, is dismaying. I know we’ll just be playing catch-up with their health status later this winter. For me this always serves as a parody of the greater gyrations that CMS, the RUC, and federal legislative bodies exhibit annually around payment and coverage formula considerations themselves. Like many of you, I have seen this donut hole-in-coverage result directly in health set-backs, unnecessary hospitalizations, and discoordination in care. I also see it, in conjunction with recent “fluctuations” in the stock market and the disappearance of retirement assets, contribute to anxiety, disenfranchisement, and dependence. It’s a natural time, then, to wonder how we might do this more evenly, and wonder about which principles should drive change.

Should health care be considered and treated as a commodity, subject to market forces, proffered and shaped competitively, packaged and marketed to a consuming public, and available to those who can afford it? If so, how will we be able to reshape culture to value cognitive medicine, relational care, and integrative coordination, over technology, sub-specialization confusion, invasion, fragmentation, and immediate gratification, as organizing principles? (A shift, evidence says, which should

President’s

Message

By David Hutchinson, M.D.



result in improved outcomes, fewer errors, and reduced costs.) More basically, will this improve our ‘health’?

Or, should we view health care as a public asset, believing it to be an investment in our productivity and prosperity, as we have been able to do for education? If so, how shall we ration it, pay for it, universalize its quality, and control the cost of it? If so, how can we successfully incent personal responsibility and community responsibility for health, in the face of public support for care? If so, how can the house of medicine be inspired to realign its own compensation priorities toward cognitive medicine, relational care, and integrative coordination?

A recent PBS special on “The Medically Uninsured” presented compelling evidence for the actual expense, human and financial, considering the high costs of delayed-stage tertiary care and lost productivity, of being uninsured. Current campaign proposals raise the question, then... Is more insurance coverage, or less, (or something completely different), a better path to affordable and intelligently crafted care for all?

The Obama and McCain campaigns each propose reforms which would indeed, according to policy analysts, create insurance coverage for a higher number of people. McCain’s reforms appear poised to ultimately cover more healthy people and fewer of the chronically ill, and Obama’s more of the high-cost, high utilizers, and they propose cost savings through improvements, in order to pay for reform. Both campaigns convey only a partial understanding of the true reasons for the high cost of care, simplistically citing medical “errors”, unreasonable malpractice costs, old-fashioned information systems, a lack of primary (aka “preventive”) care, and non-adherence to evidence-based practice guidelines. They would each rely on more sophisticated EMR implementation and malpractice reform to lead the way to affordability. Both have yet to offer specific understanding of the power of continuity, relationships, and integrative generalism to coordinate, personalize, and create accountability and trust in, care, and neither cites “improved overall health” as a payment mechanism.

Each major candidate proposes adjustment, with varying specificity, in the ways we structure care. The McCain campaign references an aspiration for basic care which is “better coordinated”. The Obama campaign writes overtly about the Patient-Centered Medical Home as a means to

President’s Message - Continued on page 11

MAFP Presents 2008 Legislative Achievement Awards

By Virginia Barzan, C.A.E., MAFP Executive Vice President

Two Minnesota lawmakers received top honors from the Minnesota Academy of Family Physicians (MAFP) for their successes in the legislature.

The Academy presented **State Representative Erin Murphy**, of St. Paul, with a Legislative Achievement Award on September 25, 2008. **State Senator Tony Lourey**, of Kerrick, was presented with an award on October 10, 2008, at the Gateway Clinic in Moose Lake, Minnesota.

Both were honored for their work on health care reform legislation. The awards were presented in recognition of their extraordinary efforts to promote the medical/healthcare home model as a promising new approach to healthcare delivery that will improve outcomes, enhance access and reduce costs.

“Minnesota is fortunate to have legislators like Rep. Murphy and Sen. Lourey who are willing and able to tackle the complexities of the health care system and lead the charge for change,” said MAFP President David Hutchinson, M.D.

The Legislative Achievement Award is given to state or federal legislators from Minnesota in recognition of a specific action that has benefited patients or family medicine. This is the second year the the MAFP has presented Minnesota lawmakers with achievement awards.



MAFP members Christopher Thiessen, M.D., and Randy Rice, M.D., present a 2008 Legislative Achievement Award to State Senator Tony Lourey.

Philip Stoyke, M.D., MAFP Legislative Committee Chair, and Virginia Barzan, C.A.E., MAFP E.V.P., present a 2008 Legislative Achievement Award to State Rep. Erin Murphy.



Don't Miss the MAFP Winter Conference!

Neurology & Geriatrics



Arrowwood Resort
Alexandria, MN

January 30 - 31, 2009



Registration

\$200 - MAFP Members, PAs, RNs, NPs and others
\$250 - Non-member Physicians

Education Sessions Include:

Clinical and Surgical Treatment of Parkinson's, Pain Management, Migraine/Headache, Alzheimer's/Dementia, Colorectal Screening Guidelines, Rheumatoid Arthritis, Palliative Care, Stroke Management, Heart Failure, Multiple Sclerosis

Watch for a registration brochure in your mail or visit www.mafp.org to register online.

Membership Report

September 1, 2008 - October 31, 2008

New Active Members

Priya Albert, M.D., Eden Prairie
Russell Bergum, D.O., Virginia
Dina Blumenfield, D.O., Minneapolis
Jean Craig, M.D., New Prague
Christopher Darnell, M.D., Minneapolis
Abby Dettmer, D.O., Waseca
Annabi Djalo, M.D., Roseau
Shawn Everts, M.D., Minneapolis
Paul Floy, M.D., Owatonna
Milton Fong, M.D., New Prague
Joylynn Gonzales, M.D., Hibbing
Babul Kulkarni, MBBS, Worthington
Magnolia Larson, D.O., Onamia
Jason Logan, M.D., Forest Lake
Reecha Madan, M.D., Austin
Jill Miedema, M.D., Minneapolis
Amy Oldenburg, M.D., Minneapolis
Douglas Olmanson, M.D., Northfield
Jane Peterson, M.D., Saint Paul
Laurie Radovsky, M.D., Saint Paul
Amy Russo, M.D., Minneapolis
Lukman Sanusi, M.D., Albany
Marianna Siksay, M.D., Owatonna
Selma Sroka, M.D., Minneapolis
Darcey Stockland, M.D., Grand Rapids

New Resident Members

Hennepin County Medical Center

Mahkameh Ghadimi, M.D.
Abhishake Kapuraala, M.D.
Keith Spears, M.D.

New Student Members

Mayo

Saba Alniemi
Elizabeth Angstman
Jodi Blustin
Conrad Capili
Megan Chang
Serena Del Mundo
Vanessa Dimayuga
Rayna Dyck
Meghan Feely
Adele Handy
Ankaj Khosla
Agnieszka Kubica
Rishi Kumar
Caitlin Loprinzi
Erin Lough
Amanda Moraska
Maureen Murphy-Ryan
Oliver Nikolaus
Ajay Patel
Tasha Pike
Bea Pina
Daniel Scholz

Julia Shekunov
Stephen Smith

University of MN – Duluth

Paul Anagale
Nicholas Austin
Melvina Bissonette
Mae Bixby
Erik Bostrom
Lana Dirksen
Carly Dirlam
Emily Dunphy
Colt Edin
Sarah Eisenschenk
Mackenzie Elke
Kurt Farchmin
Julie Fox
Daniel Freeman
Sara Gilbert
Angela Griebel
Heather Grothe
Trisha Halvorsen
Andrew Houghton
Katherine Joseph
Jenna Josephson
Caitlin Kennedy
Miranda Knight-Brown
Jessica Lee
Maureen Ayers Looby
John Mayerhofer
Shawn Olson
Mark Patnode
Joshua Peltier
Kathryn Pesch
Shannon Preble
Sarah Ristvedt
Evans Roberts
Katelyn Rogers
Nicole Solberg
Rebecca Stepan
Heather Swanson
Micah Treuer
Tyler Verworn
Scott Wendroth
Joshua Wiederin
Heather Wurm



University of MN – Twin Cities

Will Amundson
Ashley Bakken
Britt Beeson
Dylan Bindman
Nicholas Brown
Cassandra Bulau
Lucy Chi
Jessica Christensen
Sharon Cu
Scott Deeney
Nate Handley
Jane Harris
Justin Hesar
Jason Hibbard
Jeff Hubers
Kate Jacoby
Elise Johnson
Christopher Johnson
Alexandra Kunin
Natasha Lewis
David Martin
Jackie Mohn
Nathan Mustain
Erin Norby
Erica Obaro
Abigail O'Brien
Damon Olson
Jennifer Patterson
Elizabeth Savard
Joe Schmidt
Marianne Shaw
Kimberly Spronk
Jamie Starks
Dan Stein
Margaret Sweeney
Chee Vang
Andrea Vlasak
Lora Wichser
Ben Willenbring
Tyler Winkelman
Tou Lee Xiong
Albert Youn

Congratulations Member Retirees

Joseph Keenan, M.D., retired from the University of Minnesota Department of Family Medicine and Community Health in early 2008. He is still consulting and speaking in his areas of research and says he is playing more golf.

Donald Pine, M.D., retired from practice July 1, 2008. He is precepting, traveling, gardening, and helping care for his 18-month old grandson.

Detecting Ovarian Cancer and Care in a Medical Home

By Carolyn Torkelson M.D., MS Assistant Professor, Department of Family Medicine and Community Health and Medical Director of the Women's Health Center, University of Minnesota.

Ovarian Cancer

Recent studies have shown that specific symptoms: bloating, increased abdominal size, pelvic or abdominal pain, difficulty eating or feeling full quickly, and urinary urgency or frequency daily for more than a few weeks are much more likely to occur in women with ovarian cancer than women in the general population. Routine screening for ovarian cancer is not recommended by any medical organization, however awareness of these symptoms are key factors in early diagnosis of ovarian cancer. Instead of routine screening, the American College of Obstetricians and Gynecologists (ACOG) suggests that physicians remain vigilant for the early signs and symptoms of ovarian cancer. If suspicious, symptoms need to be evaluated by pelvic examination, transvaginal ultrasound and a CA125 blood test that may lead to detection of ovarian cancer at the earliest possible stage of the disease.

Early stage diagnosis is associated with an improved prognosis and increased chance of survival. Advising and referring your patient to a gynecologic oncologist is considered the best practice standard. Research has shown that survival increases if surgery is performed by a gynecologic oncologist. For women with metastasized or distant stage disease five year survival rate is 31% vs. 93% in women with early and localized disease. Currently, 75% of women are diagnosed in the advanced stages of the disease.

A Local Example

The Women's Health Center at the University of Minnesota is a multidisciplinary clinic providing a wide range of comprehensive health care services to women across their lifespan, including treatment of ovarian cancer. Four years ago,

Ovarian Cancer Symptoms

These specific symptoms are more likely to occur in women with ovarian cancer than women in the general population.

- Bloating
- Increased Abdominal Size
- Pelvic or abdominal pain
- Difficulty eating or feeling full quickly
- Urinary urgency or frequency daily for more than a few weeks

primary care physicians joined with the OB/GYN department to work collaboratively to establish a full-service woman's health care system. Now, family physicians, internists, OB/GYN, gynecologist/oncologists work side by side to provide state of the art surgical and clinical care.

This innovative model developed at the Women's Health Center is very much in keeping with the patient-centered 'Medical Home' model of care managed and coordinated by a personal physician. As an example of how the medical home concept is applied at the Women's Health Center - consider a woman facing a possible diagnosis of ovarian cancer. A woman with

symptoms of ovarian cancer, abnormal tests and a suspected ovarian mass is referred to our clinic. A diagnosis of ovarian cancer cannot be made until a surgery is performed and biopsies are evaluated. Standard treatment for women diagnosed with ovarian cancer includes a complete debulking surgery by a gynecologic oncologist followed by chemotherapy. Then, ongoing management and follow-up care continues with her oncologist. Concurrent with her treatment of ovarian cancer, she is encouraged to remain connected with her primary care physician to manage other acute and chronic health problems that arise on a day to day basis. Ovarian cancer is managed like a chronic disease and needs the additional expertise of a primary care physician to oversee general care.

The Women's Health Center is located in the Phillips Wangenstein Bldg, Clinic 1C – First Floor, University of Minnesota.

An Ovarian Cancer Resource for Patients

The Minnesota Ovarian Cancer Alliance (MOCA) offers support and resources to women with ovarian cancer and their families.



The Alliance funds ovarian cancer research, provides scholarships for oncology nurses and conducts public and medical education programs.

MOCA is located at 4604 Chicago Avenue South, Minneapolis, MN 55407. For more information, visit MOCA's website at www.mnovarian.org.



THE BULLETIN BOARD



Call for MAFP Officer Nominations

The Leadership Development Committee is now accepting nominations for the following positions. You may volunteer yourself or suggest others as candidates.

- President-Elect
- Speaker of the House
- Vice Speaker
- Officer-at-Large
- AAFP Delegate
- AAFP Alternate Delegate



If you have a colleague who would make a good leader, consider nominating them for Vice Speaker or Officer-at-Large positions. The Officer-at-Large position nominations will be given to their local chapter to approve the nomination.

Nominations must be received by January 31, 2009. They can be made by emailing Arlene Lensing at alensing@mafp.org, by faxing 952-542-0135 or by calling the Academy office at 952-542-0130/800-999-8198.

Make a Tar Wars Presentation

Although the MAFP is no longer coordinating specific Tar Wars presentations, family physicians, residents and medical students are still welcome to arrange and make presentations on their own in their community. To learn more, visit www.mafp.org/tarwars.asp.

November is Medical Home Awareness Month!

The MAFP launched Medical Home Awareness month to assist family physicians in understanding and assessing their readiness to provide medical homes to their patients. Every family physician, regardless of size of practice, knowledge base, or ability to affect system change, can support moving the concept forward. Throughout November, a series of emails are suggesting ways to participate. You may also access the information through the Academy website at www.mafp.org.



Funding Opportunity to Support Medical Home Development

The Minnesota Department of Human Services is pleased to announce the availability of grant funds to support the development of Medical Homes / Health Care Homes in primary care clinics. Please note that providers who are planning to participate in the DHS Primary Clinic Care Coordination Project may use these funds for capacity building. Qualified responders include collaboratives and organizations that support multiple clinics. Proposals are due December 1, 2008. The Request for Proposals is posted on the DHS web site at www.dhs.state.mn.us/main/groups/business_partners/documents/pub/dhs16_143035.pdf

2008 Residency Recruitment Event Highlights Opportunities

By Lisa Regehr, Conference Coordinator

Medical students gathered at the Radisson University Hotel on September 27 to take part in the Minnesota Academy of Family Physicians 2008 Residency Recruitment Event.

This program provides an opportunity for medical students to visit with representatives of Family Medicine Residency Programs from Minnesota and throughout the country.

“As a 2nd year medical student, I found this event to be a terrific primer for what to take note of during rotations in the next two years as well as what to start considering in potential residency sites,” said Dean Langenfeld, University of Minnesota Medical Student.

After spending time with the residency programs, the students broke into small groups for discussions. *Navigating the Match* was presented by Doctors Amanda Goertz, Ramsey Peterson & Lisa Phifer from the Allina Hospitals and Clinics United Family Medicine Residency Program, Cheryl Wicks from St. Joseph’s and Will Nicholson from St. John’s Family

Medicine Residency Programs. The residents shared their experiences, offered advice and answered questions from the students. Don Hutchison, Financial Advisor, Hutchison Financial Advisors, LLC., presented a workshop on Financial Planning.



Minnesota medical students visit with representatives from HCMC while at the Residency Recruitment Event.

The Minnesota Academy of Family Physicians would like to thank all of the residency programs that participated in the Residency Recruitment Event this year.

MAFP Milestone Memberships

The MAFP is pleased to recognize these members celebrating milestone membership anniversaries in 2008!

55 years

Joseph C. Von Drasek, M.D.

50 years

William G. Heegaard, M.D.
Marcus D. Hilker, M.D.
Milton L. Kaiser, M.D.
Ben P. Owens, M.D.

25 years

Niles H. Batdorf, M.D.
Amy K. Bennett, M.D.
Karl L. Blomquist, M.D.
Ruth Bolton, M.D.
David P. Brockway, M.D.
Kathleen D. Brooks, M.D.
Anne W. Campbell, M.D.
John S. Dickhudt, M.D.
William K. Drehmel, M.D.
Paul D. Erickson, M.D.
James W. Gerber, M.D.
Thomas S. Gerst, M.D.
Dwenda K. Gjerdingen, M.D.
Celerina Gonzalez, M.D.
Rebecca J. Hafner, M.D.
Steven M. Harder, M.D.
Brian A. Henjum, M.D.
Ronald W. Hewitt, M.D.
Richard R. Horecka, M.D.
Robert N. Hovda, M.D.

Craig M. Howard, M.D.
Mary C. Hroszkoski, M.D.
Joel P. Jahraus, M.D.
Teresa B. Jensen, M.D.
Robert W. Johnson, M.D.
Chris J. Johnson, M.D.
Wayne G. Kelly, M.D.
Heidi J. Korstad, M.D.
Gary L. Lamson, M.D.
David A. Lang, M.D.
Thomas A. Leaf, M.D.
Kurt R. Lemke, M.D.
Wayne D. Liebhard, M.D.
Karen T. Lucas, M.D.
Robert G. Milligan, M.D.
Richard J. Morgan, M.D.
John C. Pastorius, M.D.
Jerome F. Potts, M.D.
Matthew J. Puffer, M.D.
Timothy J. Regan, M.D.
Bruce A. Rorem, M.D.
John A. Sebas, M.D.
Steven W. Sumeay, M.D.
Christopher Tacl, M.D.
Robert S. Telste, M.D.
Joel L. Thompson, M.D.
Linda M. Wallner, M.D.
Dennis D. Walston, D.O.
William G. Weisshaar, M.D.
Donald L. Werner, M.D.
Dennis R. Weslander, M.D.
John M. Wilkinson, M.D.

15 years

Timothy C. Bachenberg, M.D.
Matthew E. Bernard, M.D.
Joseph M. Blonski, M.D.
Steven A. Clark, M.D.
Rene Eldidy Jr., M.D.
Karen R. Ginn, M.D.
Brent E. Griffin, M.D.
Joseph H. Hamm, M.D.
Martin J. Herrmann, M.D.
John D. Ipsen, M.D.
Sarah J. Israelson, M.D.
David Scott Johnson, M.D.
Kent D. Johnson, M.D.
Kevin M. Kelly, M.D.
Charles M. Kendall, M.D.
Diane L. Kennedy, M.D.
Paul Kleeberg, M.D.
Jay B. Knaak, M.D.
Jonathan M. Larson, M.D.
Bensen Y. Leo, M.D.
Michael E. Neudecker, M.D.
Nancy K. Newman, M.D.
John W. Nolan, D.O.
Leslie G. Norton, M.D.
Kevin A. Peterson, M.D.
Lisa Sitzmann Prusak, M.D.
Timothy J. Ramer, M.D.
Greg C. Randall, M.D.
Randy J. Rice, M.D.
Abigail K. Ring, M.D.
Jane P. Rudd, M.D.
John M. Ryden, M.D.
Joseph J. Saccoman, M.D.
Sheila Davis Seats, M.D.
Kerry L. Sheehy, M.D.
Susan M. Skarp, M.D.
Julie A. Spina, M.D.
Kevin K. Stiles, M.D.
Anita Strei, M.D.
Lola B. Sutherland, M.D.
David A. Waletzko, D.O.
Paul G. Westling, M.D.
Halina Woroncow, M.D.
Mary E. Yee, M.D.

“It has been a privilege to be a member of MAFP/AAFP since I was a medical student. The organizations have represented our specialty very well. My interest in family medicine originally stemmed from connections with family physicians through MAFP during my medical school education. Those physicians were true role models for me.”

- Kathleen Brooks, M.D., M.B.A., M.P.A.
25-Year Member

2009 House of Delegates to Convene in Minneapolis



The MAFP House of Delegates will be held on April 15, 2009, at the Hilton Hotel in Minneapolis, MN. All members are invited to attend the annual business session to deliberate on resolutions, hear updates from AAFP leadership and elect officers.

A breakfast buffet and socializing with your fellow physicians begins at 7:30 am. The House convenes at 8:30 am with business throughout the entire day, concluding around 4:30 pm.

If you are interested in serving as a delegate, please contact the Academy office.

Resolutions are due to the Speaker of the House by March 10, 2009. They will be mailed to attendees two weeks prior to the meeting.

Proposed amendments to the Bylaws must be submitted to the Executive Vice President by February 15, 2009, for consideration at the 2009 House of Delegates.

The System Works!

By David Hutchinson, M.D., President

Our student and resident chapters, represented by Will Nicholson, M.D., St. John's FMRP, and Beth Menzel, 4th year Mayo medical student, presented a resolution at the 2008 House of Delegates meeting in April. The resolution asked for organizational advocacy of reinstatement of the 20/220 federal debt relief tool. After refinement by the House of Delegates, the MAFP resolution stated that the MAFP and its members strongly support reinstatement of the 20/220 pathway for Economic Hardship Deferment for physicians entering primary care specialty training.



Will Nicholson, M.D.



Beth Menzel

Will and Beth carried our Minnesota resolution to the National Conference of Family Medicine Residents and Student Members in Kansas City in August, achieving national student and resident endorsement for it.

Student and resident testimony before a reference committee at the AAFP Congress of Delegates in San Diego this September, along with remarks from the Minnesota delegation, carried the initiative to sweeping acceptance by the AAFP. I see this as a mark of achievement by the MAFP at the national level, as a substantial accomplishment by our student and resident members, and as a critical measure of support by the MAFP and AAFP for students considering application to residency in primary care specialties.

In that same week, at the MMA House of Delegates, testimony from MAFP members about our own experience with this issue helped reference committee members to refine the intent of a more general resolution seeking support for debt relief for medical students. Subsequent reference committee recommendations then focused on broad support for federal and state medical student debt relief mechanisms, but aimed preferentially at students entering primary care specialties. This recommendation was adopted by MMA.

2009 Research Forum



Reserve your place for the 2009 Research Forum being held Saturday, March 28. The location will be determined. This event provides a chance to hear practicing and academic family physicians, senior researchers, residents and medical students present their findings in Family Medicine Research and for networking with other researchers.

The theme of this year's forum is *The Medical Home: Studying & Researching Increased Collaboration between Specialties*.

Visit www.mafp.org to register.

Call for Abstracts

The MAFP is now accepting abstracts the 2009 Research Forum.

Abstracts should contain original research and be relevant to family medicine. All categories of research will be considered, including practice-based, community-oriented and participatory projects and descriptive studies. Quality Improvement projects, clinical case presentations and literature reviews are acceptable *if* they generate original conclusions. Projects in progress are welcome!

Please visit www.mafp.org to learn how to submit an abstract. Abstracts should be emailed to lregehr@mafpp.org or submitted using our online form. The due date for Abstracts is January 19, 2009.

If you have questions, please contact Lisa Regehr at the MAFP office lregehr@mafpp.org or (800) 999-8198, (952) 542-0130.



MINNESOTA ACADEMY OF FAMILY PHYSICIANS FOUNDATION NEWS



The mission of the MAFP Foundation is to support family physician health care delivery, research and education, and to promote the specialty of family medicine.

Research Grants Available to Students & Residents

Medical students and family medicine residents may apply for research grants offered by the MAFP Foundation. The grants are designed to bring Minnesota's medical residents and Family Medicine residents into clinical research settings to enhance their research skills, explore Family Medicine as a specialty, gain expertise in a medical subject, and strengthen their research writing and presentation skills. To request a copy of the 2009 student or resident application, or to sign up to be a Family Physician Mentor, please call Lynn Balfour at 952.542.0130 or email foundation@mafp.org. You may also download the applications online at www.mafp.org/foundation.asp and click on "Programs". Funding for the grants program is made possible by the MAFP Foundation, Alley Institute, CHS Foundation, Immanuel St. Joseph's Foundation, CentraCare Health Foundation and AAFP Foundation.

Stanford School of Medicine: Chronic Disease Self Management Program

The Chronic Disease Self Management Program (CDSMP) is an *evidenced based* patient program that has been proven to decrease hospitalization and outpatient visits. It also has a positive, beneficial effect on a participant's physical and emotional wellbeing, as well as their health related quality of life. The CDSMP is a 6 week – 2 ½ hours per week workshop for patients to learn about managing their chronic disease as it relates to relaxation, nutrition, exercise/fitness, fatigue, communication with healthcare providers, goal setting and problem solving. (<http://patienteducation.stanford.edu/programs/cdsmp.html>). Family physicians in the Metro area have expressed an interest in hosting this program for patients.

The MAFP Foundation is exploring the feasibility of offering the CDSMP as a potential new program next year. For clinics and practices in Greater Minnesota please contact Mary Hertel, Central MN Council on Aging, 320-253-9349 or email mary.hertel@cmcoa.org to ask about hosting a workshop, or referring your patients to a workshop in Greater Minnesota communities.

Membership Renewals: Members Have Options to Give

In the recent AAFP membership renewal mailing MAFP members received information about the AAFP Foundation's *Family Medicine Philanthropic Consortium* and the MAFP Foundation's \$20 for 20 Years campaign. To support the MAFP Foundation's \$20 for 20 Years campaign, you may donate online at www.mafp.org/foundation.asp or send a \$20 check to the MAFP Foundation office. Donations support Minnesota programs. To donate to the AAFP Foundation's *Family Medicine Philanthropic Consortium* simply mark the Dues Check-Off box and contribute \$50. The FMPC awards grants on a competitive basis to local chapters and foundations. In the past the MAFP Foundation received a grant for its collaborative effort with the YWCA to reduce childhood obesity. Your gift is appreciated as both nonprofit organizations strive to serve the philanthropic interests of MAFP members. Thank you!

The MAFP Foundation invites MAFP members to donate online at www.mafp.org/foundation.asp. Or members may donate their MAFP travel reimbursement to the Foundation. Your contribution supports programs such as student and resident research grants, affordable prescription drugs for seniors and the pertussis Tdap vaccination campaign for health care workers. Thank you for your tax deductible gift.

Nominate a Colleague for an Award

The MAFP is now accepting nominations for the following awards:

- Family Physician of the Year
- Teacher of the Year
- Researcher of the Year
- Resident of the Year
- Medical Student Award
- Merit Award

For more information and a detailed description of each award, please visit the MAFP website at www.mafp.org/awards.asp.

Nomination Process

All nominations must be made in writing to the MAFP office (mail, fax or e-mail). Include the name of the award, your name and phone number, and explain why the nominee is deserving. Also, if applicable, include the name of the nominee's clinic, residency program or medical school. Additional information may be requested from the nominator or nominee. *Except where noted, candidates must be MAFP members.*

Deadlines for Submission

Family Physician of the Year: **January 5, 2009**
All other awards: **February 23, 2009**

patient engagement and participation, to enhanced roles for primary care and comprehensiveness, as a means to better overall coordination in the care of individuals (especially those with chronic conditions), and as an additional path to add value and reduce the total costs of care. *There's the pony in the manure pile. I think we're getting there!* Analysts' consensus is that there is also more uncertainty about realistic funding for Obama's insurance reform package. As a movement with legs, though, because it promises the best of all worlds when understood fully (better outcomes, better satisfaction, better value), the PC-MH is likely to survive any compromise in a real reform effort, and any next administration is likely to ultimately realize its value.

Some fear that refocused priorities around a uniquely challenging economy, and rising national debt, will derail health care reform. I would point out that with clear vision, persistent work, and legislative buy-in, we were able to pass promising early health reform legislation last year in Minnesota centered around the PC-MH, even with the specter of a large and unexpected budgetary shortfall. I would also contend that a 'strong and healthy America' requires strong and healthy Americans to drive it, and that a

robust economy *depends upon* health care reform.

Observing that the total health care expenditure for the world's 36th best health care outcomes is bizzarely perched to represent, by 2010, 20% of the GDP of the nation purchasing it, many would agree. I think that health care reform in some form is coming soon.

To make reform viable, we need to continue to steer it away from 'less pay for the same care', and toward 'reshuffled pay for different care'. To make reform valuable, we need universal and enhanced access, and a refocus on integrative and individualized care, fully coordinated by primary care specialists and their care team partners, conveyed in the context of relationships between patients and the caregivers who know them. We need to wade bravely through discussions about standard benefit sets, resource allocation, personal and community responsibilities and incentives toward better health, reconfigured compensation priorities, clear and funded public health directives, and full-scale patient engagement in the whole care process. Until we focus on these things successfully, I think we're bound to feel perpetually like we're ALL "falling through the donut hole."



To place an ad in the 'Practice Opportunities' section, please email text to kthorson@mafpo.org. Information about pricing can be found online at www.mafpo.org/classifieds.asp. The submission deadline for the January/February 2009 issue is December 29, 2008.

HealthPartners Central Minnesota Clinics (HPCMC), a well-established and growing clinic (new facility opening April 2010) in **St. Cloud, MN**, is looking for BC/BE Family Physicians (OB preferred but not required) to join its team of experienced providers. Recognized in *Modern Healthcare* as one of the nation's "Best Places to Work in Healthcare," this excellent opportunity appeals both to an experienced physician or a finishing resident. HPCMC offers call 1:10, fully functional EMR, competitive salary with benefits, paid malpractice and a strong referral base. Located just 55 miles northwest of the Minneapolis/St. Paul metro area, St. Cloud features metropolitan living combined with traditional values and safe, friendly neighborhoods making it an exceptionally attractive place to work and play. If you are interested in this rewarding professional opportunity, send CV to: Kathy Cumming O'Hara, HealthPartners Central Minnesota Clinics, 1245 15th Street North, St. Cloud, MN 56303, phone: 800-370-0570 Ext. 2007, email: kcummingohara@hpcmc.com.

North Memorial is presently recruiting for BC/BE family physicians to join several of our owned and affiliated family practice clinics. Practice opportunity locations include Brooklyn Park, Robbinsdale, Crystal, Maple Grove, Minneapolis and others. These are excellent practice opportunities with comprehensive compensation and benefits packages. Contact: Mark Peterson, Physician Recruiter, North Memorial Medical Center, 3300 Oakdale Ave. N., Robbinsdale, MN 55422. Telephone (763) 520-1336. E-mail: mark.peterson@northmemorial.com Website: www.northmemorial.com.

Lakeview Medical Clinic, of Sauk Centre is seeking a BC/BE Family Medicine physician (with OB) to join our private practice group of six physicians. Our practice offers a full scope of family practice in a growing community located west of St. Cloud. We live in the heart of lakes, golf and outdoor activities. Call is 1:7. We offer a competitive salary with incentives and a comprehensive benefit package. For more information, please contact Mike Flicker at mflicker@lakeviewclinic.org or call 320-352-6591.

HealthEast Care System of St. Paul, MN, named one of the "Best Places to Work" in Minnesota three years in a row, is one of the Midwest's premier hospital and clinic systems. Due to new growth, we currently have opportunities for Family Medicine Physicians at seven of our clinics, with and without OB. We also seek Family Medicine Hospitalists at our four hospitals (St. Joseph's, St. John's, Woodwinds and Bethesda). We offer competitive compensation and benefit packages, family friendly schedules, signing bonus and relocation assistance. For details, visit www.healtheast.org/careers or contact Kathy Nikunen, Physician Recruitment Specialist, at 651-326-2009 or kenikunen@healtheast.org.

Allina Hospitals & Clinics is proud to be the first MN health care organization to earn the Davies Award, the industry's preeminent award from the Healthcare Information and Management Systems Society, with cutting-edge technology on our new electronic medical record system. As a not-for-profit family of hospitals, clinics and other care services, we are dedicated to meeting the lifelong health care needs of communities throughout Minnesota and western Wisconsin. Currently we are seeking BE/BC Family Physicians in the following Minnesota communities: Blaine, Brooklyn Park, Buffalo, Cokato, Cambridge, Coon Rapids, Cottage Grove, Eagan, Elk River, Faribault, Forest Lake, Hastings, Litchfield, Maple Grove, Mora, Northfield, Prior Lake, Ramsey, Richfield, Shakopee, St. Michael, and Woodbury, and these locations in Wisconsin: Prescott, and River Falls. Please contact us for more information or visit our website at www.allina.com. Allina Physician Recruitment Services, recruit@allina.com or 612-262-4560 / 1-800-248-4921. EOE.

Urban community clinic organization seeks **compassionate, BE/BC family physicians**, OB optional. WSCHS is an FQHC serving 35,000 patients annually at 18 medical, dental, homeless, public housing, and school-based clinic sites located in St. Paul. WSCHS serves large Latino, Hmong, immigrant, and refugee populations. Bilingual/bicultural candidates are strongly encouraged to apply. Opportunity for loan repayment. Resumes/CVs to West Side Community Health Services, 153 Cesar Chavez Street, St. Paul, MN 55107; fax 651-602-7517; or email hr@westsidechs.org.

Lake City Medical Center – Mayo Health System is seeking family medicine physicians to join our compassionate, high quality and nationally award-winning team of health care professionals. A physician-led family practice group, we strive for personal, compassionate health care supported by advanced technology. Our main campus, located in Lake City, Minnesota, houses our clinic, hospital and nursing home. We also have three off-campus clinics in Wabasha and Plainview, Minnesota and Alma, Wisconsin. Lake City Medical Center offers a competitive salary and benefits package, along with a friendly and rewarding work environment. For more information, contact Cheri Kramer, chief administrative officer, 651-345-3321.

Midwest Family Practice Opportunity: Balance life and patient care. Group practice opportunity for BC/BE Family Practice physician in scenic Winona, MN. Opportunity offers single-hospital setting, competitive compensation and the opportunity to pursue individual medical interests while balancing professional and personal life. Physician would join the medical staff of Community Memorial Hospital, which is linked to area healthcare providers by a community-wide Electronic Medical Record. Bordered by bluffs and the Mississippi river, Winona boasts good schools, two universities, international businesses and bountiful recreational and cultural opportunities. No J1 opportunities. Contact: Cathy Fangman, 855 Mankato Avenue, Winona, MN 55987. Phone: (800) 944-3960, ext. 4301; Website: www.winonahealth.org; Email: cfangman@winonahealth.org.

Fairview Health Services seeks family medicine physicians for inpatient/outpatient or outpatient-only practices. Enjoy 4-day workweeks and optional OB. Experience accessible specialist consultations and onsite lab and radiology. Work and live in vibrant communities: urban, suburban and rural practice opportunities meet your and your families' needs. Enjoy an initial income guarantee with productivity component and a fantastic benefit package, including malpractice insurance. Shape your practice to fit your life as a part of our nationally recognized, patient-centered, evidence-based care team. Visit fairview.org/physicians to explore our current opportunities, then apply online, or call Bridgett Gawlik at 800-842-6469 or e-mail recruit1@fairview.org. EEO/AA Employer.

Park Nicollet Clinic is seeking BE/BC Family Medicine Physicians to join its multispecialty group in Minneapolis. Our Family Medicine department provides comprehensive services in health promotion, screening, diagnosis and disease management at 17 Park Nicollet Clinic locations in Minneapolis and surrounding suburban communities. It is our goal to provide care for most of the entire family's health care needs. Practice options include participating in our hospital service or 100% outpatient practice. Our integrated health care system, including Park Nicollet Clinic and Methodist Hospital, is recognized locally and nationally for great care and leadership. Share your expertise in an environment that supports new treatments and innovations while embracing a strong work-life balance. For immediate consideration, please send CV to: Missy Fisher, Director Clinician Recruitment, Park Nicollet Health Services, 3800 Park Nicollet Boulevard, St. Louis Park, MN 55416. For more information contact Ms. Fisher at (952) 993-6025 or (888) 437-5004; email Melissa.Fisher@parknicollet.com.

Urgent Care Physician – Park Nicollet Clinic: Park Nicollet Clinic is seeking full-time BE/BC Family Medicine Physicians to join our Urgent Care Department. We offer Urgent Care services at six of our clinics. We invite you to share your expertise in an environment that supports flexible scheduling and a strong work-life balance. Our integrated health care system and EMR, including Methodist Hospital, is recognized locally and nationally for great care and leadership. Send CV to: Missy Fisher, Park Nicollet Health Services, 3800 Park Nicollet Boulevard, St. Louis Park, MN 55416, phone 952-993-6025, email: fishem@parknicollet.com. To learn more or apply online, visit parknicolletphysician.jobs. AA/EOE

Tri-County Hospital seeks a BC/BE Family Practice Physician to join our growing regional health care system. 4/days week, 6.5 scheduled hours/day, 46 weeks/year. No OB required. No Call. Guaranteed salary plus production incentive, liability coverage, relocation expenses, and competitive benefits. Excellent schools, unlimited seasonal sports activities, numerous artistic opportunities and miles of lakeshore are all part of the attraction in this region. Located in the heart of north central MN lake country – just 2 ½ hours from the Twin Cities. Please contact Lori Gress, Tri-County Hospital, 415 North Jefferson, Wadena, MN 56482. 218-631-7462 or 218-639-0572 cell. Email: lori.gress@tricityhospital.org.

Ridgeview Medical Center and Clinics is seeking BE/BC Family Physicians for our expanding western metro clinic sites. These positions are outpatient only practices with telephone call coverage, no hospital call coverage is required. Ridgeview offers a competitive salary and an excellent benefit package. Submit your CV to physician.recruitment@ridgeviewmedical.org. To learn more about Ridgeview Medical Center, please visit our website at www.ridgeviewmedical.org. We look forward to hearing from you! Ridgeview is an Equal Opportunity Employer.

A GREAT PLACE TO NUTURE A FAMILY-AND A FAMILY PRACTICE at Brainerd Lakes Health located in lakes area of Central Minnesota. We are seeking FPs to join our growing group. Call is 1:14 Four- day workweek. Brainerd Lakes Health is an integrated multi-specialty clinic and 162-bed, JCAHO, acute care hospital. We serve 150,000 in a 60 mile radius. We offer competitive compensation, benefits, and malpractice in an area that offers lakes, trees, golf course, fine dining, shopping, arts, and excellent schools all just minutes from work and home. Want more info? Contact Ryan Berreth at 218-454-5800 or ryan.berreth@brainerdclinic.com. AA/EOE.

Red Cedar Medical Center-Mayo Health System in Menomonie, Wisconsin, is seeking a physician BC/BE in Family Medicine with OB. Call of 1:10. Opportunity to moonlight in Red Cedar E.R. Two-year salary guarantee and complete benefits package. Red Cedar Medical Center is a vibrant 37-physician state-of-the-art, multi-specialty clinic and a 25-bed critical access hospital located one hour east of Minneapolis and ½ hour west of Eau Claire. Menomonie is home to the 7,500 students at the University of Wisconsin-Stout. Perched on the banks of Lake Menomin, the community offers strong schools and safe neighborhoods in a beautiful setting. Contact Cyndi Edwards, 1-800-573-2580; fax 715-838-6192; e-mail Edwards.cyndi@mayo.edu or www.rcmc-mhs.org

Luther Midelfort-Mayo Health System in Chetek, Wisconsin is seeking a physician BC/BE in Family Medicine to join an established clinic. OB required. Call 1:13. OB call 1:6. Luther Midelfort-Mayo Health System is a 225 physician-directed, fully integrated multi-specialty clinic and hospital owned by the Mayo Clinic. Luther Midelfort physicians practice evidenced-based, protocol-driven medicine. Electronic and on-line resources make it possible to practice state-of-the-art medicine. Chetek is a thriving community with an excellent educational system located 45 minutes north of Eau Claire, WI. Contact Cyndi Edwards, 800-573-2580; edwards.cyndi@mayo.edu; fax 715-838-6192; or www.luthermidelfort.org.

Luther Midelfort – Mayo Health System in Eau Claire, Wisconsin, is seeking a physician BC/BE in Family Medicine for a full-time, outpatient practice. “Phone” call of 1:23 and one weekend in Urgent Care every 23rd weekend. Compensated on hourly basis for Urgent Care hours. Family Medicine Department recently moved to a brand new clinic addition. In partnership with Mayo Clinic, Luther Midelfort is a physician-directed, vertically integrated hospital and multispecialty clinic based in Eau Claire, WI. With interest, please contact Cyndi Edwards, 800-573-2580; fax 715-838-6192; e-mail edwards.cyndi@mayo.edu. Visit our website at www.luthermidelfort.org.

MENOMONIE WISCONSIN: Red Cedar Medical Center – Mayo Health System, an integrated 25-bed critical access hospital and 34-physician multi-specialty group, is seeking a physician **BC/BE in Emergency Medicine, Internal Medicine (experience treating children) or Family Medicine** for our Emergency Department and Urgent Care. 8,500 ER visits coupled with 17,000 urgent care visits are shared by physicians and mid-level providers. Twelve, 12-hour shifts per month. Competitive compensation and complete benefits package. Menomonie, located 1 hour east of Minneapolis/St. Paul and ½ hour west of Eau Claire, WI, is a university community of 15,000. For more information, contact Cyndi Edwards, 800-573-2580; fax 715-838-6192; e-mail edwards.cyndi@mayo.edu; or you may visit our website at www.rcmc-mhs.org.

Bloomer, WI: Luther Midelfort Chippewa Valley – Mayo Health System is seeking a **BC/BE Family Practitioner or BC/BE Med-Peds** with interest in both in/outpatient care opportunities. Pre and post natal care at this site but NO deliveries. Call of 1:5. No first call in the E.D. Call involves back up for mid-levels in the E.D. and is compensated. Moonlighting in the E.D. is optional and compensated on an hourly basis. Bloomer, a growing community 3,500, offers strong schools, many four-season recreational opportunities, and easy access to higher education. Contact Cyndi Edwards, 800-573-2580; fax 715-838-6192; e-mail edwards.cyndi@mayo.edu or you may visit our website at www.luthermidelfort.org.

Luther Midelfort Northland-Mayo Health System in Rice Lake, Wisconsin is seeking a physician **BC/BE in Family Medicine**. Traditional family practice with OB optional. General call of 1:13, OB call of 1:6. Luther Midelfort is a 230-physician directed, integrated hospital and multispecialty clinic based in Eau Claire, WI and partnered with Mayo Clinic. Our physicians practice evidence based, protocol driven medicine. EMR, PACS, and other on-line resources make it possible to practice state-of-the-art medicine in a vacation-like setting. Rice Lake, a community of 8,300, is located in Northwest Wisconsin, 100 miles east of Minneapolis, MN and 60 miles north of Eau Claire, WI. Contact Cyndi Edwards, 800-573-2580; edwards.cyndi@mayo.edu; fax 715-838-6192; or www.luthermidelfort.org.

Luther Midelfort Northland-Mayo Health System in Cameron, Wisconsin is seeking a physician **BC/BE in Family Medicine**. Traditional family practice with OB optional. General call of 1:13, OB call of 1:6. Luther Midelfort is a 230-physician directed, integrated hospital and multispecialty clinic based in Eau Claire, WI and partnered with Mayo Clinic. Our physicians practice evidence based, protocol driven medicine. EMR, PACS, and other on-line resources make it possible to practice state-of-the-art medicine in a vacation-like setting. Cameron is located in Northwest Wisconsin, 100 miles east of Minneapolis, MN and 60 miles north of Eau Claire, WI. Contact Cyndi Edwards, 800-573-2580; edwards.cyndi@mayo.edu; fax 715-838-6192; or visit our website at www.luthermidelfort.org.

Champlin Urgent Care: V-Kare Clinic seeks board certified primary care physicians, nurse practioners and physician assistant for evening and weekend positions. Fax: 763-323-1027 E-mail: drhussain@vkare.com.

Affiliated Community Medical Centers, Willmar, MN: Physician-owned multi specialty clinic is seeking a full-time physician to join the Family Practice Department in their Willmar, Redwood Falls, Granite Falls, Marshall, Litchfield and Benson affiliates. These positions offer a guaranteed salary plus production incentive and an outstanding benefit package. For further information, please contact Kari Bredberg, Physician Recruitment, 320-231-6366 or e-mail karib@acmc.com; or Julayne Mayer, Physician Recruitment, 320-231-5052 or e-mail mayerj@acmc.com. Website: www.acmc.com.

Mankato, MN—Physician-owned Mankato Clinic has openings for BC/BE physicians with or without interest in OB. We offer a 24-hour telephone triage system, and a call schedule of 1:14. Our market competitive income guarantee is followed by production incentive income. We have a physician-friendly benefits package including above market CME/Business expense allowance and a generous profit-sharing 401k plan. Coverage is for a single 170 bed hospital. No commuting hassles, great shopping too, we are located 70 miles south of the Twin Cities. Contact Dennis Davito, Provider Placement at 1230 East Main Street, Mankato, MN 56001; email: ddavito@mankato-clinic.com, call 507-389-8654 or fax CV to 507-388-3401.

Grand Marais, MN: Interested in joining a vibrant, hard working staff including 4 Family Practitioners and a NP? **Sawtooth Mountain Clinic, Inc.** – a Community Health Center on the shores of Lake Superior. Live, work and play all in this illustrious northwoods country in NE Minnesota! **Hiring for a BE/BC FP** for clinic hours; in-patient and nursing home care. Send resumes to Sue Nordman, COO at sue@sawtoothmountainclinic.org or phone with inquiries to 218-387-2330 ext. 31. We look forward to meeting you!

Urgent Care Moonlighting Opportunity in Minneapolis: Independent physician-owned urgent care clinic located conveniently near Uptown in Calhoun Village Shopping Center on W. Lake Street, seeking moonlighting physicians! Flexible hours, great location, friendly staff, competitive pay! Call Dr. Niki Oldenburg at 612-229-1072 or email at fastcareoftcm@gmail.com.

Aspen Medical Group, a division of Allina Hospitals & Clinics, is seeking full time, part time and moonlighting BC/BE family medicine physicians to join our *Urgent Care Clinics* in Bloomington, Inver Grove Heights, Maplewood and St. Paul. Full Time consists of 31 hours/week, with a combination of days, evenings and weekend hours. Part time and Moonlighting evening and weekend shifts are also available. Our clinics are fully staffed with lab, X-ray, MRI, CT, nursing staff and on-call specialists. All candidates must have a MN license and DEA registration. Will consider 2nd and 3rd year residents. *Full time/Part time Family Medicine, No OB, opportunities* are available at the Aspen clinics located in Highland Park, Maplewood, St. Paul, and Inver Grove Heights with clinic & hospital responsibilities or clinic only practice options available. Apply online at www.aspenmed.org, or contact Julie Juba at 866.415.2600, via email at julie.juba@allina.com or fax your CV to 612.262.4223.

MeritCare Medical Group/MeritCare Health System is seeking BC/BE family medicine physicians. Excellent opportunities are available in Bemidji, Detroit Lakes, New York Mills and Walker, Minnesota, communities located in the heart of Minnesota lake country and North Dakota communities, Valley City and Jamestown. Good call arrangements and modern well-managed community hospitals. OB is preferred but not required. Immigration and state licensure requirements vary based on individual credentials. MeritCare has legal expertise available to provide guidance through these issues. Excellent salary and full benefits is being offered, paid malpractice, relocation allowance and immigration financial assistance is available as well as starting incentives available at most sites. To learn more visit our website at www.meritcare.com or contact: Jill Gilleshammer, Physician Recruiter, Phone: 701-280-4851, Fax: 701-280-4136, Email: Jill.Gilleshammer@meritcare.com.

Meridian Medical Clinic, a newly opened (2007) medical clinic, affiliated with the Deer River HealthCare Center has exceptional opportunities for both full time and part time Physicians. We invite you to consider these Family Practice positions. The ideal candidates will provide Family Practice physician services typically performed in a primary care clinic, weekdays only, no call. Take this chance to create what you'd like to experience in a practice setting; options to practice OB or other specialties welcome. You will enjoy a rich compensation package that can include a flexible salary design, malpractice insurance, paid continuing education, vacation, 401k and deferred comp plan. Please submit your CV, references and a cover letter of interest by Fax (218) 246-3013; or E-mail to alanemyers@drhc.org; feel free to contact me directly to further explore our opportunities: Amy Lane-Myers, Director of Human Resources, Deer River HealthCare Center/Deer River Meridian Medical Clinic, 218-246-3001; www.drhc.org. AA/EOE.

“Cuyuna Regional Medical Center” where Comprehensive Health Care Meets Lake Country Living. Central Lakes Medical Clinic, P.A., in Crosby, MN is seeking a BC/BE Family Medicine Physician W/OB and a BC/BE Internal Medicine Physician to join our multi-specialty group. Crosby is located 14 miles northeast of Brainerd/Baxter in the coveted Brainerd Lakes Area. Become a part of an independent practice while working collaboratively with our comprehensive and progressive medical campus. To learn more about exciting opportunities, call staff Physician Recruiter, Todd Bymark at 866-270-0043 or email Todd at tbymark@cuyunamed.org. Visit our websites at www.cuyunamed.org or www.centrallakesclinic.com.

Family Physician - Our dedication strengthens our community. A career at **Hennepin County** means you will provide direct services that impact and enhance our community. As a Family Physician, you will provide a full spectrum of ambulatory family medicine in a community clinic where the environment is diverse, urban and whose mission is “actively partnering for a healthier community”. Hennepin County offers an impressive benefits package that few organizations can match, like a defined benefit pension program (PERA), trade time for fitness, and much more! Visit us at www.hennepin.jobs. Strong Careers. Strong Communities. Recruiter contact: Jessica Huntington 612-348-2597 or Jessica.Huntington@co.hennepin.mn.us

Family Medical Center has an opportunity for a family practitioner who wishes to practice with a privately owned physician driven multi-specialty group practice. Family Medical Center, Little Falls, Minnesota is a 17 physician group practice; 10 FPs, 2 IMs, 1Ped, 2 GSs and 2 Ob/Gyns. Shareholder status is available after one year. Call schedule is 1:10, hospital provides ED coverage. The opportunity provides a competitive salary with bonus opportunity and an excellent retirement plan. Hospital is highly supportive and provides relocation assistance, signing bonus and two-year income guarantee. Little Falls is located in Central Minnesota on the Mississippi River. Abundant outdoor activities prevail as well as an excellent family centered quality of life. Contact us at: www.fmclf.com ddvorak@fmclf.com.

Altru Health System, a not-for-profit 260 bed Level II Trauma designated healthcare system in Grand Forks, ND, has opportunities for BC/BE physicians in the following specialties: Critical Care/Pulmonology, Cardiology (Interventional), Gastroenterology, Internal Medicine, Nephrology, Diagnostic Radiology, Dermatology, Rheumatology, Orthopedic Surgery, Family Medicine and Psychiatry. Join 188 physicians representing 44 specialties in a community of 65,000, serving a primary care area of over 250,000. Teaching opportunities available through the University of North Dakota School of Medicine. Altru Health System also has physician opportunities in two of our branch locations including the beautiful lake communities of Devils Lake, ND and Warroad, MN on Lake of the Woods. Specialties available in these areas include: Family Medicine - Devils Lake and Warroad, Internal Medicine - Devils Lake, General Surgeon - Devils Lake. Altru offers extensive and competitive salary and benefits packages. For more information on these opportunities contact: Kerri Hjelmstad, Altru Health System, PO Box 6003, Grand Forks, ND 58201-6003. Phone: 1-800-437-5373 ext. 6596 Fax: 701-780-6641 Email: khjelmstad@altru.org, www.altru.org.

Wabasha Clinic—Mayo Health System seeks a BC/BE Family Medicine physician (with OB) to join our staff of nine family physicians, a general surgeon, and five midlevel providers. Call is 1:9. In addition to competitive compensation there is also a comprehensive benefit package provided including fully paid malpractice insurance and free CME at Mayo Clinic Rochester. Wabasha is a scenic community located on the banks of the Mississippi River. Our community of 3,000 residents has a variety of outdoor recreation opportunities in addition to great schools and affordable housing. For further information contact John Shonyo, shonyo.john@mayo.edu, or call 888.577.5660.

Fairmont Medical Center—Mayo Health System in Fairmont, Minnesota is seeking Family Medicine physicians, (OB optional) and a Family Medicine physician for the Emergency Department. Call for FP is 1:9. We are a multi-specialty group offering an attractive benefit program and two-year salary guarantee with future production incentives. Our partnership with Mayo Health System allows us to consult with our colleagues at the renowned Mayo Clinic. FMC is totally integrated with physician practices, high-end diagnostics, 57-bed hospital and 40-resident nursing home. Fairmont is located 120 miles south of Minneapolis, MN. Contact Jeannie Green, 800-234-6141; green.jeannie@mayo.edu or www.fairmontmedicalcenter.org.

HealthPartners Medical Group is currently seeking full-time BC/BE Family Medicine physicians for the following primary care clinic locations: Apple Valley, Andover, Brooklyn Center, Coon Rapids, Como (St Paul), Lino Lakes, Maplewood, Roseville, and White Bear Lake. Practice options include full-range family medicine with or w/o OB, women's health, and sports medicine. Hospital call and rounding are optional. We offer a competitive salary, an excellent benefit package, paid malpractice and a commitment to providing exceptional patient-centered care. For more information contact diane.m.collins@healthpartners.com or call (952) 883-5453, toll-free: (800) 472-4695. Apply online at www.healthpartners.jobs EO Employer.


Apple Valley Medical Clinic, a full service, independent family practice clinic serving the fast-growing south suburbs of the Twin Cities, has a fulltime opening for a BC/BE family physician. In addition to our family practice program with 14 family physicians, we operate a unique 24/7 urgent care program, occupational health services, and offer convenient on-site access to medical imaging (CT, MRI, US, X-Ray & Mammography) a pharmacy, physical therapy, and full array of medical specialties on our modern campus. Our practice is physician-owned and governed. Please e-mail your resume to aberry@applevalleymc.com or call Adam Berry, administrator, at 952-953-9285 for more information.

Express HealthCare seeks part-time and casual family physicians to work in our State of Art Urgent Care facility. We offer a modern working environment utilizing an EMR, digital imaging and onsite automated prescription dispensing. We are located next to the National Sports Center in Blaine. We are open everyday from 10AM to 10PM. We offer competitive pay and flexible scheduling. Please contact Rick Leach, M.D. at RDLeach@AOL.com or call 612-760-7161.

Allina Medical Clinic-Mora, MN. Seeking a FP w/OB Physician. Stipend offered to residents while completing residency, full scope rural practice with 85% OP, 15% IP, call is 1:10, including clinic and hospital. C-section training available and routinely participate in medical student education. Recently renovated and financially sound hospital located 65 miles north of Minneapolis. We offer a competitive salary, comprehensive benefits package and malpractice insurance. For more information, please contact Allina Physician Recruitment Services, email: recruit@allina.com, phone: 800-248-4921. EOE

Family HealthServices Minnesota, P.A., St. Paul, MN. FHSM is a thriving, 68 provider independent Family Practice group with 13 offices in the St. Paul, MN area. We are looking for several physicians (OB or Non-OB) to join our practice. We offer full time, part time and the possibility of shared positions. About 2/3 of our physicians do OB. We currently have a combination office/hospital practice, but as hospitals move to a hospitalist model we will likely transition out of the hospital over the next several years. Our call is approx. a 1:10 ratio, but as we transition out of the hospital, that ratio will likely move to 1:20+. We offer competitive compensation, benefits and shareholder opportunities after a year. Please feel free to contact us at 651-772-1572 or email pberrisford@fhs.com for more information.



 **TWIN CITIES ORTHOPEDICS**
**4th Annual Practical
Orthopedics for Primary
Care Conference**

Education for Physicians and Others
Interested in Non-Surgical Orthopedics

January 23, 2009

Minneapolis
Convention Center

• “The Boat Show
Weekend”

To register, visit www.tcomn.com
or call 952-345-7732.

This issue of
Minnesota

Family Physician

is brought to
you through
the generous
support of
Twin Cities
Orthopedics.

MINNESOTA FAMILY PHYSICIAN

Minnesota Academy of Family Physicians
600 South Highway 169, Suite 1680
St. Louis Park, Minnesota 55426-1275
(952) 542-0130 • (800) 999-8198

Prsrt Std
U.S. Postage
PAID
Mpls, MN
Permit No.
3198



Please Recycle