

# MINNESOTA FAMILY PHYSICIAN

Newsletter of the Minnesota Academy of Family Physicians

## Anthony Lussenhop, M.D., Named Family Physician of the Year

By Kristie Thorson, MAFP Communications Coordinator

"I find myself in both amazement and disbelief that I could have been selected to receive such recognition," said Tony Lussenhop, M.D., as he stood before a group of family, friends and fellow family physicians at the All-Member Celebration on April 14, 2011.

The 46-year old doctor from Alexandria, received the Minnesota Family Physician

of the Year Award from the MAFP after being nominated by his patients. The award is given annually to a family physician who represents the highest ideals of the specialty of family medicine, including caring, comprehensive medical service, community involvement and service as a role model. Family physicians from across the state were nominated for the award by patients, community members, and colleagues. Three finalists were selected from the field of nominees. After reviewing dozens of nomination letters, the MAFP Board of Directors chose Dr. Lussenhop as the winner.

Dr. Lussenhop has practiced at the Alexandria Clinic for nearly 15 years. He also serves as the clinic's medical



The Lussenhop family: Carolyn, Sue, Dr. Lussenhop, Georgia, Lauren and Jack

director. Dr. Lussenhop attended medical school at the University of Minnesota and did his residency at the Duluth Family Medicine Residency Program. He spent his first three years after residency practicing at the La Clinica Del Valley in Rocky Ford, Colorado, before moving to Alexandria in 1997. He and his wife, Sue, have four children.

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Mary Baker, LPN, with Tony Lussenhop, M.D. The doctor/nurse team have been working together at Alexandria Clinic for eight years.

## House of Delegates Convenes in St. Paul

By Virginia Barzan, C.A.E., MAFP E.V.P.

On April 13, 2011, delegates from around the state accepted the challenge of considering 14 resolutions on a wide variety of topics of interest to family physicians in Minnesota. Led by Speaker of the House **Julie Anderson, M.D.**, and Vice Speaker **Daron Gersch, M.D.**, they took the following actions:

### Dues Increase

For the first time since 2001, MAFP dues will be increased by \$10 in 2012 for members in the Active category.

### Resident Representation

The MAFP Bylaws were amended to simplify and streamline the selection of Resident Delegates so that each residency program will have a delegate.



### Health Care Homes for All

In order to continue efforts to create an environment in which all Minnesotans are in a Health Care Home, the MAFP will advocate for

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## MAFP OFFICERS

Alan Olson, M.D.

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-President-Elect

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-Board Chair

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Richard Horecka, M.D.

-Director-At-Large

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-Speaker of the House

Mohammad Tariq Fareed, M.D.

-Vice Speaker

Virginia Barzan, C.A.E.

-Executive Vice President

## MAFP DIRECTORS

Corey Martin, M.D.

-Central Chapter

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-East Metro Chapter

To Be Determined

-Heart of the Lakes Chapter

Dania Kamp, M.D.

-Lake Superior Chapter

Chandra Gottipati, M.D.

-Lake of the Woods Chapter

Richard Horecka, M.D.

-Minnesota Valley Chapter

Roderick Brown, M.D.

-Park Region Chapter

Linda Bergum, M.D.

-Range Chapter

Kurt Angstman, M.D.

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-Southern Chapter

Steve Meister, M.D.

-Southwest Chapter

Carol Featherstone, M.D.

-West Metro Chapter

Hilary Hammell, D.O.

-Resident

Christine Spampinato

-Medical Student

## MAFP STAFF

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-Associate Director

Lisa Regehr

-Conference Coordinator

Barbara Skrivanek

-Accountant/Office Coordinator

Kristie Thorson

-Communications Coordinator

This issue of Minnesota Family Physician is brought to you by Physicians' Diagnostics and Rehabilitation.



## Coming Up

5/30	Holiday - MAFP Office Closed
6/25	MAFP Board Meeting
7/4	Holiday - MAFP Office Closed
9/5	Holiday - MAFP Office Closed
9/12 - 9/17	AAFP Congress of Delegates/ Scientific Assembly, Orlando, FL
9/14 - 9/16	MMA Annual Meeting, Duluth
10/8	Residency Recruitment Event

## Continuing Medical Education Courses

### Workshops in Clinical Hypnosis

Dates: June 2-4, 2011

Location: Minnesota Crowne Plaza Minneapolis West

CME Credit: 20.25 Prescribed credits

Provider: University of Minnesota

Website: <http://www.cmecourses.umn.edu>

Contact: Office of Continuing Medical Education

Phone: 612-626-7600 or 800-776-8636 Email: [cme@umn.edu](mailto:cme@umn.edu)

### Clinical Diabetes Management in Primary Care

Dates: June 9 - 10, 2011

Location: Minnesota International Diabetes Center, Minneapolis

CME Credit: 13.25 Prescribed credits

Provider: Park Nicollet Institute

Website: <http://parknicollet.com/cme/diabetes/>

Contact: CME Dept Phone: 888-786-3119

Email: [cme@parknicollet.com](mailto:cme@parknicollet.com)

### Hot Topics: Neurology and Neurologic Surgery in Primary Care

Dates: June 9-10, 2011

Location: Mayo Clinic, Rochester

CME Credit: 10.50 Prescribed credits

Provider: Mayo School of Continuous Professional Development

Website: <http://www.mayo.edu/cme/internal-medicine-and-subspecialties-2011r372>

### Complementary and Integrative Medicine: Where the Rubber Meets the Road

Dates: July 21-23, 2011

Location: Mayo Clinic, Rochester

CME Credit: 16.25 Prescribed credits

Provider: Mayo School of Continuous Professional Development

Website: <http://www.mayo.edu/cme/>

Phone: 800-323-2688

Email: [cme@mayo.edu](mailto:cme@mayo.edu)

For additional CME opportunities, visit [www.mafp.org/cme.asp](http://www.mafp.org/cme.asp)

**M**y friends and colleagues, thank you for the opportunity to serve you as president of our MN Academy of Family Physicians. Last year, Dr. Terry Cahill alluded to family practice as being the Rodney Dangerfield of medicine – we get no respect. That is changing, some would say too slowly, but increasingly, the value of primary care is being recognized and appreciated.

A recent article in the *New England Journal of Medicine* was titled “What is Value in Healthcare?” Value is defined as outcome relative to cost. The article points out that we have not done a very good job of measuring outcomes in healthcare. One example given was the Healthcare Effectiveness Data and Information Set (HEDIS) for 2010, by which so many physicians are judged. Of the 78 measures, only 5 are true outcome measures. All the others, are process related (ex. vaccine rates, colorectal screening).

In contrast, we do have outcome data to show the value of primary care. We all know about the studies that show primary care based systems have healthier populations at lower cost. We are accumulating more and more data that consistently shows that comprehensive, coordinated care delivered by a medical home model results in better outcomes with reduced costs, and those studies are using true outcome measures such as ER utilization and hospitalizations. The examples I looked at showed a 12-15% reduction or more in ER visits, a 16-24% reduction in hospital admissions, and consistently lower total cost of care for those patients. If we weren't getting any respect before, we should be getting it now. The Medical Home Model clearly adds value, and we should continue to support its implementation for the care of ALL of our patients, not just

# President's

## Message

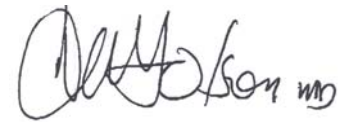
By Alan Olson, M.D.



those with chronic diseases.

Our mission as the MAFP is to promote family medicine and support family physicians as they (we) provide high quality, comprehensive, and continuous care for patients of all ages. We value advocacy, leadership, education and support. As president, I plan to continue to advocate for family medicine and family physicians, for broader implementation of the medical home model, for streamlining the process to become a medical home, and for payment reform that recognizes the value we bring to our healthcare system.

We will be doing strategic planning again this year. I hope you will share with me your thoughts and ideas about the issues that we face.



# THE BULLETIN BOARD

## Spring Refresher Presentations Now Online

Several presentations from the 2011 Spring Refresher are now online at [www.mafp.org](http://www.mafp.org). The presentations listed online are additional or updated material to what was provided on the flashdrive or in the printed syllabus.



## Minnesota Rural Health Conference

The Minnesota Rural Health Conference will be held June 27-28, 2011, in Duluth. This year's them *Cornerstones of Rural Health* reminds attendees of the building blocks of rural health: access, community, quality and value. For more information, please visit <http://www.health.state.mn.us/divs/orhpc/conf/index.html>. Register by June 10th to receive an early registration discount.

## Committee Chairs Announced

MAFP President, Alan Olson, M.D., has re-appointed the following committee chairs for the upcoming year.

Academic Affairs Committee  
**David Bucher, M.D.**

CME Committee  
**Gregory Angstman, M.D.**

Leadership Development Committee  
**Terence Cahill, M.D.**

Legislative Committee  
**Philip Stoyke, M.D.**

Membership and Member Services Committee  
**Corey Martin, M.D.**

Practice Enhancement & Patient Advocacy Committee  
**Robert Koshnick, M.D.**

Public Relations & Marketing Committee  
**Glenn Nemec, M.D.**

Research & Quality Improvement Committee  
**Therese Zink, M.D.**

# What's New

## Member News

**Gretchen Phillips, M.D.**, Hugo, appeared on the April 5th episode of *The Dr. Oz Show*. Dr. Phillips provided information to viewers on "5 Wrong Turns that Lead to Cancer." **Alan Olson, M.D.**, Redwood Falls, co-authored a letter to the editor on the importance of vaccinations with pediatrician **Robert Jacobson, M.D.** The letter appeared in the April 29th opinion section of the *Pioneer Press*. Family physician and MMA President, **Patricia Lindholm, M.D.**, Fergus Falls, was interviewed for a feature story that appeared in the March 2011 issue of *Minnesota Physician*. **Elizabeth Maloney, M.D.**, Wyoming, discussed the prevailing antibiotic protocol for Lyme disease prevention in the April 2011 issue of the *Wisconsin Medical Journal*.



Gretchen Phillips, M.D.

## Resident & Student Directors Elected

**Hilary Hammell, D.O.**, U of M/Methodist Family Medicine Residency Program, will serve as MAFP Resident Director and **Jon Currey, M.D.**, U of M/Duluth Family Medicine Residency Program as Alternate Resident Director for 2011-2012. **Christine Spampinato**, MS1-Mayo, will serve as the Student Director. **Julia Welle**, MS1, U of M - Duluth Campus, and **Dylan Bindman**, MS3, U of M - Twin Cities Campus, will serve as Alternate Student Directors.

## MAFP Leadership Listing

The following family physicians will serve as MAFP leaders in 2011-2012:

President - **Alan Olson, M.D.**

President-Elect: **Julie Anderson, M.D.**

Speaker of the House - **Daron Gersch, M.D.**

Vice Speaker - **Mohammad Tariq Fareed, M.D.**

Treasurer - **Ray Christensen, M.D.**

Director-At-Large - **Richard Horecka, M.D.**

Officer-At-Large - **Christopher Thiessen, M.D.**

Board Chair - **Kurt Angstman, M.D.**

AAFP Delegate - **Keith Stelter, M.D.**

AAFP Delegate - **Carol Featherstone, M.D.**

AAFP Alternate Delegate - **Lynne Lillie, M.D.**

AAFP Alternate Delegate - **David Hutchinson, M.D.**

## Membership Report March 1, 2011 - April 30, 2011

### New Active Members

#### Central Chapter

Joel Dunn D.O., Sauk Centre

#### East Metro Chapter

Jennifer Budd D.O., North Saint Paul  
Michael Lynch M.D., Oakdale  
Milan Za M.D., Forest Lake

#### Southeast Chapter

Mary Lee-Henderson M.D., Rochester

#### Southern Chapter

Scott Koehler M.D., Northfield  
David Miller M.D., New Ulm

#### West Metro Chapter

Paresh Ghodge M.D., Maple Grove  
Marianne Liu M.D., Maple Grove  
Pragati Pandey M.D., Minneapolis  
Ida Rapacz M.D., Minneapolis  
Chandima Ratnayake M.D., Minneapolis

### New Resident Members

#### North Memorial Health Care

Tria Lor M.D.

#### St. Joseph's Hospital

Kerry Kuffenkam M.D.



### New Student Members

#### University of MN - Duluth

Grant Mathison

#### University of MN - Twin Cities

Justin Boeke  
Benjamin Braus  
Tyler Bridge  
Brian Febbo  
Dave Houle  
Bin Li  
Emily Olson  
Katie Paulson  
Elliot Twiggs

### In Memoriam

Elton Wing M.D., Slayton  
Member enrolled 1977

### MAFP Membership (As of 3/31/11)

Actives = 2,196

Residents = 153

Students = 410

Life = 260

Inactive = 48

Supporting = 1

**Total = 3,068**

# No Budget Agreement Yet, But There Will Be Cuts

By Dave Renner, Legislative Representative

As you all know the state of Minnesota is facing a \$5 billion deficit for its 2012-2013 biennial budget. The legislature and Governor are required to pass a balanced budget before the end of this fiscal year on June 1, 2011. As this article goes to press, we are far from an agreement about how to address the deficit. Conference committees are meeting, the Governor and legislative leaders are in discussions, and compromises are being pursued.

Governor Dayton has laid out his budget that includes approximately \$3 billion of new taxes and revenues and \$2 billion of program cuts. The Republican-controlled legislature has passed budgets that propose \$5 billion in cuts alone.

As they work to find a compromise, there is one thing that is known—regardless of whether the budget deficit is filled with cuts alone or a combination of cuts and new revenues, there will be cuts to the health and human services programs.

Gov. Dayton proposed approximately \$900 million in health and human services cuts. The House and Senate proposed HHS cuts of \$1.8 billion.

The MAFF has been actively engaged in ensuring that whatever cuts are passed do not put our health care safety net at risk. While cutting benefits or coverage in our public health care programs will save the state money in the short-run, these cuts

will not necessarily reduce costs in our overall health care system. If low-income Minnesotans cannot afford the care they need, it doesn't mean they won't need the care. The cost of this care will be absorbed by clinics and hospitals as uncompensated care.



The focus of Minnesota's health care reform over the last five years has been on ensuring that patients receive care in the most cost-efficient way possible. There has been an emphasis on providing coverage for outpatient care, for chronic disease management, and for health care homes. Our fear is that the cuts being discussed seem to be a retreat from this focus.

With less than four weeks to go in session, the pace of legislative work is beginning to pick up. By the time you are reading this, agreements may have been reached. If so, it is MAFF's hope that these agreements do not put at risk our health care safety net, or retreat from the reforms we passed only two years ago. Stay tuned.

## Continued from Page 1 - FP of the Year



With his parents, Larry and Margaret Lussenhop, after graduating from medical school.

Those who nominated Dr. Lussenhop describe him a caring family physician who goes above and beyond to help his patients. "If there is an issue, he will take his own time in the evening or on the weekend to call and check on you," said patient Jennifer Lorentz.

Dr. Lussenhop is admired for his wealth of knowledge, excellent communication skills and compassion. In a letter to the MAFF, patient Alice Halvorson



A young Tony Lussenhop

wrote "He takes plenty of time with me. I never feel rushed."

Along with a full patient schedule and administrative duties, Dr. Lussenhop helps to educate future medical students by serving as a preceptor for the Rural Physician Associate Program. He is also active at his church, sits on hospital

committees, serves on the Vikings Saving Bank Board of Directors, and during the winter months, he works as a ski patroller at Andes Tower Hills.

"He's a really nice individual," said Ron Zibell, Andes Tower Hills general manager. "He is always willing to pitch in and help and he always has a smile on his face. It's just a treat to have him around."

Alexandria resident Hardy Huettl summed it up best. "He's the complete package you might say. A great doctor, citizen and father," said Huettl.



A very surprised Dr. Lussenhop after discovering that his wife was not in New York as expected, but instead changed her plans to attend the award ceremony.



The Lussenhop family on vacation.

reimbursement for services to support the transformational changes needed to provide a primary care Patient-Centered Medical Home for everyone, and promote the concept of a Health Care Home, not only those with a chronic disease,

but for all patients, and carry this resolution to the Health Care Home Payment Methodology Steering Committee, the AAFP, the MMA and the AMA with the goal that everyone in the United States ultimately have a medical home relationship with a primary care provider.

We will encourage the reexamination of the process of certification of Health Care Homes to simplify and streamline it and extend the length of certification to 3 years. The MAFP will ask the Minnesota Department of Health and other state agencies to expedite the development of a payment methodology by health plans for certified health care homes.

**Formularies and Prior-Authorizations**

The MAFP will work to require that all pharmacy benefit plans provide coverage for at least one inhaled steroid, one short acting beta adrenergic inhaler, and one rate controlling spacer in their formulary and that any co-pays are required to be at their lowest tier level. A similar resolution will be taken to the AAFP Congress of Delegates.

The MAFP will also pursue the regulation of Pharmacy Benefit Managers (PBMs) in Minnesota to: require their personnel, especially those making coverage or denial decisions, to be medically knowledgeable; exempt well-proven and effective medications after they have been reviewed and approved by an appropriate multi-disciplinary formulary oversight group; and



require connectivity/information exchange between insurers and PBMs so that medication coverage decisions are not made without knowledge and understanding of the patient's condition. The MAFP's position is that prior authorization requirements for generic medication should be prohibited and a resolution be taken to the AAFP Congress of

Delegates. Also, the MAFP will work with the MMA to meet with the Council of Health Plans and institute this prohibition as soon as possible. If the health plans refuse to abide by this prohibition, that the MAFP will ask the Minnesota Department of Health to take action as a means to help control health care costs in the state of Minnesota.

**Minnesota Community Measurement**

The MAFP's position is that the Minnesota Community Measurement Project should provide waivers for all federally funded research designed to evaluate clinical care or practice (comparative effectiveness research, quality studies, delivery studies and others funded by NIH, AHRQ, CMS, ONC, CDC). Those waivers should be reported by the Project to the public and payers stating that these practices are involved in a research study that could potentially affect the measures and should not report the measures.

**Doctors Brave Cold Weather to Participate in Family Docs in Motion 3K Walk/Run**

The weather may have been colder than normal and the group smaller than usual, but several brave souls still bundled up to participate in the Family Docs in Motion 3K Run/Walk presented by the MAFP Foundation.



Family doctors participate in an early morning walk/run on Friday, April 15, 2011.

The annual event took place at 6:15 a.m. on the Friday morning of the Spring Refresher. Thank you to all of the doctors who demonstrated their commitment to living a healthier lifestyle by participating in the run/walk!

 Find us on Facebook

*Do you 'LIKE' the MAFP?*

To find us, simply log into your FB account and search for Minnesota Academy of Family Physicians.

*Then hit the "like" button at the top.*



# Spring Refresher News

## Spring Refresher Draws 400 Attendees in 2011



David Thorson, M.D., has Emmy Earp, M.D., a resident at U of M/Methodist, get up high so the entire group could see his demonstration.

The MAFP welcomed 401 registrants to its 2011 Spring Refresher. Educational sessions took place on April 14th and 15th at the Crowne Plaza Riverfront Hotel in St. Paul. Of those attending, 339 were family physicians, 14 were allied professionals, 38 were residents, and 10 were students.

More than 30 different CME topics were offered, including a SAMS study group session on Cerebrovascular Disease. This year, a hands-on session focusing on lower back pain, got participants out of their seats and on to the tables as attendees formed groups to try out some

of the tips and tricks presented by **David Thorson, M.D.**, and **Steve Peterson, P.T.** Many participants changed into stretchable shorts provided by the speakers so they could move around as needed.



Sandra Johnson, M.D., with medical student, Jaime Wirth.

Mark your calendars for next year's Spring Refresher which is scheduled for April 26-27, 2012, at the Minneapolis Convention Center. A hotel room block will be held at the nearby Hyatt Regency Hotel.

Registrants attend a general education session in the Great River Ballroom.

## Family Physicians Rock!

MAFP staff sported their Family Physicians Rock t-shirts at this year's Spring Refresher.

The shirts are available in five sizes and three different colors: white, charcoal or pink. They can be purchased online through AAFP's



Lynn Balfour, Foundation Executive Director, Kristie Thorson, Communications Coordinator, and Kelly Bellomy, Membership Coordinator, show off their Family Physicians Rock t-shirts!

Products and Services Catalog. To find the catalog, go to [www.aafp.org](http://www.aafp.org), click on the 'About Us' tab, and then click on 'Shop AAFP Products.'

The cost per t-shirt for members is \$19.95 or \$29.95 for non-members.

Get your t-shirt to let everyone know that Family Physicians Rock!



Ryan Kelly, M.D., and Karen Vrchota, M.D., work on Nicholas Krueger, M.D.



## Thank You Dr. Cahill

The MAFP would like to say a big thank you to **Terence Cahill, M.D.**, for his service to the Academy as the 2010-2011 President.

Over the course of the year, Dr. Cahill has proven his commitment to the MAFP and family medicine. He has worked with numerous committees in the medical community, attended dozens of healthcare meetings and has promoted the medical home whenever possible.

The MAFP thanks you for your leadership, dedication and passion. Dr. Cahill will continue to serve the MAFP as Immediate Past President.



Terence Cahill, M.D.

# New MAFP Leaders Installed at All-Member Celebration

MAFP leaders were recognized during the All-Member Celebration on Thursday, April 14, 2011. AAFP Board Member, **Jeffrey Cain, M.D., of Aurora, Colorado** formally installed **Alan Olson, M.D.**, as the 2011-2012 MAFP President. Dr. Olson is a family physician



Alan Olson, M.D., is installed as MAFP President.



Dr. Olson's family attended the dinner to witness his installation as MAFP President.

with Affiliated Community Medical Centers (ACMC) in Redwood Falls, MN. His wife and two of his three children were able to attend the event and witness his installation. As Academy president, he will serve as the official representative

for the MAFP, will be a member of the Board of Directors and will chair the Executive Committee of the Board of Directors, in addition to promoting the ideals and concepts of family medicine. Congratulations Dr. Olson and best wishes for a great year!

Officers present from left to right: Julie Anderson, M.D., President-Elect; Daron Gersch, M.D., Speaker of the House; Ray Christensen, M.D., Treasurer; Keith Stelter, M.D., AAFP Delegate; Mohammad Tariq Fareed, M.D., Vice Speaker; Carol Featherstone, M.D., AAFP Delegate. Not pictured: Kurt Angstman, Board Chair; Richard Horecka, M.D., Director - At-Large; Christopher Thiessen, M.D., Officer-At-Large; Lynne Lillie, M.D., AAFP Alternate Delegate; David Hutchinson, M.D., AAFP Alternate Delegate



## Thank You to Our Spring Refresher Partners

### Educational Grantors

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### Exhibitors

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Abbott Northwestern Hospital  
Acute Care, Inc.  
Affiliated Community Medical Centers  
Alcoholics Anonymous - So. MN  
Allina Bariatric and Weight Loss Surgery Services  
Allina Hospitals & Clinics  
Alzheimer's Association  
Amgen  
Amylin Pharmaceuticals  
Astellas Pharma US, Inc.  
AstraZeneca  
Audiology Concepts/ Tinnitus and Hyperacusis Clinic  
Bayer HealthCare Pharmaceuticals  
Boehringer Ingelheim Pharmaceuticals, Inc.  
Children's Hospitals and Clinics of Minnesota

Daiichi-Sankyo  
Emergency Practice Associates  
The Emily Program  
Epilepsy Foundation of Minnesota  
Essentia Health  
Evercare  
Fairview - Institute for Athletic Medicine  
Fairview Health Services  
Gillette Children's Specialty Healthcare  
GlaxoSmithKline  
HealthEast Medical Laboratory  
HealthPartners  
Immanuel St. Joseph's - Mayo Health System  
Impact Physical Medicine & Aquatic Center  
Lilly USA  
Mankato Clinic  
MAPS Medical Pain Clinics  
Mayo Health System  
MedImmune  
Medi-Sota/Rural Health Alliance  
Medtox Laboratories  
Merck

Merck Vaccines  
Minneapolis Radiology/  
Minneapolis Vascular Physicians  
Minnesota Department of Health - Child and Teen Checkups  
Minnesota Department of Health - Health Care Homes  
Minnesota Department of Health - Minnesota Children & Youth With Special Needs  
Minnesota Head and Neck Pain Clinic  
Minnesota Lyme Association  
Minnesota Medical Association  
Minnesota Ovarian Cancer Alliance (MOCA)  
Minnesota Prematurity Coalition  
MMIC Group & MMIC Health IT  
National Dizzy and Balance Center  
National Medical Resources  
National Rural Health Resource Center  
New Ulm Medical Center  
Novartis

Novo Nordisk  
Park Nicollet Health Services  
Park Nicollet Melrose Institute  
Physicians' Diagnostics & Rehabilitation  
Prairie Lakes Healthcare System  
PriCara, Division of Ortho-McNeil-Janssen Pharmaceuticals, Inc.  
Purdue Pharma, LP  
Reckitt Benckiser  
Sanofi-Aventis  
St. Cloud Hospital  
St. Paul Radiology, P.A.  
Stillwater Medical Group  
Summit Orthopedics  
Sunovion  
Takeda Pharmaceuticals  
Teva Respiratory  
UCare  
UM Family Medicine & Community Health/ RPAP  
United Hospital  
Virginia Regional Medical Center  
Wapiti Medical Group  
Winona Health

# 2011 MAFP Award Winners

## Family Physician of the Year



**Anthony Lussenhop, M.D.**, Alexandria, is the recipient of the 2011 Minnesota Family Physician of the Year Award. This award is presented annually to a family physician who represents the highest

ideals of the specialty of family medicine, including caring, comprehensive medical service, community involvement and service as a role model. Dr. Lussenhop practices at the Alexandria Clinic in Alexandria, MN. He has been a family physician in the community for almost 15 years and also serves as the clinic's medical director. Those who nominated Dr. Lussenhop describe him a caring family physician who goes above and beyond to help his patients. Dr. Lussenhop is admired for his wealth of knowledge and excellent communication skills.

## Teacher of the Year



**Jeremy Springer, M.D.**, St. Louis Park, was named the 2011 Teacher of the Year. The award is given annually to an outstanding teacher of family medicine in either an academic or practice setting.

Dr. Springer is the Director of the U of M/Methodist Family Medicine Residency Program. He also practices at Park Nicollet-Creekside and is an Assistant Professor at the U of M Medical School. Those who nominated Dr. Springer describe him as knowledgeable, enthusiastic and dedicated. They say he instills comfort and ease allowing students to learn and succeed in a positive environment. One nominator wrote "Dr. Springer's mission is evident: to graduate highly competent, well-rounded, sincere family physicians who also have a passion to teach."

## President's Award



**Jeff Schiff, M.D., MBA**, is the recipient of the 2011 President's Award. The award is given to someone who has made an outstanding contribution to the specialty of family medicine and the

Academy. Dr. Schiff is the Medical Director for Minnesota Health Care Programs at the Minnesota Department of Human Services. Dr. Schiff received the President's Award because he has been a strong advocate for advancing the concept of health care homes in the state. He supported and provided energy to the process from the very beginning. Outgoing MAFP President, Terence Cahill, M.D., says Dr. Schiff's presence played a significant role in achieving the progress seen in developing health care homes in the state.

## Researcher of the Year



**Kolawole Okuyemi, M.D.**, Minneapolis, received the 2011 Researcher of the Year Award. The recipient of the award must have contributed in an outstanding manner to the development of

family medicine research in Minnesota and/or nationally. Candidates are nominated by their colleagues. Dr. Okuyemi is an Associate Professor at the University of Minnesota Medical School and is the Director of the Program in Health Disparities Research. He is also Director of Cancer Health Disparities for the Masonic Cancer Center. Nominators say Dr. Okuyemi's career has been devoted to research and programs to improve the health of minorities and eliminate health disparities using pharmacological and culturally tailored behavioral interventions. He has been Principal Investigator and Co-Investigator on federally-funded studies aimed at reducing tobacco-related health disparities.

## Resident of the Year



**Sara Oberhelman, M.D.**, Mayo Clinic Family Medicine Residency Program, was chosen as the 2011 Resident of the Year. The award recognizes a third-year resident for significant contributions

to family medicine in the community, including teaching, leadership and educational activities. A graduate of Rockhurst University in Missouri and the University of Kansas School of Medicine in Kansas City, those who nominated her say she has natural leadership qualities and regularly seeks out opportunities to serve others. Dr. Oberhelman currently serves as academic chief resident. In this capacity, she has organized weekly teaching sessions to encourage research involvement by all and has also started an intern support group. One nominator wrote "Dr. Oberhelman can often be found taking time to individually teach or encourage a younger resident."

## Medical Student Award



**Lindsey Chmielewski**, University of Minnesota Medical School, was given the 2011 Medical Student Award for Contributions to Family Medicine. The award recognizes a medical student

for family medicine activities on a local, community, medical school, state or national level. Nominators say Chmielewski has been enthusiastic in her desire to pursue family medicine and to care for the underserved. They describe her as a person who leads by example and say she has a strong work ethic and maintains the highest integrity in all of her activities. Chmielewski completed RPAP in Willmar. There she was involved with a migrant health services research project. She also did a research project that studied health care disparities for Latinos as well as a community service project with the Adult Learning Center working with English as a Second Language students.

# Family Medicine Researchers Gather for the 2011 Research Forum

By Lisa Regehr, Conference Coordinator

The 2011 Research Forum took place on Saturday, April 2, at HealthPartners in Bloomington.

**Debra Gould, M.D., MPH**, Associate Clinical Professor at the University of Washington School of Medicine and a family physician at Central Washington Family Medicine Residency Program, was the opening presenter. She spoke on *Research and Behavioral Change*. **Barbara Yawn, M.D., M.S., M.Sc.**, Director of Research at Olmsted Medical Center and Adjunct Professor University of Minnesota Department of Family Medicine, presented a workshop on *Funding Resources for Research*.



Therese Zink, M.D., Chair of the Research Committee, and Debra Gould, M.D., Research Forum Opening Speaker

Just a few of the abstract and poster presentations were *Clinician Adherence to Guidelines for Phototherapy Use in Newborns*, *Hypertension Screening in Healthy Average Risk Adults-Current Practices Versus Limited Biennial Screening*, and *Standards of Care and Antibiotic Resistance in Community Acquired Urinary Tract Infections*. Recipients MAFF Foundation Resident Research Grants and David Mersy, M.D., Student Externships presented on their projects. Presentations will be online in May at [www.maffp.org](http://www.maffp.org).

Abstracts chosen as Papers of Greatest Interest were *Exploring Policy Solutions to Improve Middle School Breakfast Participation*, **Susie Nanney, Ph.D., MPH, RD**, Assistant Professor, University of Minnesota Department of Family Medicine and Community

Health; *Healthy West 7th! A Resident-Neighborhood Partnership to Improve Neighborhood Health*, **Kate Vickery, M.D.**, MAFF Foundation Resident Research Grant Recipient, 3rd Year Resident, Allina United Family Medicine Residency Program, and *Better Immunization Education: Starting Before Birth*, **Robyn Endrud**, 4th Year Medical Student, University of Minnesota.



Kate Vickery, M.D., (left) recipient of a MAFF Foundation Resident Research Grant, was joined by members of Saint Paul's West Seventh neighborhood to present her project *Healthy West 7th!*

Thank you to sponsors of the Research Forum: **Allina Hospitals and Clinics – United Family Medicine Residency**, **ClearWay Minnesota**, **HealthPartners Research Foundation**, **Mayo Clinic Rochester Department of Family Medicine**, **Park Nicollet Foundation – University of Minnesota Methodist Family Medicine Residency**, **UCare**, and **University of Minnesota Department of Family Medicine & Community Health**. **Therese Zink, M.D.**, provided in-kind support for our opening presenter.

Co-chairs of the Research Forum were **Katherine Guthrie, M.D.**, Family Physician, Allina Hospitals and Clinics - United Family Medicine Residency Program; Adjunct Associate Professor, Department of Family Medicine and Community Health, University of Minnesota and **Angela L.H. Buffington, Ph.D.**, Assistant Professor, Director of Behavioral Medicine, University of Minnesota Mankato Family Medicine Residency.

## 2011 Research Forum Papers of Greatest Interest

### Faculty Paper: Exploring Policy Solutions to Improve Middle School Breakfast Participation

**Presenter:** Susie Nanney, Ph.D., MPH, RD

**Other Authors/Investigators:** Temitope M. Olaleye, MPH, Qi Wang MS, Esther Motyka RD, Julie Klund-Schubert

**Objective or Hypothesis:** School Breakfast Program (SBP) eaters weigh less and have healthier diets than non SBP eaters. However, SBP is underused nationally, especially among low income youth. The goal was to develop and test the impact of providing convenient menu, serving times and eating locations and marketing strategies to promote School Breakfast Program (SBP) participation among a diverse group of middle school students in a suburb of Minneapolis, Minnesota.

**Population:** Administrators, teachers, staff and students of Northdale Middle School, Anoka-Hennepin School District.

**Methods:** Guided by the school Wellness Committee, policy strategies were explored incrementally. First, a grab and go menu more in line with the Institute of Medicine 2009 recommendations was developed. Second, eating in the classroom was explored with a cross-section (n=139) of sixth grade students in four intervention and four control classrooms

and evaluated at pre and post test during fall 2009. Third, an accessible serving location was explored through hallway cart service with all sixth graders and evaluated with a cross-section of students (n=239) at post test only during spring 2010. Lastly, a SBP promotional campaign was developed with guidance from the student counsel. Process measures were collected from teachers, direct observations and food service time studies.

**Main Results:** Students were very satisfied with the menu (64-87%) and eating in the classrooms (64-83%). Teachers rated eating in the classroom as not messy, not disruptive and student behavior as excellent or good (94-100%). There was a significant increase in SBP participation from 0.3 days per week to 2.1 days per week (p<.0001) for homeroom delivery and from 0.5 days per week to 1.2 days per week (p<.0001) for hallway delivery. Improvements were more pronounced among students enrolled in free and reduced priced meals.

**Conclusions:** Small steps testing feasibility and acceptability by students, teachers and food service was a practical approach for this school to explore ways to expand their SBP program. Improving access to SBP may be especially beneficial for at risk youth.

**Funding Sources:** NCI K07CA114314-03

## 2011 Research Forum Papers of Greatest Interest

### Resident Paper: Healthy West 7th! A Resident-Neighborhood Partnership to Improve Neighborhood Health

**Presenter:** Katherine (Kate) Diaz Vickery, M.D., MAFP Foundation Resident Research Grant Recipient; 3rd Year Resident Allina United Family Medicine Residency Program

**Other Authors/Investigators:** Katherine Guthrie, M.D., Sarah Carlson, M.D., Lisa Phifer, M.D., Ramsey Peterson, M.D., and Amy Schneider, M.D.

**Objective or Hypothesis:** The United Family Medicine (UFM) Residency class of 2011 has collaborated with neighborhood leaders to complete a qualitative asset map/needs assessment of Saint Paul's West Seventh neighborhood—home to their hospital and clinic (a 501(c)(3) community clinic and federally qualified health center look-alike). This project has utilized a Community-Based Participatory Research (CBPR) approach partnering with neighborhood leaders, service organizations, and businesses in the project's design and execution. Multi-method data collection has included quantitative demographic data as well as qualitative data probing how participants characterize their community, stay healthy, and what they need to be healthier. Methods included surveys and key informant interviews as well as focus groups completed by resident physicians in partnership with community members. Our approach intentionally paralleled similar efforts completed recently in Minneapolis (Allina's Backyard Project) and built upon a historical precedent of health improvement efforts done in this neighborhood in the late 1990's (West 7th Community Partnership). Our goals were to enter into an existing conversation about the future of the neighborhood to vision about strengths and areas for potential collaboration around health improvement. Resident physician participants accomplished curricular requirements, learned skills about community engagement, and interacted closely with neighborhood partners. Results of this project will lay groundwork to improve the alignment of future resident community projects with salient neighborhood concerns. Data analysis is following an immersion/crystallization approach of qualitative analysis by a resident physician (Vickery) in partnership with a community member skilled in qualitative analysis. Themes affecting health identified by the community fall under broad categories of support from clinics/other care providers, environmental factors (neighborhood safety, connectedness with neighbors), personal factors (employment, finances, family life), and social networks of support (work community, church/religious group, and friends). Sub-themes indicate a desire by varied sectors of the community for improved coordination of services, informal "chats" about health topics with medical providers, access to family-friendly, affordable physical fitness opportunities, and interest in more community garden space. We plan for a large, open-forum meeting in May, 2011 to share our findings with the community and together plan for next steps. Reproducibility of this approach could be of interest to other federally qualified or community health centers who follow a patient-centered approach and

are run by a patient-majority board especially those that are home to residency programs.

**Mentor:** Katherine Guthrie, M.D.

**Funding Sources:** MAFP Foundation, AAFP Foundation – Family Medicine Philanthropic Consortium and Allina's Center for Healthcare Innovation

### Student Paper: Better Immunization Education Starting Before Birth

**Presenter:** Robyn Endrud, 4th Year Medical Student, University of Minnesota

**Objective or Hypothesis:** To establish an understanding of patients' current beliefs and attitudes about vaccinations, and explore whether these beliefs can be altered by providing educational material.

**Population:** Pregnant volunteers (n=29) were recruited by verbal invitation from a CMA during a prenatal visit at a Fairview clinic in Wyoming, MN. Most of the women were multigravida (69%) and white.

**Methods:** The study took place in March of 2010. Participants filled out a questionnaire (n=29), were given educational vaccine material to read (n=29), and filled out a follow-up questionnaire (n=15). The instrument included questions about the patient's beliefs regarding controversial topics like vaccines causing autism, vaccine safety, and immunization scheduling, as well as their basic understanding of vaccine-preventable diseases and their desire for vaccine information during the prenatal period. Patients received a \$15 gift card for each questionnaire as compensation for their time and inconvenience.

**Main Results:** Mothers' beliefs and knowledge about vaccinations did change significantly in response to educational material, although overall rating of vaccines as "safe" did not (86% to 87%). However, the percentage of patients with specific concerns about safety in regards to autism, additives, vaccine schedules and the number of vaccines given at one time was high (62%, 55%, 58%, and 55% respectively), and these percentages improved dramatically after education was provided on the topics (19%, 13%, 13%, and 14%, respectively). Ninety percent of the patients answered they would like vaccine information during the third trimester and 100% of those who filled out questionnaire B found the educational material worthwhile.

**Conclusions:** Although there is a small sample size, the findings show a high prevalence of concern about vaccinations among pregnant mothers, and science-based knowledge about vaccines is lacking among this group. These beliefs and attitudes towards vaccines were positively influenced through education, and there is a desire among pregnant women to learn more about immunizations before the child is born. These findings have guided Fairview to invest new efforts in educating their obstetric patients system wide. A follow-up study needs to be done comparing vaccine completion rates between two year-olds of parents with and without childhood vaccine education during the prenatal period.



# MINNESOTA ACADEMY OF FAMILY PHYSICIANS FOUNDATION NEWS



*The mission of the MAFP Foundation is to support family physician health care delivery, research and education, and to promote the specialty of family medicine.*

## Foundation Awards Grants to Students and Residents

For over twenty years, the **David Mersy, M.D. Summer Externship Program** has helped medical students explore the specialty of family medicine by designing and implementing a clinical or research project that is important to family medicine. This year's Mersy externs include:

**Cory Buschmann**, MS2, University of Minnesota Medical School – Twin Cities. Project: The impact of healthcare provider and community values on HPV vaccine in adolescents. Mentor: Jeremy Springer, M.D.

**Peter Meyers**, MS1, University of Minnesota Medical School – Twin Cities. Project: Identifying barriers to diabetes care in underserved populations. Mentor: Jon Hallberg, M.D.

**Katie Paulson**, MS1, University of Minnesota Medical School – Twin Cities. Project: Health education needs of homeless and low income patients. Mentor: Jon Hallberg, M.D.

Two years ago, the MAFP Foundation developed a program to introduce family medicine residents to practice-based research and improvements to patient care. This year's recipients of the **Resident Research Grant Program** include:

**Melissa Choi, M.D.**, University of Minnesota, Methodist Hospital Family Medicine Residency Program. Project: Family physician and pharmacist collaboration: can we improve transitions from the inpatient to outpatient setting for our most complex patients? Mentor: Lynn Manning, M.D.

**Sabeen Munib, M.D.**, University of Minnesota, Smiley's Clinic Family Medicine Residency Program. Project: Screening for Autism spectrum disorders in a family medicine clinic with a large Somali population. Mentor: Diane Madlon-Kay, M.D., M.S.

Congratulations to the student and resident grant recipients. Funding support for these student and resident programs comes from MAFP members, AAFP Foundation and its Family Medicine Philanthropic Consortium, North Memorial Medical Center and the Shakopee Mdewakanton Sioux Community.

## Auction Raises Nearly \$7,000 for Foundation Programs

Thanks to everyone who participated in the auctions at the House of Delegates annual meeting and Spring Refresher Conference. Friendly yet competitive bidding by MAFP members and exhibitors helped raise almost \$7,000 for the Foundation. This successful fundraiser was possible through the generosity of nearly fifty businesses, organizations and individuals who donated items to the auctions. Watch for the next issue of the *Minnesota Family Physician* for a list of auction donors.

## Medica Reimburses Providers for Evidence-Based Health Promotion Programs

During 2011, members of Medica's DUAL Solution® health plan, a plan for older adults eligible for Medicare and Medical Assistance, have a new benefit that reimburses providers \$120 per DUAL Solution® member who successfully completes an evidence-based health promotion class series.

This new benefit will be of interest to family medicine clinics planning to offer evidence-based health promotion programs such as Stanford University's Chronic Disease Self-Management Program which is supported by the MAFP Foundation.

The MAFP Foundation offers funding and implementation assistance to clinics that want to pilot the Chronic Disease Self-Management Program (via a funding contract with MDH). Contact Lynn Balfour at [foundation@mafp.org](mailto:foundation@mafp.org) for more information.



*A patient shares her experience with the Chronic Disease Self-Management program during the House of Delegates in April.*

To learn more about the new Medica DUAL Solution® health plan benefit, reimbursement, billing and claims, contact the Medica Provider Service Center at 800-458-5512 or Lynn Balfour at the MAFP Foundation at [foundation@mafp.org](mailto:foundation@mafp.org).

## Pertussis Vaccination Campaign

Over 1,000 cases of pertussis have been reported in Minnesota each year over the last three years, rivaling rates seen in California. Family physicians and healthcare personnel are encouraged to join the Pertussis Vaccination Campaign and get immunized to decrease the spread of this contagious disease. To learn more visit [www.mafp.org/foundation](http://www.mafp.org/foundation).



*Mai Vang, Medical Assistant, and Jamie Lyn Reinschmidt, M.D., from HealthPartners North Suburban Family Physicians - Roseville support the Pertussis Immunization Campaign.*

asp or contact Lynn Balfour at [foundation@mafp.org](mailto:foundation@mafp.org). Thank you in advance for participating in this patient safety project.



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**Affiliated Community Medical Centers, Willmar, MN:** Physician-owned multi specialty clinic is seeking a full-time physician to join the Family Practice Department in their Willmar, Redwood Falls, Granite Falls, Marshall, Litchfield and Benson affiliates. These positions offer a guaranteed salary plus production incentive and an outstanding benefit package. For further information, please contact Kari Bredberg, Physician Recruitment, 320-231-6366 or e-mail [karib@acmc.com](mailto:karib@acmc.com); or Julayne Mayer, Physician Recruitment, 320-231-5052 or e-mail [mayerj@acmc.com](mailto:mayerj@acmc.com). Website: [www.acmc.com](http://www.acmc.com).

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**RiverView Health**, an integrated health system in NW Minnesota, is seeking family practitioners to join its hospital-affiliated multi-specialty practice. Practice comprises both inpatient and office. Limited call. Organization committed to being a leading regional provider, shown by investments in imaging (256 CT and 3.0T MRI and full digital imaging), transition to Epic as full EHR solution, and physician-led quality initiatives. Strong specialty support includes (on site) general surgery, orthopedics, gastroenterology, urology, gynecology, podiatry, plastic surgery, ENT, pediatrics, integrative medicine, and more! Generous salary/benefit structure and great practice environment. Contact Larry Laudon, VP Physician Services ([LLaudon@RiverViewHealth.org](mailto:LLaudon@RiverViewHealth.org)) for more information.

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**You are the difference. You are Essentia Health.** Essentia Health is an emerging network of hospitals and clinics across Minnesota, Wisconsin, North Dakota and Idaho. Join 750 physicians across 55 medical specialties in delivering care that makes patients feel known and understood. Seeking Family Physicians in Aurora, Detroit Lakes, Fosston, Hibbing, International Falls, Park Rapids and Virginia, Minnesota; Fargo and Jamestown, North Dakota; Ashland and Superior, Wisconsin. ER and float pool positions also available. Choose from flexible practice models with outreach support. Positions offer competitive compensation and benefits. EOE/AA [EssentiaHealth.org/Careers](http://EssentiaHealth.org/Careers)

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**Winona Health**, Winona Minnesota's community healthcare system is seeking a board certified Family Medicine physician to join our progressive healthcare team. Enjoy full time employed position joining an established clinic. Practice includes full-scope Family Medicine services with OB optional. Second call 1:10. Modern facility with new MOB and state-of-the-art equipment/technology and 24-hour staffed ER, Imaging and Lab. Position is part of a multispecialty group with internal medicine, general surgery, pediatrics, OB/GYN, Ortho and Ophthalmology. Winona, a sophisticated community with art exhibits, museums, theater and several festivals; also offers quality schools, two universities, international businesses, and endless recreational opportunities from boating to indoor tennis. Winona is located within 45 minutes of two airports. Contact Cathy Fangman 800.944.3960 ext 4301, [cfangman@winonahealth.org](mailto:cfangman@winonahealth.org); [www.winonahealth.org](http://www.winonahealth.org).

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**Red Cedar Medical Center-Mayo Health System in Menomonie, Wisconsin**, seeks a BC/BE Family Medicine physician. OB optional. Call of 1:10.5. EMR, PACS. 45 physician multi-specialty clinic and a 25-bed critical access hospital, owned by Mayo Clinic. Competitive salary guarantee and complete benefit package. Menomonie, a city of 16,000, is home to the 9,300 students at the University of Wisconsin-Stout and located one hour east of Minneapolis/St. Paul. The community and surrounding area is home to abundant four-season recreational opportunities. For more information contact Cyndi Edwards at 1-800-573-2580; fax 715-838-6192; or [edwards.cyndi@mayo.edu](mailto:edwards.cyndi@mayo.edu). Visit our website at [www.rcmc-mhs.org](http://www.rcmc-mhs.org) EOE

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**Luther Midelfort Northland-Mayo Health System** in Wisconsin is seeking a physician, BC/BE in Family Medicine. Our Barron, WI location has a traditional family practice with OB. OB call of 1:6. General call of 1:13. Luther Midelfort is a 240-physician directed, integrated hospital and multispecialty clinic based in Eau Claire, WI and owned by Mayo Clinic. Our physicians practice evidence based, protocol driven medicine. EMR, PACS, and other on-line resources make it possible to practice state-of-the-art medicine in a vacation-like setting. Barron is located in Northwest Wisconsin, 100 miles east of Minneapolis, MN and 50 miles north of Eau Claire, WI. Barron is a community of 3,500. The area is promoted as a prime recreational area for tourists and locals year round. Contact Cyndi Edwards, 800-573-2580; [edwards.cyndi@mayo.edu](mailto:edwards.cyndi@mayo.edu); fax 715-838-6192; or visit our website at [www.luthermidelfort.org](http://www.luthermidelfort.org). EOE

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**Mille Lacs Health System** is seeking a Family Physician to join their rural practice on the southern tip of Lake Mille Lacs in Onamia, Minnesota. Our 7 Family Physicians, 8 PAs, and a Gen Surgeon provide a unique opportunity with 4 outreach clinics, a 25-bed Critical Access Hospital, and attached Geriatric Psych Unit and LTC facility. We also provide services to the Mille Lacs Band of Ojibwe. Minimum qualifications: Must have an MD/DO in medicine from an accredited school and be licensed to practice in the state of Minnesota. Guaranteed competitive salary. Mille Lacs Health System is an integrated healthcare organization that tends to the lifelong healthcare needs of all its patients. Come live where there is excellent hunting, fishing, and cross-country skiing. Practice medicine where your skills and experience can be fully utilized, and where you can make a difference. Please send inquiries to: Rob Stiles 320-532-2606 [rstiles@mlhealth.org](mailto:rstiles@mlhealth.org) or Dr. Tom Bracken at: [tbracken@mlhealth.org](mailto:tbracken@mlhealth.org).

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**Family Medicine Physician: HealthPartners Central Minnesota Clinics – St. Cloud/Sartell, MN** We are actively recruiting exceptional PT or FT BC/BE family medicine physicians to join our primary care team in Sartell, MN. This position is out-patient only, no OB or hospital call and rounding. Our current primary care team includes family medicine, adult medicine, OB/GYN and pediatrics. Our HealthPartners Central Minnesota Clinics – Sartell moved into a brand new primary care clinic in the summer 2010. We offer a competitive salary, an excellent benefit package, a rewarding practice and a commitment to providing exceptional patient-centered care. We are located just one hour north of the Twin Cities and offer a dynamic lifestyle in a growing community with a traditional appeal. For more information please contact [kathleen.a.cumming@hpcmc.com](mailto:kathleen.a.cumming@hpcmc.com) or call Kathy at (800) 370-0570. EOE/employer

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**Grand Itasca Clinic & Hospital**, a fully integrated multi-specialty clinic and hospital located in Northern Minnesota, is looking for BC/BE Emergency Medicine Physicians or BC/BE Family Medicine Physicians for our ED immediately and Family Medicine physicians (OB or Non-OB) for 2011-2012. Practice opportunity includes competitive first year income guarantee, with a generous signing bonus and moving allowance. There is a competitive benefit package that includes health and life insurance, professional liability coverage, generous allowances for Continuing Education and vacation. New state-of-the-art facility located in a true vacation paradise! [www.granditasca.org](http://www.granditasca.org) E-mail: [gail.anderson@granditasca.org](mailto:gail.anderson@granditasca.org) or call Laurie at 218.999.1442

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**Looking for the ideal practice setting?** Imagine a morning commute that takes you past sparkling lakes and through the beautiful north woods. You arrive at your office...a state-of-the-art healthcare center equipped with the latest technology in patient care and management. **Riverwood Healthcare Center** – a 24-bed progressive and innovative Critical Access Hospital – has an opportunity for a BE/BC Family Medicine Physician to join our growing practice: 4 day work week...friendly atmosphere... call 1:7 weekdays and 1:10 weekends...quick and easy ramp up of your practice...over 35 physicians, specialists and surgeons. To learn more, contact Tanya Pietz at: [tpietz@sisunet.org](mailto:tpietz@sisunet.org); 218-927-5587; <http://www.RiverwoodHealthcare.com>.

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**Central Lakes Medical Clinic, PA, an independent, 30 physician, multi-specialty clinic** including 14 Family Medicine physicians, has opportunities for additional Family Medicine physicians with or without OB. Located in the central Minnesota town of Crosby, CLMC shares a medical campus with Cuyuna Regional Medical Center. CRMC is a critical access hospital offering superb new facilities with the latest medical technologies. Outdoor activities abound including kayaking, fishing, and snowmobiling with miles of skiing and biking trails right out our door. The Twin Cities metropolitan area is just a short drive away. Enhance your professional life in an environment that provides the opportunity to practice a full spectrum of Family Medicine in a beautiful northwoods setting. Our growing health care facility offers competitive compensation and benefits. I would welcome the opportunity to tell you more. Call Todd Bymark at 866-270-0043 or email me at [tbymark@cuyunamed.org](mailto:tbymark@cuyunamed.org). I look forward to hearing from you.

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**Hospital and Community Based Geriatrician – Northwest Metropolitan Area** Our mission is to improve the care and professional experience the frail elderly receive from their physicians. We are seeking a BC Family Physician or Internist to provide services in unique inpatient and outpatient settings. GSM offers physician-driven primary care for long-term care residents and the frail elderly living at home. We also provide consultative services for short stay rehabilitation patients and are currently developing a Geriatric Inpatient unit with North Memorial Healthcare. Our Geriatricians deliver innovative, but old fashioned primary care. This is a unique opportunity for a high performing, compassionate, primary care physician with the ability to provide care outside of usual pathways. Expect salary and CME allowance above usual primary care range and there is no overnight hospital call. CAQ or Geriatric Fellowship desired but definitely not required. If interested, contact Dr Nick Schneeman, Executive Director of Geriatric Services of MN at [nick.schneeman@northclinic.com](mailto:nick.schneeman@northclinic.com). or visit our website [www.northclinic.com](http://www.northclinic.com).

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**Allina Hospitals & Clinics** is a not-for-profit family of hospitals, clinics and other care services dedicated to meeting the lifelong health care needs of communities throughout Minnesota and western Wisconsin. Allina has implemented one of the most comprehensive electronic medical record (EMR) systems and has been nationally recognized for it. We are transforming health care with the EMR by providing patients with seamless, coordinated and more informed care and improved patient safety. Currently we are seeking part- and full-time BE/BC Family Physicians in the following Minnesota communities: Buffalo, Cambridge, Champlin, Cokato, Coon Rapids, Eagan, Elk River, Faribault, Forest Lake, Hinckley, Maplewood, Minneapolis, Mora, New Ulm, Pine City, Shakopee, Shoreview, St. Michael, West St. Paul, and Woodbury. For more information, please contact Kaitlin Osborn at [Kaitlin.Osborn@allina.com](mailto:Kaitlin.Osborn@allina.com)/(612) 262-4584 or view all of our openings at [www.allina.com/jobs](http://www.allina.com/jobs). EOE

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**Allina Hospitals & Clinics- Leadership opportunity.** Allina is a not-for-profit family of hospitals, clinics and other care services dedicated to meeting the lifelong health care needs of communities throughout Minnesota and western Wisconsin. The Allina Medical Clinic division is currently searching for a District Medical Director that will have overall accountability for our clinics in the South Central District (7 clinics from St. Paul to Faribault, MN). This is a full-time leadership/administrative opportunity that includes a .5 patient practice with no hospital obligations. Candidates must be BE/BC in Family Medicine, hold a MN license, have 5 yrs clinical practice, and a minimum of 4 yrs experience in a relevant clinical leadership role. For more information, please contact Kaitlin Osborn at [Kaitlin.Osborn@allina.com](mailto:Kaitlin.Osborn@allina.com)/(612) 262-4584. EOE

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**Sanford Health** – the largest, not-for profit, rural health system in the nation is currently seeking BC/BE Family Medicine physicians to join staff at several of our primary care clinics. Practice opportunities exist in Minnesota communities including Bemidji, Cass Lake, Detroit Lakes, East Grand Forks, Moorhead, New York Mills, Pelican Rapids, Perham and Thief River Falls, and in North Dakota communities, Fargo, Jamestown, Mayville, Oakes, Valley City and Wahpeton. Good call arrangements and modern well-managed community hospitals. OB is desired but not required. Sanford offers market competitive salaries, comprehensive benefits, paid malpractice and a generous relocation allowance. Starting incentives available at most sites. To learn more about these excellent opportunities visit Sanford's website at [www.sanfordhealth.org](http://www.sanfordhealth.org) or contact: Kathryn Norby, Sanford Physician Recruiter, Phone: 701-280-4851, Fax: 701-280-4136. Email: [Kathryn.Norby@sanfordhealth.org](mailto:Kathryn.Norby@sanfordhealth.org)

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**Duluth Family Medicine Residency Program** is seeking a physician to join our faculty. This community-based program stresses full-spectrum and rural medicine with obstetrics. Position includes teaching across all practice settings, administrative functions, advising/mentoring residents, and direct patient care. Faculty hold academic appointments in the University of Minnesota Department of Family Medicine and Community Health. Candidates must possess MD/DO and be BC/BE in Family Medicine in Minnesota. The University of Minnesota offers competitive salary/benefits and is an equal opportunity employer. Apply online at: [www.fm.umn.edu/employment/home.html](http://www.fm.umn.edu/employment/home.html) requisition number 163330, or contact Roger Waage, MD, Program Director, [rwaage@dfmrp.org](mailto:rwaage@dfmrp.org).

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**Western Wisconsin (Amery, Osceola) HealthPartners Medical Group** is seeking exceptional BC/BE family medicine with or without OB physicians for growing rural communities in western Wisconsin. These positions offer a traditional family medicine practice in small-town rural settings, all within an hour's drive of the Twin Cities. We offer a competitive salary, an excellent benefits package, and a commitment to providing exceptional patient-centered care. For more information, contact [diane.m.collins@healthpartners.com](mailto:diane.m.collins@healthpartners.com) or call Diane @ (952) 883-5453, toll-free: (800) 472-4695, x3. Apply online at [www.healthpartners.jobs](http://www.healthpartners.jobs) EOE

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**Park Nicollet Clinic** is seeking a full-time BE/BC Emergency Medicine or Family Medicine Physician to join our growing dedicated Urgent Care Department with six regional clinic locations. We offer full EMR since 2002, digital imaging with radiology support, lab and CT resources, ACLS/PALS trained nursing staff, triage and UC fast track, flexible scheduling, and a very competitive income potential. Our integrated health care system, including Park Nicollet Clinic and Methodist Hospital, is recognized locally and nationally for great care and leadership. For immediate consideration, please send CV to: Missy Fisher, Director Clinician Recruitment, Park Nicollet Health Services, 3800 Park Nicollet Boulevard, St. Louis Park, MN 55416. For more information contact Ms. Fisher at 952-993-6025 or [Melissa.Fisher@parknicollet.com](mailto:Melissa.Fisher@parknicollet.com).

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**Gateway Family Health Clinic, Ltd:** Physician-owned practice in Moose Lake, Sandstone, and Hinckley is seeking a family medicine physician with OB (c-section optional) to join our growing practice of 20 providers. With clinic locations off I-35 and centrally located between Minneapolis/St. Paul and Duluth, the area provides an excellent family focused, quality of life opportunity in a rural setting, abundant with lakes, rivers, state parks, and ideal hunting, and all within an hour to metropolitan conveniences. Gateway provides a generous starting salary and bonus with an outstanding benefit package and retirement plan. Shareholder opportunities available. Current physician opening is for our Sandstone clinic where there is an opportunity to assume a busy primary care / OB practice. Three or four day a week clinic and 1:7 call, which includes generous call pay. ER shifts optional at local hospital. Gateway Clinic serves a large rural geographic location popular for tourism with a diverse economic base. The area is known for good public schools and moderate population growth. Gateway Clinic admits to the local Hospitals in both Moose Lake and Sandstone and Gateway staffs each hospital with separate call pools. [www.gatewayclinic.com](http://www.gatewayclinic.com) For additional information, please contact Dr. Lynn Stottler, President at [lstottler@gatewayclinic.com](mailto:lstottler@gatewayclinic.com), or Eric Nielsen, Administrator at [enielsen@gatewayclinic.com](mailto:enielsen@gatewayclinic.com) 218-485-2000

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**Fairmont Medical Center—Mayo Health System** in Fairmont, Minnesota is seeking Family Medicine physicians (OB optional). Call for FM is 1:11. We are a multi-specialty group offering an attractive benefit program, a two-year salary guarantee with future production incentives. Our partnership with Mayo Health System allows us to consult with our colleagues at the renowned Mayo Clinic. FMC is totally integrated with physician practices, high-end diagnostics, 57-bed hospital and 40-resident nursing home. Fairmont is located 120 miles south of Minneapolis, MN. Contact Jeannie Green, 800-234-6141, ext 8596; [green.jeannie@mayo.edu](mailto:green.jeannie@mayo.edu) ; or [www.fairmontmedicalcenter.org](http://www.fairmontmedicalcenter.org)

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**Fairview Health Services** is one of the 10 top health systems in the country, according to the Thomson Reuters 100 Top Hospitals: Health System Quality/Efficiency Benchmarks study. Learn more at [fairview.org](http://fairview.org). We are seeking physicians to join us in Minnesota who want to be a part of our nationally recognized, patient-centered, evidence-based care team. Whether your focus is work-life balance or participating in clinical quality initiatives, we have an opportunity that is right for you. Our physicians are champions, pioneers and practitioners of new models of care in today's ever-changing health care environment. Join us in vibrant and growing communities such as Andover, Fridley, Chaska, Prior Lake, Minneapolis and surrounding areas. Experience exceptional practice support including accessible specialist consultations and onsite lab and radiology. Visit [www.fairview.org/physicians](http://www.fairview.org/physicians) to explore our current opportunities, then apply online, call 800-842-6469 or e-mail [recruit1@fairview.org](mailto:recruit1@fairview.org). EEO/AA Employer

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**Essentia Health - Detroit Lakes** is seeking two FP's to join a group of 22 other physicians at Essentia Health Detroit Lakes, MN. We offer full benefits and a competitive salary that is guaranteed for two years, along with a generous starting incentive and a retention bonus after two years. Enjoy a beautiful lake community in Western Minnesota. The anticipated weekly work schedule is 8-5 M-F plus a limited call rotation. Physicians can expect to see 15-20 patients a day in clinic. For more information please contact: Jodi Baumgartner, Physician Recruiter, Essentia Health West Region, Work: 701-364-8022, Cell: 701-261-9747, Email: [jodi.baumgartner@essentiahealth.com](mailto:jodi.baumgartner@essentiahealth.com).

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**North Memorial** is presently recruiting BC/BE family medicine physicians. We strongly promote primary care physician practice opportunities with our owned and associated clinics; including those that are physician owned, joint ventures and hospital owned. Which means you can choose from large or small and multi or single specialty practice options in metro, suburban or rural locations. These are excellent practice opportunities with comprehensive compensation and benefits packages. Contact: Mark Peterson, Physician Recruiter, North Memorial Medical Center, 3300 Oakdale Ave. N., Robbinsdale, MN 55422. Telephone (763) 520-1336. E-mail: [mark.peterson@northmemorial.com](mailto:mark.peterson@northmemorial.com) Website: [www.northmemorial.com](http://www.northmemorial.com).

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**Express HealthCare** seeks moonlighting casual family physicians to work in our State of Art Urgent Care facility. We offer a modern working environment utilizing an EMR, digital imaging and onsite automated prescription dispensing. We are located next to the National Sports Center in Blaine. We are open everyday from 10AM to 10PM. We offer competitive pay and flexible scheduling. Please contact Anne van Bruggen, HR manager, at [annevb@express-healthcare.com](mailto:annevb@express-healthcare.com) or call 763-795-9363 x 305.

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**Lake City Medical Center – Mayo Health System** is seeking family medicine physicians to join our compassionate, high quality and nationally award-winning team of health care professionals. A physician-led family practice group, we strive for personal, compassionate health care supported by advanced technology. Our main campus, located in Lake City, Minnesota, houses our clinic, hospital and nursing home. We also have three off-campus clinics in Wabasha and Plainview, Minnesota and Alma, Wisconsin. Lake City Medical Center offers a competitive salary and benefits package, along with a friendly and rewarding work environment. For more information, contact Cheri Kramer, chief administrative officer, 651-345-3321.

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