

MINNESOTA FAMILY PHYSICIAN

Newsletter of the Minnesota Academy of Family Physicians

May/June 2008

Dr. Erik Kanten Named Family Physician of the Year

By Kristie Thorson, Communications Coordinator

"What makes this award so special is that it is based on letters of support from my patients, co-workers and members of the community," said Erik Kanten, M.D., a family physician in Crookston, Minnesota.

Dr. Kanten accepted the 2008 Minnesota Family Physician of the Year Award on April 17th during the All-Member Celebration in St. Paul. More than 100 Academy members were in attendance, along with a dozen of Dr. Kanten's close friends and family members.

"Family medicine is about serving our patients to the best of our ability," Dr. Kanten said. "To provide the best care that we can, to treat each patient as an individual, to know what their needs are, to know what their fears are, to know when to refer them on."

Born on a farm near Clarkfield, MN, Erik Kanten and his two siblings learned to work hard and appreciate the importance of family. Dr. Kanten graduated as class valedictorian from Milan High School in 1977. He went to college at Augsburg in Minneapolis, followed by medical school at the University of Minnesota.

Dr. Kanten met his wife Judie while doing his residency in Grand Forks, ND. The couple has been married almost 22 years and has four daughters. His family can't help but admire his dedication.



Dr. Erik Kanten, 2008 Minnesota Family Physician of the Year

"He thinks of others before himself. He's always helping others," said daughter, Sarah Kanten.

"He's always running back from the lake to make rounds or running back from wherever to deliver a baby," said his wife, Judie Kanten.

Kanten - Continued on page 4

Hundreds 'Seek Wisdom' at the Spring Refresher



The Minnesota Academy of Family Physicians welcomed 370 registrants to its 2008 Spring Refresher. The House of Delegates convened on Wednesday, April 16, 2008,

followed by two days of educational sessions. More than 30 different topics were offered giving participants a chance to earn up to 17.5 CME credits during the two-day conference.

This was the second year that the conference was held at the RiverCentre in St. Paul. The location provided ample meeting space and parking for registrants.

Mark your calendars for next year's event. The 2009 Spring Refresher will be held April 16th and 17th at the Minneapolis Convention Center.

The House of Delegates will meet the day before at the Hilton Hotel in Minneapolis.



Registrants settle in as a general session gets underway.

INSIDE

▶ Research Forum Page 6

▶ Paper of Greatest Interest Page 7

▶ Leaders Installed Page 8

▶ House Actions Page 8

▶ Award Winners Page 9

REGULAR FEATURES

▶ President's Message Page 3

▶ What's New Page 4

▶ Membership Report Page 4

▶ Foundation Report Page 10

▶ Bulletin Board Page 11

▶ Practice Opportunities Page 11-15



Coming

Up

The Calendar

May 26	Holiday, MAFP Office Closed
June 21	MAFP Board of Directors Meeting
July 4	Holiday, MAFP Office Closed
July 30 - Aug 2	National Conference of Residents & Medical Students, Kansas City

Continuing Education Courses

NRP Recertification Training

Dates: 7/15/2008 - 7/15/2008

Sponsor: Allina Health System

Location: St Francis Med Ctr, Shakopee

Registrar: (952) 403-2284

Approved for 2 Prescribed Credits

NRP Recertification Training

Dates: 9/16/2008 - 9/16/2008

Sponsor: Allina Health System

Location: St Francis Med Ctr, Shakopee

Registrar: (952) 403-2284

Approved for 2 Prescribed Credits

High Performance Physician: Preparing for an EMR

Dates: November 14-15, 2008

Sponsor: High Performance Phys Institute

Location: Methodist Hosp, Rochester

Registrar: (877)599-5119

Approved for 14 Prescribed Credit

Thank You Dr. Lillie!



A big thank you goes out to **Lynne Lillie, M.D.**, for her service as MAFP

President from 2007-2008!

Her hardwork & dedication to the Academy was evident in her many ideas and accomplishments throughout the year.



This issue of *Minnesota Family Physician* is brought to you through the generous support of HealthEast Medical Laboratory.



Minnesota Family Physician

(ISSN 0279-6120) is published by the Minnesota Academy of Family Physicians six times per year. Except for official reports and announcements, no material in *Minnesota*

Family Physician is to be construed as representing the policies or views of the Minnesota Academy of Family Physicians. The editors reserve the right to accept or reject any article or advertising matter.

Medical Editor

David Hutchinson, M.D.

Managing Editor

Kristie Thorson

Layout & Design

Kristie Thorson

Editorial copy and practice opportunity ads to be considered for the July/August issue are due in the MAFP office by 6/30/08.

Minnesota Academy of Family Physicians

600 S. Hwy. 169, Suite 1680

St. Louis Park, Minnesota 55426

(952) 542-0130 • (800) 999-8198

Fax: (952) 542-0135

Email: office@mafp.org • Website: www.mafp.org

Officers

David Hutchinson M.D.

- *President*

Patricia Fontaine, M.D.

- *President-Elect*

Alan Olson, M.D.

- *Board Chair*

Raymond Christensen, M.D.

- *Treasurer*

Mohammad Tariq Fareed, M.D.

- *Officer-At-Large*

Terence Cahill, M.D.

- *Speaker of the House*

Philip Stoyke, M.D.

- *Vice Speaker*

Virginia Barzan, C.A.E.

- *Executive Vice President*

Directors

Daron Gersch, M.D.

- *Central Chapter*

Karen Karlinski, M.D.

- *East Metro Chapter*

Robert Koshnick, Jr., M.D.

- *Heart of the Lakes Chapter*

Carol Farchmin, M.D.

- *Lake Superior Chapter*

Robert Rutka, M.D.

- *Lake of the Woods Chapter*

Alan Olson, M.D.

- *Minnesota Valley Chapter*

To Be Determined

- *Park Region Chapter*

Phillip Holmes, M.D.

- *Range Chapter*

Gregory Angstman, M.D.

- *Southeast Chapter*

To Be Determined

- *Southern Chapter*

To Be Determined

- *Southwest Chapter*

Amy Bonifas, M.D.

- *West Metro Chapter*

William Nicholson, M.D.

- *Resident*

Elizabeth Menzel

- *Medical Student*

Staff

Lynn Balfour

- *Foundation Executive Director*

Kelly Bellomy

- *Membership Coordinator*

Katherine Carlson

- *Accountant/Office Coordinator*

Arlene Lensing

- *Associate Director*

Lisa Regehr

- *Conference Coordinator*

Kristie Thorson

- *Communications Coordinator*

Three years ago upon his installation as president, George Schoephoerster, M.D., told you he wanted to be a cheerleader for Minnesota family docs; he told you that you could, you must “do it”. He exhorted you to be excellent, to stay connected to patients as their personal physicians, and to focus on delivering care within the context of a Medical Home.

Two years ago, Randy Rice, M.D., spoke about shining a spotlight on ourselves as people in our profession – focusing on making healthy examples of ourselves to our patients.

Last year, Lynne Lillie, M.D., offered a wistful look back (to the future) at our roots. She reminded us of the advanced level of value in patient care offered by the old GPs. She suggested that with modern mechanisms and knowledge, a return to Marcus Welby medicine could be a good thing. That’s a vision that faces challenges in today’s professional climate and culture; we’re skittering away from the comprehensive skill application and ubiquitous availability implied by the image. It’s an insightful vision, though. She went on to highlight some of the structural elements of a Medical Home that would be necessary to support such a person in a modern and healthier context.

While pondering how to inspire you next, it struck me how those three presidential address themes combine to highlight the extent of our needs and patients’ (society’s) needs. We really do need it all. Americans need a safer, better-coordinated, more trustable, personable, and informed, and cheaper, health care system. Family Medicine is poised to help deliver that. We’re at a point, though, where – to survive as a specialty – we need healthy and fun personal and family lives, and we need some distance from practice sometimes. We also need the meaningful connections we develop with patients, and we need professional privileges and skills extensive enough to gratify us and make us effective, attaching us to practice, still. We need multiple layers of support resources, we need more partners, we need public advocacy for systems which compensate us constructively, we need the house of medicine to find more value in us. We need the energy and vision to promote all of the aforesaid, and we need the resilience to change, so that we can navigate the way there. We need a lot. It’s hard to envision all of that.

“The future belongs to those who believe in the beauty of their dreams.” - Eleanor Roosevelt

I really do believe in the beauty of what I dream to be a healthy health care system. THAT IS a system:

- which emphasizes and is coordinated by **primary care**
- which is built around **longitudinal relationships** of caring, trust, and accountability between patients and clinicians
- which is buttressed and lubricated by **technology and evidence**
- where patients are empowered and engaged in health management and systems management
- where clinical assessments and treatment decisions are driven not by economic force on clinical production, but by patient needs, physician concerns, and the knowledge that collates medicine with ‘patient’

President’s

Message



By David Hutchinson, M.D.

- where cost effectiveness and value are rewarded
- where primary care clinicians are attached contentedly to a comprehensive service mission, available, confident in their many skills, and revered in the medical community for their:
 - expert generalism
 - discerning eye
 - ability to manage complexity
 - insight into individual patients
 - versatility
- where personal physicians are supported by interactive relationships with skilled sub-specialists whose expertises are accessed liberally
- where we employ help from multiple other clinic care team members
- where all elements of the system are happily connected and work smoothly together
- where we’re well-known by our families, well-rested, well-exercised, well-enough paid, well-supported by the right number of equally skilled and equally well-tended partners

Am I just “dreaming”? Is this where I should toss in the palm trees and cool ocean breezes? All realities begin with a dream, of course. I know this poignantly; my dad is building a house right now in the Bahamas.

The MAFP Position Paper on the Medical Home Outlined Six Core Principles:

Enhanced Access	The Personal Physician
Comprehensive Care	Quality & Safety
Coordination of Care	Patient Centeredness

This is what I envision. We need all of this! Some of you have succeeded at creating work situations that approach that utopian vision. Some of us are still striving to build Shangri-La, though, and some of us have felt compelled to simply aim ourselves at different goals, with preservation of the ‘self’ being prominent among them. But that whole package – that’s still my dream, and it still looks beautiful to me.

“The best way to have a good idea is to have a whole lot of ideas, and throw out the bad ones.”
- Linus Pauling

President’s Message - Continued on page 5

What's New

▶ MAFP Members in the Spotlight

Donald Asp, M.D., received the HealthEast Physician Community Service Award. He is the Medical Director for HealthEast Medical Care for Seniors. **William Davis, M.D.**, was featured on the public television show *The News Hour with Jim Leherer* in March. The story was about Winona Health's progress with electronic health records. To view the story visit http://www.pbs.org/newshour/bb/health/jan-june08/records_03-24.html.

▶ Resident & Student Directors Elected

At their respective caucuses before the House of Delegates, residents and medical students elected members to serve on the MAFP Board of Directors. The resident delegation elected **William Nicholson, M.D.**, as Director. The medical student delegation elected **Elizabeth Menzel** as Student Director.

▶ MAFP Committee Chairs Announced

MAFP President, David Hutchinson, M.D., has appointed the following committee chairs for the upcoming year:

Academic Affairs Committee
Shannon Neale, M.D.

Public Relations and Marketing Committee
Glenn Nemec, M.D.

Continuing Medical Education Committee
Julie Anderson, M.D.

Practice Enhancement and Patient Advocacy Committee
Randy Rice, M.D.

Legislative Committee
Daron Gersch, M.D.
(through the 2008 legislative session.)

Leadership Development Committee
Lynne Lillie, M.D.

Research & Quality Improvement Committee
David Hunter, M.D.

Membership & Member Services Committee
Carol Featherstone, M.D.

Continued from page 1 - Kanten



Erik and Judie Kanten with their four daughters.

Besides keeping up with his practice in Crookston, he also takes appointments in Fertile and Red Lake Falls. On Wednesdays, he spends his afternoon seeing college students at the University of Minnesota - Crookston.



A young Erik Kanten.

"He spends time with them. Gets to know them and figures out how we can best meet their needs," said Stacy Grunewald, R.N.

Dr. Kanten has a strong sense of responsibility to Crookston. "It's important to return to the community at least a portion of what medicine has given me," he said.

Dr. Kanten serves as the team doctor for the Crookston Pirates, is on the hospital board, is the medical director for the Fertile Ambulance and a local nursing home.



Dr. Kanten serving as team physician at a basketball game.

Membership Report March 1, 2008 - April 30, 2008

New Active Members

Dennis Abraham, M.D., Plymouth
Robert Breitenbach, M.D., Spring Grove
Mariola Czapiewska, M.D., Paynesville
Luree Schneider, M.D., Saint Paul
Padma Vaela, M.D., Waconia
Steven Wiese, M.D., Albert Lea

New Resident Members

Mayo
Amy Couch, M.D.

North Memorial Health Care
Franklin Anderson, M.D.
Jason Como, M.D.

UM Fairview Smiley's Clinic
Juan Carlos Galvez Vargas, M.D.

New Student Members

Mayo
Morgan Medlock

University of MN- Twin Cities
Justin Miles
Emily Moody



MAFP Membership

(As of 3/31/08)

Actives = 2,117
Residents = 227
Students = 458
Life = 240
Inactives = 41
Supporting = 3
Total = 3,086

It has been unexpectedly easy to market the comprehensively conceived Advanced Medical Home. That's because it's one of those really great ideas. *Patients and society want all of those same things that we need.* They feel vulnerable. They're scared about runaway costs and runaway medicine, they know they're not in control, they know the left hand often doesn't know what the right is doing. They want what we need. They want healthy, smart, happy doctors, they want us to keep their needs at the center of considerations, they want us to know who they are and where they've been, they want input, they want affordability and value, they want elements of the system to work in concert with each other. And they deserve those things as much as we do.

Several things about the Medical Home model of care should really rev our engines. First, it *re-centers healthcare around primary care* for better care coordination. We instinctively know – and evidence stoutly supports us in this knowledge – how comprehensiveness, generalism, and continuity produce superior outcomes, patient satisfaction, and cost efficiency – ‘the golden triad of result’. To excel as an overall system, healthcare has to emphasize primary care, and to excel as complex system, healthcare has to be coordinated by a primary care hub, which itself can reach a lot of spokes out to a lot of other experts. We used to think we worked in a system like this, but in many settings we're no longer at the conductor's podium. I'll be excited to see care delivered more symphonically.

Second, it aims to be completely *patient-centered*. In a production-driven professional culture, haste and ‘efficiency’ drive us to hurry visits, make quick decisions, order tests quickly, defer elements of service to other providers and locations, and overlook patient needs. How reliably can our patients access language interpreters, social workers, and care coordinators? How much time do we actually devote to verified patient education? With what quality and reliability does information flow between care providers and care settings? How thoroughly do our QI processes work? We work really hard at it, but a treadmill doesn't move us forward, no matter its speed. We need different incentives, new vision, and reclarified intentions. The Medical Home gives us those things.

Third, it does a fantastic job of outlining pathways to better *coordination of complete care*. The Minnesota DHS has composed a plan to pay recognized Medical Homes for coordinating care excellently for high-needs patients. They foresee our use of seven general, evidence-based mechanisms to do this. They are: 1) patient registries and disease registries; 2) care plans; 3) care coordinators; 4) patient and family engagement; 5) community resource and consultant engagement; 6) practice based QI, evidence-based measures, and data analysis; and 7) participation in a Medical Home learning collaborative.

Fourth, the Medical Home re-champions the *Personal Physician* as a touchstone point of continuity, as the purveyor of the patient's story, as a coordinating leader of a team of clinical caregivers. I love this. It heralds help for the weary and leery, but also re-promotes the critical nature of the two entwined roles of the Personal Physician – generalism and continuity. All patients deserve assurances of both of these.

One goal for me this year is to stand as a champion of the NEW Personal Physician. You've always been my heroes for your dedication as generalists and continuity physicians. You're even more so now, for I'm realizing how you've generously helped the whole rickety health care system gimp along. Patients are still served because you are there for them.

The very same goes for the new model of care. Without the Personal Physician, the Medical Home can crumble. By its nature, conscientiously observed continuity-based care ensures *patient-centeredness*, contributes to *quality and safety*, guarantees patients a sense of *access*, and facilitates insightful *care coordination*. The Personal Physician is the cohesive entity which binds the goals and tenets of the Medical Home together.

I believe that it is in patients' and our best interest to be sure that we remain a prominent and measurable part of the definition of the Medical Home, especially if we want to re-tilt the system, and tap effectively into the compensation reform movement that will be tied to practice recognition as Medical Home hosts. This will be a big part of my work for you – making sure that policy-makers know how critical you are.

What really caught my eye about the Medical Home was how it revealed itself as a potential bridge between generations of care providers, or between paradigms of care. It can help us be excellent in both old and new ways. On one hand, the concept and its structure really do embrace traditional values. You can readily identify those in the six core principles of the Medical Home. But it promotes the accomplishment of those values by highlighting them as important clinical practice *goals*, emphasizing *data management* and *communication* tools, providing us with new *team partners* and infrastructure, and advocating for *enhanced compensation* for care coordination.

If you think about it creatively, those are tools that can allow us to accommodate more focused (subdivided) practices and more appealing levels of clinician availability, without failing any of the goals of care, including the safeguarding of continuity. This seems really big. We have to share, partner, and communicate effusively about patients. (Imagine how effectively hospitalist systems and part-time positions could work if we heed those tasks assiduously.) It is a rededicated focus on the goals of continuity and coordination in the Medical Home, with the use of new and accentuated mechanisms and the assurance of compensation for the time they entail, which gets us there.

Another goal for me, is for you to feel that I represent all of you. That's no small order. Even united in the common theme of wanting to do well by patients, we live varied lives and practices, by diverse sets of priorities, with different vision. Being a champion for pervasive evolution in Healthcare structure, toward construction of Patient-Centered, Primary Care-Coordinated Medical Homes, will be one way for me to advocate for all of you simultaneously and together.

All realities begin with a dream. When I dream of the Medical Home, I think of its core principles, and I think about “HOME” – what it means to those who reside there, and what it takes to operate one to promote health and functionality. To me, “HOME” is where you're safe, tended, valued, and known. I think we should believe that *as caregivers, we all fit into a home like that.*

Thank You to Our Spring Refresher Partners

Grantors

Coteau des Prairies Hospital and Clinic

General Educational Grant

Fairview Health Services

Session: "Wait! Wait! Don't Tell Me"

Fairview Southdale Hospital

Session: "Stroke and Carotid Endarterectomy"

Forest Pharmaceuticals

Educational Grant

Humana

Session: "Endoscopy, can we do it?"

Mayo Health System

Session: "Physician Well-Being and Distress: Epidemiology, Consequences and Solutions"

Session: "Sports-Related

Concussion: Update, Management and New Technology"

Midwest Dairy Council

General Educational Grant

Novo Nordisk

Educational Grant

Midwest Dairy Council

House of Delegates, Morning Refreshment Break

Exhibitors

Abbott

Abbott Northwestern Hospital

Acute Care, Inc.

Affiliated Community Medical Centers

Alcon Laboratories, Inc.

Allina Hospitals & Clinics

Amylin Pharmaceuticals

Aspen Medical Group

Astellas Pharma US, Inc.

AstraZeneca Pharmaceuticals

Avera McKennan Hospital

Bayer HealthCare

Pharmaceuticals

Bethesda Hospital - HealthEast

Care System

Bristol-Myers Squibb

Center for Diagnostic Imaging

Children's Hospitals and Clinics

of Minnesota

Consulting Radiologists, Ltd.

Coteau des Prairies Hospital and

Clinic

Cuyuna Regional Medical Ctr.

Department of Family Medicine

and Community Health -

University of Minnesota

Eli Lilly and Company

Elsevier

Emergency Practice Associates

The Emily Program

ENDO Pharmaceuticals

Epilepsy Foundation of

Minnesota

Fairview Health Services

Forest Pharmaceuticals

Genzyme Corporation

Exhibitors

Gillette Children's Specialty

Healthcare

GlaxoSmithKline

HealthEast Medical Laboratory

HealthPartners Medical Group

HealthTech Solutions

Hennepin County Medical Ctr.

Huot Instruments

Institute for Athletic Medicine

King Pharmaceuticals

LifeScan Upright MRI

Mayo Health System

Medi-Sota/Rural Health Alliance

Medtronic

Memorial Blood Centers

Merck

Merck Vaccine

Merrill Lynch

Midwest Dairy Council

Minneapolis Heart Institute

Minneapolis Radiology &

Vascular Physicians

Minnesota Department of

Health: Newborn and Child

Follow-up

Minnesota Department of

Health

Minnesota Medical Association

Minnesota Vascular Medicine &

Birthmark Center

The National Dizzy & Balance

Center

North Memorial

Novartis Pharmaceuticals

Novo Nordisk

Ortho-McNeil Neurologics

Pricara, Unit of Ortho-McNeil, Inc.

Exhibitors

Outsource Receivables, Inc.

Park Nicollet

Pfizer

Physicians' Diagnostics &

Rehabilitation

Procter & Gamble

Pharmaceuticals

Roche Laboratories, Inc.

Rural Health Resource Center

Rural Physician Associate

Program

Sanford Health

sanofi pasteur

sanofi-aventis

St. Cloud Hospital

St. Luke's Hospital & Regional

Trauma Center

Duluth Clinic

St. Paul Radiology

Stratus Health

Summit Orthopedics

Takeda Pharmaceuticals North

America

Takeda Pharmaceuticals North

America

Takeda Pharmaceuticals - GSO

Teva Specialty Pharmaceuticals

The Trillium Group

TRIA Orthopaedic Center

Twin Cities Orthopedics

UCare

UCB, Inc.

United Hospital

Upsher-Smith Laboratories, Inc.

Wapiti Medical Group

Winona Health

Wyeth Pharmaceuticals

2008 Research Forum - Research with the Underserved

By Lisa Regehr, Conference Coordinator

The 2008 Research Forum, held April 5, focused on *Research with the Underserved*. Ruth Martin, M.D., Lead Faculty in Research, Postgraduate Program and Director of the Division of Prison Health with the University of British Columbia, opened the day speaking on *Healing: Fostered by Research*. She does community participatory research working with women prisoners to define their needs, goals and objectives.

23 original research presentations were made including three by the 2007 David Mersy, M.D., Externship recipients. All the abstracts can be viewed on the website at www.mafp.org.

In the afternoon, Michele Allen, M.D., Kathleen Culhane-Pera, M.D., and Tai Mendenhall, Ph.D., with the University of Minnesota Department of Family Medicine and Community



Ruth Martin, M.D.

Health presented a workshop on *Challenges and Benefits of Including Community in Your Research*.

The Research Forum was made possible through the support of these organizations: Allina Hospitals and Clinics/United Family Medicine Residency Program, Fairview, HealthEast, HealthPartners Research Foundation, Mayo Clinic Rochester Department of Family Medicine, Park Nicollet Foundation - University of Minnesota Methodist Family Medicine Residency Program, UCare, University of Minnesota Department of Family Medicine and Community Health.

This year, the MAFP Research Forum joined with the Mayo Clinic Department of Family Medicine Scholarship Forum. Physicians from the department have helped to plan, facilitate and bring their presentations to this forum.

2008 Research Forum Paper of Greatest Interest

Trends in Obstetrical Care in Rural Minnesota

Libby M. Wagner, MS4, University of Minnesota Medical School Duluth

Faculty Advisor: Ruth Westra, DO, MPH



Libby Wagner, MS4

Objective:

Family physicians deliver about 20% of babies born in the United States, and in rural areas, two-thirds of obstetrical providers are family physicians. The importance of providing local obstetrical care is well-known to family physicians and their patients. In a 1990 study by Nesbitt, et. al, it was found that when women are no longer able to receive care in their rural communities and have to leave for obstetrical care, there were increases in complicated deliveries, premature births, and cost.

Twenty-seven rural Minnesota hospitals have closed since 1987, and many other hospitals have joined larger organizations or down-sized services provided to their respective communities. There are currently one hundred and one rural hospitals in Minnesota. The principal reasons for hospitalizations in rural Minnesota are birthing services, mental health, orthopedic procedures, and cardiac conditions. Decreasing birthing services means a huge loss in profit for local hospitals and a potential factor in the closures, mergers, and down-sizing of many rural hospitals.

Research Design

One hundred and one Minnesota rural hospitals were mailed surveys. This study defined obstetrical services as the elective birth of a child with intra-partum care. Hospitals were divided into two groups: in communities with a population of 10,000 or greater residents (designated as large communities) and in communities with a population fewer than 10,000 residents (designated as small communities).

Surveys were addressed to hospital administrators or CEOs. The survey asked questions regarding types and numbers of deliveries, types of practitioners providing services, and foreseeable changes regarding obstetrical services in the future. To determine longitudinal trends for each question, respondents were asked to provide answers to each question for the years 1986, 1996, and 2006. The survey also offered opportunities for comments, as well as explanations concerning how obstetrical services have changed.

The survey was sent in September 2007, and a follow-up survey was sent to those that had not responded by December 2007. Cover letter and surveys sent to each hospital were accompanied by a study consent form. Telephone calls were made to hospitals that had not responded by February 2008. The hospitals contacted by telephone were asked up to three questions:

1) Are elective obstetrical deliveries performed at the hospital; 2) If so, are cesarean sections performed; and if so 3) Who performs cesarean deliveries? A total of 65 hospitals (64.3%) responded to the survey. 100% of the hospitals answered the telephone questions. 43.5% of hospitals had data regarding the total number of births from 1986, 1996, and 2006.

Measurements and Main Results

Of 101 rural hospitals in MN, 76.2% continue to offer obstetrical services (November 2007).

Twenty-two hospitals are located in communities with a population of 10,000 or greater, 95.45% of these hospitals continue to perform deliveries, and all of those that continue to offer obstetrical services also employ OB/GYN physician(s). All of these larger hospitals that offer obstetrics also offer elective and emergent cesarean sections. Family medicine physicians perform cesarean sections at 9.1% of these hospitals. 91.7% have family medicine physicians doing obstetrics.

Seventy-nine hospitals are located in communities with populations under 10,000. Obstetrical services continue to be offered at 70.9% of these hospitals; 94.6% continue to offer cesarean deliveries. Almost half (48.2%) of the smaller hospitals have family medicine physicians performing cesarean sections. 59.5% of small rural hospitals that continue to offer obstetrical services employ OB/GYN physicians. 52 rural hospitals returned the completed survey. 29.1% of rural small community hospitals have discontinued their obstetrical services in the last 30 years. The nine most common factors related to closure were as follows: aging community, insufficient technology, no anesthesia/surgeon, unable to keep nursing and support staff adequately trained, increased family physician retirement and too few family physicians choosing to practice obstetrics, large conglomerate health system bought clinics, too few deliveries, no OB/GYN physicians, and too few female physicians.

The hospitals located in small rural communities that continue to offer obstetrical services were divided into three groups to observe trends in deliveries over the past thirty years. These were: less than 25 deliveries per year, 25-100 deliveries per year, and greater than 100 deliveries per year. Trend charts were limited to those hospitals that were able to provide total number of deliveries from at least two of the years requested (1986, 1996, and 2006). The five communities with less than 25 deliveries each year have fewer deliveries with each consecutive year. For communities with twenty-five or more deliveries each year, trends are less succinct.

The number of family physicians who practiced obstetrics in their hospital has decreased over the past three decades. In 1986, 84.1% of family medicine physicians practiced obstetrics while 81.3% of family medicine physicians did so in 1996, and 63.9% of family physicians practiced obstetrics in 2006.

Hospital administrators related changes to their obstetrical services involved - keeping staff proficient, skilled, and maintaining/improving current technology. They also

Paper of Greatest Interest - Continued on page 11

New Leadership Installed at All-Member Celebration

MAFP leaders took to the stage to be formally recognized during the 2008 All-Member Celebration in April. AAFP representative, Bruce Bagley, M.D., was on hand to officially install **David Hutchinson, M.D.**, as the 2008-2009 MAFP President. Dr. Hutchinson is a family physician in Duluth and



AAFP representative, Bruce Bagley, M.D., installs David Hutchinson, M.D., as the MAFP's next president.



Jonas Hutchinson watches as his dad gives his installation remarks.

is Assistant Director of the Duluth Family Medicine Residency Program.

Other physicians recognized for their service were: **Patricia Fontaine, M.D.**, President-Elect; **Mohammad Tariq Fareed, M.D.**, Officer-At-Large; **Alan Olson, M.D.**, Board Chair; **Terence Cahill, M.D.**, Speaker of the House; **Philip Stoyke, M.D.**, Vice Speaker; **Raymond Christensen, M.D.**, Treasurer; **Patricia Lindholm, M.D.**, and **David Thorson, M.D.**, AAFP Delegates; and **Carol Featherstone, M.D.**, and **Keith Stelter, M.D.**, AAFP Alternate Delegates. **Gregory Angstman, M.D.**, was re-elected as Director-at-Large to serve on the Executive Committee.



MAFP officers are called to the stage to be recognized during the All-Member Celebration.

2008 House of Delegates Actions Summarized

Remembering Champions of Rural Family Medicine

Resolutions were unanimously adopted to commemorate Lyle Munneke, M.D. and Jack Verby, M.D.

Pushing Congress for Reinstatement of Economic Hardship Deferment

Letters will be written to the Minnesota Congressional Delegation describing the MAFP's strong support for reinstatement of the 20/220 pathway for Economic Hardship Deferment for physicians entering primary care specialty training. A similar resolution will be brought to AAFP.

Electronic Medical Database

The MAFP will work with state and national medical and governmental entities in defining the essential components of an electronic medical database that can be accessed at every medical encounter by any health care provider.

Preservation of Health Care Access Fund

The MAFP will continue to support MMA's legislation that would create a Health Care Access Fund Oversight Commission to oversee the appropriate distribution of the HCAF.

New Financial Model

The MAFP will work in collaboration with other primary care specialty organizations, with the intent of developing criteria and guidelines for new physician payment structures that could co-exist with the current fee-for-service framework and would be provided to any practice that is officially designated as meeting the criteria of a Medical Home, such as:

- 1) a Patient Management Fee, which would provide reimbursement on a per-member-per-month basis for that physician whom any patient designates as their personal physician and,
- 2) a Chronic Disease Management Fee, which would provide reimbursement on a per-member-per-month basis to the medical home for the longitudinal care of patients with either mental or physical chronic disease, and
- 3) continued improvement in the current system of Pay for Performance for achieving quality.



Establishing a Primary Care Coalition

Work will continue on the establishment of a primary care coalition with general pediatricians, general internists, and osteopathic physicians to work on common clinical interests and political needs and developing leadership for transforming the practice of primary care in Minnesota.

Improving Health Through Sustainable Food Purchasing

The MAFP will encourage hospitals to adopt policies and implement practices that increase the purchasing and serving of food that promotes health and prevents disease. We will recognize and publicize those organizations that serve as healthy role models by participating in and promoting a healthier and more sustainable food system that improves eating habits, increases patient and public health, and supports the long-term social, economic, and environmental well-being of communities in Minnesota and throughout the world.

2008 MAFP Award Winners

Merit Award Winner



George Schoephoerster, M.D., was selected as the 2008 Merit Award winner. Dr. Schoephoerster has been a practicing family medicine

since 1982. He also served as the residency training program director for five years in St. Cloud. Nominators say his professional life has been defined and led by the ideals of family medicine, and the social values which created them. As a MAFP leader, he was instrumental in helping the organization embrace a Strategic Plan and he spurred the Board to endorse and refine a position paper on the Medical Home. Dr. Schoephoerster has served on Governor Pawlenty's Health Care Reform Task Force and is President-Elect of the MMA.

Teacher of the Year



Gwen Halaas, M.D., M.B.A., was named the 2008 Teacher of the Year. The award is given annually to an outstanding teacher of family medicine in

either an academic or practice setting. Dr. Halaas has taught several hundred medical students and residents during her more than twenty years as a family physician. She is the Director of the Center for Interprofessional Education at the U of M Academic Health Center. In addition, she is a Assistant Professor with the Department of Family Medicine and Community Health. Dr. Halaas been internationally recognized for her work as director of the Rural Physician Associate Program Director which she led from 2004 - 2007.

President's Award



James Boulger, Ph.D., is the recipient of the 2008 President's Award. He was nominated by outgoing president, Lynne Lillie, M.D. Dr. Boulger is the

Director of the Family Medicine Preceptorship Program and Director of Alumni Relations for the University of Minnesota Medical School - Duluth Campus. He received the award once before in 1994. While presenting him with the award, Dr. Lillie said Dr. Boulger deserved to be recognized again for his continuing hard work and for making family medicine his labor of love. She called him an inspiration and credits him as being a big reason why she decided to go into family medicine.

Researcher of the Year



Therese Zink, M.D., Minneapolis, received the 2008 Researcher of the Year Award. The recipient of the award must have contributed in

a outstanding manner to the development of family medicine research in Minnesota and/or nationally. Dr. Zink is a professor with the U of M Department of Family Medicine and Community Health. She also teaches and does research with RPAP, precepts at St. John's Family Medicine Residency and sees patients at the Fairview Clinic in Zumbrota. She has been involved in both the MAFP Research Committee and the Research Network. Research interests include family violence, sexual assault, and training medical students to be competent in rural primary care.

Resident of the Year



Michael Hervey, M.D., St. Joseph's Family Medicine Residency Program, was chosen as the 2008 Resident of the Year. The award recognizes a third-year

resident for significant contributions to family medicine in the community, including teaching, leadership and educational activities. Dr. Hervey is a graduate of Morehouse College, Harvard University, the University of Virginia School of Medicine, and the United States Navy BOOST Officer training program. He has had numerous honors and merit scholarships awarded to him. One nominator wrote "he is a leader in all aspects of life and has the humility to be able to connect with those he touches."

Medical Student Award



Joanna Burns, University of Minnesota, was given the 2008 Medical Student Award for Contributions to Family Medicine. The award recognizes a fourth-year

medical student for family medicine activities on a local, community, state or national level. Joanna spent two years in Duluth and then did her RPAP training in Cloquet. While there, she made herself available for nearly every delivery, took extra call shifts and spent extra time working with local services. Nominators say even more exemplary was the depth of compassion she showed for her patients. They went on to describe her as a creative person with high ethical standards.



MINNESOTA ACADEMY OF FAMILY PHYSICIANS FOUNDATION NEWS



The mission of the MAFP Foundation is to support family physician health care delivery, research and education, and to promote the specialty of family medicine.

2008 Mersy Externship Winners Selected

The MAFP Foundation is pleased to announce the two winners of this year's David Mersy, M.D. Medical Student Externship Program. Congratulations to:

1. **Erin Lorence** – first year medical student attending the University of Minnesota Medical School. Erin's research project will explore "*Weight Concerns and Depressive Symptoms in Female Smokers and the Effect of Menstrual Phases.*" Her mentor is Sharon Allen, M.D.

2. **Genevieve Werner** – second year medical student enrolled at Mayo Medical School. Her paper is titled "*Chronic Lyme Disease and Headache Patterns.*" Robert D. Sheeler, M.D. is her mentor.

Annually the MAFP Foundation offers the Externship Program to medical students interested in conducting family medicine research at their respective medical schools. Students receive a stipend for their summer research projects while mentors receive a small stipend to offset administrative expenses associated with the student's project. Both students and mentors must be members of the MAFP. Students present their findings at the MAFP Research Forum. Funding for the 2008 – 2009 Externship Program is made possible by the generous members of the MAFP, MAFP Foundation, AAFP Foundation, the MAFP Foundation's Corporate Advisory Council, and the Rochester Medical Corporation.

Executive Director Lynn Balfour is available to talk to medical students and Family Medicine Interest Groups about the application process for next year's Externship Program. Lynn can be reached at 952.542.0130 (toll free 800.999.8198) or via email at foundation@mafp.org.

Monticello Doctor Wins Raffle Prize

Dr. Glenn Nemec won a three night stay at any Radisson Hotel as part of the MAFP Foundation Raffle held at the Spring Refresher. Upon hearing the news Dr. Nemec said, "Now I'll have to decide where to go and plan a trip." The Carlson Companies generously donated the Radisson Hotel package to the MAFP Foundation. The raffle was just one of the fundraising activities conducted by the Foundation at the Spring Refresher conference. Thank you to everyone who made a cash donation, purchased a raffle ticket, or bought a *Family Docs In Motion* sports shirt. Your donation is appreciated and will further advance the mission of the MAFP Foundation.



Foundation Board Votes to Support "Chronic Kidney Disease Initiative"

In February, the MAFP Foundation Board of Directors heard a presentation by staff from Stratis Health regarding chronic kidney disease in Minnesota, and voted to issue a letter of support indicating interest in the project. If Stratis Health receives federal funding from the Medicare Quality Improvement Organization 9th Scope of Work contract, the MAFP Foundation will participate in this three-year project as a subcontractor.

The "Chronic Kidney Disease (CKD) Initiative," a project of the MAFP Foundation, is aimed at improving the identification and management of persons with chronic kidney disease through clarifying and communicating management goals and appropriate roles of family physicians and nephrologists. The project's outcome will be to develop a model of communication to better understand the roles in identifying and managing patients with CKD.

The MAFP Foundation and the MAFP believe this project fits into their top priority initiative to promote the Patient-Centered Medical Home concept as a key component in health care reform. The focus of Medical Home is to provide improved continuity of care through coordinated health care systems that help to improve patient and physician satisfaction while providing improved health care outcomes in a cost efficient manner. Funding decisions will be made later this summer. Stay tuned for more information.

Call for Proposals

The MAFP Foundation seeks your suggestions for potential programs that the Foundation can work on in the coming months. Any ideas of focus areas, programs or fundraising are welcome. All submissions will be reviewed by the Foundation's Board of Directors.



In the past, "Health Literacy" was selected as a focus area. As a result, the Foundation supports and participates in the *Health Exchange* online library of translated health documents that are now available to MAFP members free of charge. In addition to promoting "Health Literacy," the Board designated "Practice-Based Research" as a priority area and makes a financial contribution to the MAFP Research Network.

The MAFP Foundation supports innovative and high interest projects and programs that reflect our mission to support Family Medicine health care delivery, research, education, and the promotion of the specialty of Family Medicine. Please send your ideas to Lynn Balfour, Executive Director, at foundation@mafp.org or call 952.542.0130 (toll free 800.999.8198). Thank you.

University of Minnesota Medical School Receives Achievement Award

The University of Minnesota Medical School has earned an Achievement Award from the AAFP. The award recognizes the school's efforts to foster student interest in family medicine and produce graduates who enter the specialty. Based on a three-year average, for the period ending October 2007, 16.1% of U of MN graduates have entered an ACGME-accredited family medicine residency program. This places the school in the Top 10 of all medical schools in the nation for producing family medicine physicians.

Collecting Data in Healthcare Settings

The MN Governor's Healthcare Disparities Task Force, Data Committee will present *Collecting Race, Ethnicity, and Language Data in Healthcare Settings* on June 2nd from 12:00 p.m. - 5:00 p.m. at HealthPartners in Bloomington. The session will address the importance of collecting such data and the business case for doing so. To register, contact Sukanya Kalia at (651) 431-4915 or email her at Sukanya.Kalia@state.mn.us.



Affiliated Community Medical Centers, Willmar, MN: Physician-owned multi specialty clinic is seeking a full-time physician to join the Family Practice Department in their Willmar, Redwood Falls, Granite Falls, Marshall, Litchfield and Benson affiliates. These positions offer a guaranteed salary plus production incentive and an outstanding benefit package. For further information please contact Kari Bredberg, Physician Recruitment Coordinator, Affiliated Community Medical Centers, 101 Willmar Avenue SW, Willmar, MN 56201, 320-231-6366 or e-mail karib@acmc.com Website: www.acmc.com.

Cuyuna Regional Medical Center – Comprehensive Health Care Meets Lake Country Living. Central Lakes Medical Clinic, P.A. in Crosby, MN is seeking BC/BE Family Medicine physicians with OB to join our multi-specialty group. Crosby is located 14 miles northeast of Brainerd/Baxter within the coveted Brainerd Lakes area. Be part of an independent practice while working collaboratively with our comprehensive and progressive medical campus. To learn more about our exciting opportunities, call Becky at 877-546-2308 or email her at rthiesfeld@cuyunamed.org. Visit our websites at www.cuyunamed.org and www.mimismn.org.

Continued from page 7 - Paper of Greatest Interest

indicated their desire to hire more family medicine physicians who practiced obstetrics – many desire family physicians trained in cesarean sections and female physicians (family medicine or OB/GYN) to offer obstetrical services.

Conclusions

Preserving obstetrical services in rural Minnesota is important, but will not be easy. Maintaining available high quality obstetrical services must be a priority for health care leaders and lawmakers. One of the goals set by the 2004 *Future of Family Medicine* project was to “renew the specialty of family medicine to meet the needs of people and society.” Training family physicians in all aspects of obstetrical cares – from intra-partum to surgical skills – along with a focus on the distribution of an ample, trained support staff to rural hospitals, will fulfill the profession's promise for excellent rural obstetrical care in the future for Minnesota. One limitation of this study could be addressed by sending surveys to the head obstetric nurse. This may improve the completion rate for returned surveys.

This research was funded by a 2007 David Mersy, M.D. Medical Student Externship Program grant through the Minnesota Academy of Family Physicians Foundation.

HealthPartners Medical Group – Andover and Elk River, MN

Our RiverWay Andover and Elk River Clinics are actively recruiting full-time BC/BE Family Medicine physicians to join their primary groups. Call and hospital rounding are optional. Current primary care physicians include: family medicine, internal medicine and pediatric physicians. OB/Gyn and surgical specialties are available onsite. Admitting hospital is Mercy Hospital, Coon Rapids, MN. Electronic Medical Record experience is preferred, but not required. We offer a competitive salary, excellent benefits, a rewarding practice, and a commitment to providing exceptional patient-centered care. For more info, contact diane.m.collins@healthpartners.com, (952)883-5453, toll-free: (800) 472-4695, x3. Or, log on to www.healthpartners.jobs and follow the Physician Job Opportunities link to Andover Job ID# 11360, or Elk River Job ID# 12177. EO Employer. www.healthpartners.com

Family Medical Center has an opportunity for a family practitioner who wishes to practice with a privately owned physician driven multi-specialty group practice. Family Medical Center, Little Falls, Minnesota is a 17 physician group practice; 10 FPs, 2 IMs, 1Ped, 2 Gs and 2 Ob/Gyns. Shareholder status is available after one year. Call schedule is 1:10, hospital provides ED coverage. The opportunity provides a competitive salary with bonus opportunity and an excellent retirement plan. Hospital is highly supportive and provides relocation assistance, signing bonus and two-year income guarantee. Little Falls is located in Central Minnesota on the Mississippi River. Abundant outdoor activities prevail as well as an excellent family centered quality of life. Contact us at: www.fmclf.com ddvorak@fmclf.com

Practice Opportunities - Continued on page 12

Midwest Family Practice Opportunity: Balance life and patient care. Group practice opportunity for BC/BE Family Practice physician in scenic Winona, MN. Opportunity offers single-hospital setting, competitive compensation and the opportunity to pursue individual medical interests while balancing professional and personal life. Physician would join the medical staff of Community Memorial Hospital, which is linked to area healthcare providers by a community-wide Electronic Medical Record. Bordered by bluffs and the Mississippi river, Winona boasts good schools, two universities, international businesses and bountiful recreational and cultural opportunities. No J1 opportunities. Contact: Cathy Fangman, 855 Mankato Avenue, Winona, MN 55987. Phone: (800) 944-3960, ext. 4301; Website: www.winonahealth.org; Email: cfangman@winonahealth.org

Urban community clinic organization seeks **compassionate, experienced family physicians** for expanded staff positions. Option for OB and participation in hospital medical attending. Primary care internist, pediatrician, or meds/peds also considered. Qualified candidates will be BE/BC and desire to work in a diverse community-based setting. WSCHS is a FQHC serving 35,000 patients annually at 18 medical, dental, homeless, public housing, and school-based clinic sites located in St. Paul. WSCHS serves large Latino, Hmong, immigrant, and refugee populations. Bilingual/bicultural candidates are strongly encouraged to apply. Opportunity for loan repayment. Resumes/CVs to Human Resources, West Side Community Health Services, 153 Cesar Chavez Street, St. Paul, MN 55107; fax 651-602-7517; or email hr@westsidechs.org

Lake City Medical Center – Mayo Health System is seeking family medicine physicians to join our compassionate, high quality and nationally award-winning team of health care professionals. A physician-led family practice group, we strive for personal, compassionate health care supported by advanced technology. Our main campus, located in Lake City, Minnesota, houses our clinic, hospital and nursing home. We also have three off-campus clinics in Wabasha and Plainview, Minnesota and Alma, Wisconsin. Lake City Medical Center offers a competitive salary and benefits package, along with a friendly and rewarding work environment. For more information, contact Cheri Kramer, chief administrative officer, 651-345-3321.

HealthPartners Central Minnesota Clinics (HPCMC), a well-established multi-specialty group in St. Cloud, MN is now actively looking for BC/BE Family Medicine Physicians with OB to join its team of experienced providers. This is an excellent opportunity both for an experienced physician or a new resident. Located just 55 miles northwest of the Minneapolis/St Paul metro area, this growing community of 125,000 enjoys a high quality of life with low cost of living. HPCMC offers call 1:10, fully-functional electronic medical record, competitive salary with productivity, full benefits package, and paid malpractice. If you are interested in this rewarding professional opportunity, send CV to: Kathy Cumming O'Hara, HealthPartners Central Minnesota Clinics, 1245 15th St. No, St Cloud, MN 56303, phone: 800-370-0570 Ext. 2007, email: kcummingohara@hpcmc.com.

Fairview Health Services seeks family medicine physicians for inpatient/outpatient or outpatient-only practices. Enjoy 4-day workweeks and optional OB. Experience accessible specialist consultations and onsite lab and radiology. Work and live in vibrant communities: urban, suburban and rural practice opportunities meet your and your families' needs. Enjoy an initial income guarantee with productivity component and a fantastic benefit package, including malpractice insurance. Shape your practice to fit your life as a part of our nationally recognized, patient-centered, evidence-based care team. Visit fairview.org/physicians to explore our current opportunities, then apply online, or call Bridgett Kay at 800-842-6469 or e-mail recruit1@fairview.org. EEO/AA Employer

Park Nicollet Clinic is seeking BE/BC Family Medicine Physicians to join its multispecialty group in Minneapolis. Our Family Medicine department provides comprehensive services in health promotion, screening, diagnosis and disease management at 17 Park Nicollet Clinic locations in Minneapolis and surrounding suburban communities. It is our goal to provide care for most of the entire family's health care needs. Practice options include participating in our hospital service or 100% outpatient practice. Our integrated health care system, including Park Nicollet Clinic and Methodist Hospital, is recognized locally and nationally for great care and leadership. Share your expertise in an environment that supports new treatments and innovations while embracing a strong work-life balance. For immediate consideration, please send CV to: Missy Fisher, Director Clinician Recruitment, Park Nicollet Health Services, 3800 Park Nicollet Boulevard, St. Louis Park, MN 55416. For more information contact Ms. Fisher at (952) 993-6025 or (888) 437-5004; email Melissa.Fisher@parknicollet.com

Urgent Care Physician – Park Nicollet Clinic Park Nicollet Clinic is seeking full-time BE/BC Family Medicine Physicians to join our Urgent Care Department. We offer Urgent Care services at six of our clinics. We invite you to share your expertise in an environment that supports new treatments/innovations while embracing a strong work-life balance. Our integrated health care system, including Methodist Hospital, is recognized locally and nationally for great care and leadership. Send CV to: Missy Fisher, Park Nicollet Health Services, 3800 Park Nicollet Boulevard, St. Louis Park, MN 55416, phone 952-993-6025, email: fishem@parknicollet.com. To learn more or apply online, visit parknicolletphysician.jobs.

Tri-County Hospital seeks a BC/BE Family Practice Physician to join our growing regional health care system. 4/days week, 6.5 scheduled hours/day, 46 weeks/year. No OB required. No Call. Guaranteed salary plus production incentive, liability coverage, relocation expenses, and competitive benefits. Excellent schools, unlimited seasonal sports activities, numerous artistic opportunities and miles of lakeshore are all part of the attraction in this region. Located in the heart of north central MN lake country – just 2 ½ hours from the Twin Cities. Please contact Lori Gress, Tri-County Hospital, 415 North Jefferson, Wadena, MN 56482. 218-631-7462 or 218-639-0572 cell. lori.gress@tricityhospital.org.

Outstanding Twin City Opportunity. Johnson Street Medical Clinic is a Twin City independent medical clinic looking for exceptional physicians who want to practice excellent medicine their way rather than in a corporate style. We offer the setting, management and support that will assist you to realize your dreams. Practicing medicine should be both personally and financially rewarding – and it is at Johnson Street Medical Clinic. Please fax your CV to (612) 788-4930 or give us a call at (612) 782-0900. All conversations will be held in the strictest of confidence.

Luther Midelfort-Mayo Health System in Chetek, Wisconsin is seeking a physician BC/BE in Family Medicine to join an established clinic. OB required. Call 1:13. OB call 1:6. Luther Midelfort-Mayo Health System is a 225 physician-directed, fully integrated multi-specialty clinic and hospital owned by the Mayo Clinic. Luther Midelfort physicians practice evidenced-based, protocol-driven medicine. Electronic and on-line resources make it possible to practice state-of-the-art medicine. Chetek is a thriving community with an excellent educational system located 45 minutes north of Eau Claire, WI. Contact Cyndi Edwards, 800-573-2580; edwards.cyndi@mayo.edu; fax 715-838-6192; or www.luthermidelfort.org

Eau Claire, WI: Luther Midelfort – Mayo Health System seeks a physician BC/BE in Family Medicine or Internal Medicine for an outpatient **Urgent Care** position. Join a thriving physician directed, fully integrated hospital and multi-specialty clinic owned by Mayo Clinic. Comprehensive benefits package and competitive hourly compensation. Eau Claire is a university community with a metro area of 95,000, 90 minutes east of Minneapolis/St. Paul. The community offers superior schools, a multitude of recreational activities, and a safe family environment. For more information, contact Cyndi Edwards, 800-573-2580; fax 715-838-6192; e-mail edwards.cyndi@mayo.edu; or you may visit our website at www.luthermidelfort.org.

Red Cedar Medical Center-Mayo Health System in Menomonie, Wisconsin, is seeking a physician BC/BE in Family Medicine. OB is optional. Call of 1:10. Opportunity to moonlight in Red Cedar E.R. Two-year salary guarantee and complete benefits package. Red Cedar Medical Center is a vibrant 34-physician state-of-the-art, multi-specialty clinic and a 25-bed critical access hospital located one hour east of Minneapolis and ½ hour west of Eau Claire. Menomonie is home to the 7,500 students at the University of Wisconsin-Stout. Perched on the banks of Lake Menomin, the community offers strong schools and safe neighborhoods in a beautiful setting. Contact Cyndi Edwards, 1-800-573-2580; fax 715-838-6192; e-mail Edwards.cyndi@mayo.edu or www.rcmc-mhs.org

Luther Midelfort – Mayo Health System in Eau Claire, Wisconsin, is seeking a physician BC/BE in Family Medicine for a full-time, outpatient practice. “Phone” call of 1:23 and one weekend in Urgent Care every 23rd weekend. Compensated on hourly basis for Urgent Care hours. Family Medicine Department recently moved to a brand new clinic addition. In partnership with Mayo Clinic, Luther Midelfort is a physician-directed, vertically integrated hospital and multispecialty clinic based in Eau Claire, WI. With interest, please contact Cyndi Edwards, 800-573-2580; fax 715-838-6192; e-mail edwards.cyndi@mayo.edu. Visit our website at www.luthermidelfort.org.

MENOMONIE WISCONSIN: Red Cedar Medical Center – Mayo Health System, an integrated 25-bed critical access hospital and 34-physician multi-specialty group, is seeking a physician **BC/BE in Emergency Medicine, Internal Medicine (experience treating children) or Family Medicine** for our Emergency Department and Urgent Care. 8,500 ER visits coupled with 17,000 urgent care visits are shared by physicians and mid-level providers. Twelve, 12-hour shifts per month. Competitive compensation and complete benefits package. Menomonie, located 1 hour east of Minneapolis/St. Paul and ½ hour west of Eau Claire, WI, is a university community of 15,000. For more information, contact Cyndi Edwards, 800-573-2580; fax 715-838-6192; e-mail edwards.cyndi@mayo.edu; or you may visit our website at www.rcmc-mhs.org.

Bloomer, WI: Luther Midelfort Chippewa Valley – Mayo Health System is seeking a **BC/BE Family Practitioner or BC/BE Med-Peds** with interest in both in/outpatient care opportunities. Pre and post natal care at this site but NO deliveries. Call of 1:5. No first call in the E.D. Call involves back up for mid-levels in the E.D. and is compensated. Moonlighting in the E.D. is optional and compensated on an hourly basis. Bloomer, a growing community 3,500, offers strong schools, many four-season recreational opportunities, and easy access to higher education. Contact Cyndi Edwards, 800-573-2580; fax 715-838-6192; e-mail edwards.cyndi@mayo.edu or you may visit our website at www.luthermidelfort.org

Long Prairie, Minn. – Join a group of primary care providers in a community of 3,040 located 65 miles from regional medical center. Call is 1:6 (95% as P.A. backup). Required to practice OB. Access to multiple specialists in system. Clinic is attached to a 34-bed, critical access hospital. CentraCare Clinic, a 180+ physician multi-specialty clinic, is part of CentraCare Health System serving a referral population of more than 640,000 including a regional medical center, two rural hospitals, 11 clinics and four long-term care facilities. Competitive compensation and benefits package. Health profession shortage area; J-1 visa applications accepted. Contact: Cassie Tinius, Recruiter, 1406 Sixth Avenue North, St. Cloud, MN 56303. 800-835-6652, ext. 57085. Fax 320-255-5722. Email: tiniusc@centracare.com www.centracare.com

Melrose, Minn. – Seeking a BC/BE family practice physician willing to practice OB. Join six physicians in a community of 3,200 people located 40 minutes from a regional medical center. Our physicians have access to a broad array of specialists. The clinic is attached to a 28-bed, community-based hospital. CentraCare Clinic, a progressive, 180+ physician multi-specialty clinic, is part of CentraCare Health System and serves a referral population of more than 640,000 which includes a regional medical center, two rural hospitals, 11 clinics and four long-term care facilities. Competitive compensation and benefits. Not a health profession shortage area. Contact: Cassie Tinius, Physician Recruiter, 1406 Sixth Ave. N., St. Cloud, MN 56303; 800-835-6652, ext. 57085; Fax 320-255-5722; Email:tiniusc@centracare.com; Web:www.centracare.com

Practice Opportunities - Continued on page 14

New clinic, experienced system: Looking for a Family Medicine physician to join a new clinic in Big Lake, Minn. The latest technology allows physicians to provide high quality, personalized care. Big Lake, with an area population of 15,581, is located approximately 30 minutes from St. Cloud and 35 minutes from Minneapolis. Natural amenities such as lakes, the Mississippi and Elk Rivers, trail systems, parks, a tremendous labor force and easy access to major roads make Big Lake ideal. This community's industrial base balances the rapid residential growth. For more information, contact: Cassie Tinius, Physician Recruitment & Relations, St. Cloud Hospital. Phone: 800-835-6652 ext. 57085; Email: tiniusc@centracare.com, Web: www.centracare.com

St. Cloud, Minnesota: Join 18 family medicine physicians at a clinic located within minutes of a regional hospital. OB experience is preferred. In the heart of lake country, St. Cloud is a family-oriented community with a population of nearly 125,000. The community offers numerous four-season recreational activities, sporting and cultural events. It is located just 60 miles northwest of Minneapolis/St. Paul. A variety of public and private schools provide high quality options for elementary and secondary education. Four local colleges provide outstanding higher education opportunities. Competitive compensation and benefits package. Contact: Cassie Tinius, 1406 Sixth Avenue North, St. Cloud, MN 56303. 800-835-6652, ext. 57085 Fax 320-255-5722 Email: tiniusc@centracare.com www.centracare.com

Becker, Minnesota - Small-town charm, big city services! Join a three-physician group in a rapidly growing city. Our recently expanded clinic with room for five providers offers physical therapy and an on-site pharmacy. Call is 1:18. Hospitalists can assist with St. Cloud Hospital admissions. Becker, located only 45 minutes from Minneapolis/St. Paul, has a population of 8,800 and a service area of 145,500. It has excellent schools, a community center, golf course and the world's largest furniture store! Competitive compensation and benefits package. Contact: Cassie Tinius 1406 Sixth Avenue North, St. Cloud, MN 56303. 800-835-6652, ext. 57085 Fax 320-255-5722 Email: tiniusc@centracare.com www.centracare.com

Aspen Medical Group, a division of Allina Hospitals & Clinics, located in St. Paul, Minnesota, seeks full time, part time and moonlighting BC/BE family medicine physicians to join our *Urgent Care Clinics* in Bloomington, Inver Grove Heights, Maplewood and St. Paul. Full Time consists of 31 hours/week, with a combination of days, evenings and weekend hours. Part time and Moonlighting consists of evening and weekend hours. Our clinics are fully staffed with lab, X-ray, MRI, CT, nursing staff and on-call specialists. All candidates must have a MN license and DEA registration. Will consider 2nd and 3rd year residents. *Full time Family Medicine, No OB, opportunities* are available at the Aspen clinics located in Maplewood, St. Paul, Inver Grove Heights (inpatient & outpatient or outpatient only), and Minneapolis (outpatient only). Apply online at www.aspenmed.org, or contact Julie Juba at 866.415.2600, via email at jjuba@aspenmed.org or fax your CV to 651.642.2796.

Outstanding Upper Midwest Opportunities. **MeritCare Medical Group**, a 400+physician multi-specialty group practice based in Fargo, ND is seeking BC/BE family medicine physicians. Excellent opportunities are available in several communities in eastern North Dakota and the lake country of western Minnesota. Communities range in size from 9,000 to 18,000. Good call arrangements and modern well-managed community hospitals. OB is preferred but not required. Immigration and state licensure requirements vary based on individual credentials. MeritCare has legal expertise available to provide guidance through these issues. Excellent salary and full benefits is being offered, paid malpractice, relocation allowance and immigration financial assistance is available as well as starting incentives available at most sites. To learn more visit our website at www.meritcare.com or contact: Jill Gilleshammer, Physician Recruiter, Phone: 701-280-4851, Fax: 701-280-4136, Email: Jill.Gilleshammer@meritcare.com.

Interested in joining a vibrant, hard working staff of Family Practitioners and a Nurse Practitioner? **Sawtooth Mountain Clinic, Inc.** might be the place for you! Situated on the shore of Lake Superior in northeastern MN, bordering the Boundary Waters Canoe Area and Quetico Provincial Park! Live, work and play all in this illustrious northwoods country. Our "search" is for a BE/BS Family Practitioner. SMC is a federally funded Community Health Center, servicing all of Cook County, MN, with clinic office hours from Monday-Saturday & services provided at two satellite clinics. Physicians also provide in-patient care at the North Shore Hospital and care to residents of the adjoining Care Center. Call, email or fax inquiries/resumes to Sue Nordman, COO - sue@sawtoothmountainclinic.org, phone: 218-387-2330 ext. 31 or fax 218-387-1278. We look forward to meeting you!

Springfield Medical Center/Mayo Health System seeks a BE/BC Family Practice Physician with OB to join our Mayo-owned regional medical center. An employed position, competitive salary, excellent benefits, paid malpractice, paid relocation, and generous CME. Springfield is located on highway 14 just 60 mile west of Mankato on the "Laura Ingalls Wilder Memorial Highway." Springfield is a wonderful upper mid-west community with excellent schools with a population of 2,200, four-season recreational opportunities in safe friendly community. We offer both a satisfying professional career and an excellent quality of life in Southern Minnesota. Contact: Jo Montemurno Phone: 866-625-713. Email: montemurno.jo@mayo.edu

St. Peter Clinic/Mayo Health System seeks a BE/BC Family Practice Physician with OB optional to join our Mayo-owned regional medical center. Call 1:5. Employed position with a competitive salary, excellent benefits, paid malpractice, paid relocation and generous CME. The beauty and refuge of the Minnesota River Valley draws people to St. Peter (pop. 10,000). Education is a mainstay of St. Peter, which is home to Gustavus Adolphus College. St. Peter offers small town life while being only an hour from Minneapolis. Recreational opportunities are plenty in St. Peter. Contact: Jo Montemurno, 866-625-7131; montemurno.jo@mayo.edu; fax: 507-625-4424.

Champlin Urgent Care: V-Kare Clinic seeks board certified primary care physicians, nurse practitioners and physician assistant for evening and weekend positions. Fax: 763-323-1027 E-mail: drhussain@vkare.com

North Memorial is presently recruiting for BC/BE family physicians to join several of our owned and affiliated family practice clinics. Practice opportunity locations include Brooklyn Park, Robbinsdale, Crystal, Maple Grove, Minneapolis and others. These are excellent practice opportunities with comprehensive compensation and benefits packages. Contact: Mark Peterson, Physician Recruiter, North Memorial Medical Center, 3300 Oakdale Ave. N., Robbinsdale, MN 55422. Telephone (763) 520-1336. E-mail: mark.peterson@northmemorial.com Website: www.northmemorial.com

Maple Grove Urgent Care: Opportunity for physicians or physician assistants looking for part-time hours in busy urgent care clinic located in the growing northwest suburb of Maple Grove. Clinic hours are Monday through Friday 4:00 p.m. to 10:00 p.m., and Saturdays and Sundays 10:00 a.m. to 6:00 p.m. We are open all holidays and offer competitive pay. If you are interested or would like more information call Rick Leach, MD at 612-760-7161, or fax CV to 763-420-7938, or email with attachment to rdleach@aol.com.

A GREAT PLACE TO NUTURE A FAMILY-AND A FAMILY PRACTICE at Brainerd Lakes Health located in lakes area of Central Minnesota. We are seeking FPs to join our growing group. Call is 1:14 Four- day workweek. Brainerd Lakes Health is an integrated multi-specialty clinic and 162-bed, JCAHO, acute care hospital. We serve 150,000 in a 60 mile radius. We offer competitive compensation, benefits, and malpractice in an area that offers lakes, trees, golf course, fine dining, shopping, arts, and excellent schools all just minutes from work and home. Want more info? Contact Nancy Juntunen at 218-454-5800 or nancy.juntunen@sjmcmn.org AA/EOE.

Express HealthCare seeks part-time and casual family physicians to work in our State of Art Urgent Care facility. We offer a modern working environment utilizing an EMR, digital imaging and onsite automated prescription dispensing. We are located next to the National Sports Center in Blaine. We are open everyday from 10AM to 10PM. We offer competitive pay and flexible scheduling. Please contact Rick Leach, M.D. at RDLeach@AOL.com or call 612-760-7161.

Fairmont Medical Center—Mayo Health System in Fairmont, Minnesota is seeking Family Medicine physicians, (OB optional) and a Family Medicine physician for the Emergency Department. Call for FP is 1:13. We are a multi-specialty group offering an attractive benefit program and two-year salary guarantee with future production incentives. Our partnership with Mayo Health System allows us to consult with our colleagues at the renowned Mayo Clinic. FMC is totally integrated with physician practices, high-end diagnostics, 57-bed hospital and 40-resident nursing home. Fairmont is located 120 miles south of Minneapolis, MN. Contact Jeannie Green, 800-234-6141; green.jeannie@mayo.edu or www.fairmontmedicalcenter.org

Allina Hospitals & Clinics is proud to be the first MN health care organization to earn the Davies Award, the industry's preeminent award from the Healthcare Information and Management Systems Society, with cutting-edge technology on our new electronic medical record system. As a not-for-profit family of hospitals, clinics and other care services, we are dedicated to meeting the lifelong health care needs of communities throughout Minnesota and western Wisconsin. Currently we are seeking BE/BC Family Physicians in the following Minnesota communities: Eagan, Cottage Grove, Woodbury, Faribault, Mora, St. Michael, Litchfield, Hastings, Cokato, Cambridge, Northfield, Coon Rapids, Ramsey, Richfield, and Forest Lake, and these locations in Wisconsin: Prescott, and River Falls. Please contact us for more information or visit our website at www.allina.com. Allina Physician Recruitment Services, recruit@allina.com or 612-262-4560 / 1-800-248-4921. EOE

Allina Medical Clinic-Northfield, MN is seeking BC/BE FPs to join our team of 17 primary care physicians (with multi-specialty services on site) in our newly expanded clinic! We currently have a need for 2 FP's (OB optional) in clinic practice (1:8 call, some inpatient work) & 1 FP for urgent care hrs (no call or inpatient work) in the afternoon/early evenings. We are open to part or full-time candidates. Northfield is situated along the banks of the Cannon River, 45 minutes south of the Twin Cities. This welcoming community is home to St. Olaf & Carlton Colleges and offers residents the pleasing combination of proximity to a metropolitan area & a quiet, small town setting. We provide a competitive salary, an EMR, comprehensive benefits package & malpractice insurance. For more information, please contact Jennifer Roettger at Jennifer.roettger@allina.com / 1-800.248-4921 or view all of our openings at www.allina.com. EOE

Allina Medical Clinic-Faribault, MN is seeking 2 BE/BC FP's to join our team of 12 primary care providers (with multi-specialty services on site) in our newly built clinic on the campus of District One Hospital, a 48 bed acute care facility. This is a traditional practice setting w/ minimal call (2 nights/mos & 1:6 wkends). This wonderful community of 29,000 residents is located just one hour south of downtown Mpls or St. Paul. The educational opportunities in Faribault are outstanding; Shattuck-St. Mary's School, a coeducational, boarding & day school, and the Minnesota Academies for the Blind & Deaf are located in the community. There is also a community college in town & two private liberal arts colleges (St. Olaf & Carleton Colleges) within 15 minutes. The historic downtown, accessible shopping centers, friendly neighborhoods, extensive recreation & cultural opportunities, and ten lakes within a 10 mile radius make Faribault a wonderful place to work & live. We provide a competitive salary, an EMR, comprehensive benefits package & malpractice insurance. For more information, please contact Jennifer Roettger at Jennifer.roettger@allina.com / 1-800.248-4921 or view all of our openings at www.allina.com. EOE

To place an ad in the next 'Practice Opportunities' section, please email Kristie Thorson at kthorson@mafj.org. Information about deadline for submission and rates can be found online at www.mafj.org/classifieds/asp.

HealthEast[®] MEDICAL LABORATORY

A different way of thinking about your Laboratory needs. Any competent laboratory can meet your patients needs. HealthEast Medical Laboratory meets the needs of your patients *and* your staff.

- > Reputation for quality, commitment and service
- > Locally owned and operated which translates to improved specimen integrity, quick turn around time and access to highly qualified medical, technical and support professionals
- > Full service laboratory
- > Extensive continuing education and consulting programs
- > Reporting options for patient test results include fax, LabWorks software, or EMR/HER interfaces

We take the extra time and put in the extra effort. Call to find out how we can best meet your needs.

HealthEast Medical Laboratory
651-232-3500 | www.healtheast.org/hml



This issue of
Minnesota
Family Physician
is brought to
you through
the generous
support of
HealthEast
Medical
Laboratory.

MINNESOTA FAMILY PHYSICIAN

Minnesota Academy of Family Physicians
600 South Highway 169, Suite 1680
St. Louis Park, Minnesota 55426-1275
(952) 542-0130 • (800) 999-8198

Prsrt Std
U.S. Postage
PAID
Mpls, MN
Permit No.
3198



Please Recycle