

MINNESOTA FAMILY PHYSICIAN

Newsletter of the Minnesota Academy of Family Physicians

January/February 2007

Minnesota Family Physicians Support U.S. Troops By Sending Holiday Care Packages

By Kristie Thorson, MAFP Communications Coordinator

Members of the West Metro Chapter of the Minnesota Academy of Family Physicians planned to do some sort of community service project, but they weren't sure what. After careful research, the group landed upon Operation Minnesota Nice, an organization that provides comfort and support to those in the armed forces by coordinating the shipment of care packages to soldiers who may not otherwise receive snacks or other simple necessities from home.



Kerry Sheey, M.D., Amy Bonifas, M.D., and Pamela Dumke, M.D., work on sealing and labeling packages.

The West Metro Chapter decided it would put together several of these packages and pay the postage necessary to get them overseas. According to the Operation MN Nice website, there were hundreds of food, hygiene and miscellaneous items that would be used and appreciated by soldiers in Iraq and Afghanistan. The MAFP even decided to send a news release to Minnesota newspapers to see if members of the public wanted to help.



Hundreds of food, hygiene and miscellaneous items were donated by individual doctors, Minnesota clinics and members of the public.

On November 14, 2006, a group of West Metro family physicians gathered to package the first 25 boxes. They also wrote a personal message to each soldier thanking them for their service.

But the efforts didn't stop there. Additional donations poured in from individual doctors, Minnesota clinics and members of the public. Due to the overwhelming response, a second 'packing' event was held the first week of December. With the help of MAFP staff, another 100 care packages were sealed, labeled and sent to soldiers. The MAFP Foundation was able to help with some of the postage on this second mailing. Total weight of all packages shipped out was nearly 1000 pounds!

"I simply cannot thank the MAFP enough for what they have done," said Denise Jorgensen, founder of Operation Minnesota Nice. "This is the most that any organization has gathered, much less shipped."

Care package items included beef jerky, breakfast bars, nuts, cookies, crackers, pop tarts, tuna pouches, fruit roll-ups, gum, hard candy, licorice, tootsie rolls, tea bags, instant coffee, baby wipes, chapstick, deodorant, eye drops, dental floss, toothpaste, toothbrushes, lotion, socks, sunscreen, mouthwash, Q-tips, travel size toilet paper, kleenex, shampoo,

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Coming Up

The Calendar

February 2-3	MAFP Winter Conference, Arrowwood Resort, Alexandria, MN
February 7	MAFP Teacher, Researcher, Resident, Student & Merit Awards Deadline
March 10	MAFP Board of Directors Meeting, Location To Be Determined
March 24	MAFP Research Forum, Rush Creek Golf Club, Maple Grove, MN
April 15	Tar Wars State Poster Contest Submission Deadline
April 18-20	MAFP Annual Meeting and Spring Refresher, RiverCentre, St. Paul, MN

Continuing Education Courses

Critical Care Update

Date(s): February 8-9, 2007
Sponsor: Park Nicollet Clinic
Location: Naegele Auditorium
Registrar: (952) 993-6259
Approved for 9.25 Prescribed Credits

Pediatric/Adolescent Potpourri

Date(s): February 15-18, 2007
Sponsor: St. Cloud Hospital
Location: Lodge at Brainerd Lakes
Registrar: (320) 255-5836
Approved for 11.25 Prescribed Credits

21st FM Today

Date(s): March 8 - 9, 2007
Sponsor: HealthPartners
Location: Holiday Inn Select
Registrar: (717) 851-3038
Approved for 16 Prescribed Credits

Spring Symposium

Date(s): April 7, 2007
Sponsor: ACMC
Location: Prairies Edge Casino/Conf. Ctr.
Registrar: (320) 231-5070
Approved for 3 Prescribed Credits

MENTOR: Mental Health Initiative in PC for Optimal Recognition of Bipolar Depression

Date(s): May 31, 2007
Sponsor: Creative Educational Concepts Inc
Location: Local
Registrar: (859) 260-1717
Approved for 1.50 Prescribed Credits

Prep the Course June 2007

Date(s): June 23 - 27, 2007
Sponsor: American Academy of Pediatrics
Location: Hyatt Regency
Registrar: (847) 434-4725
Approved for 37.25 Prescribed Credits

DC Physician Leadership Workshop/ Meeting Effectiveness

Date(s): July 11, 2007
Sponsor: St. Mary's Duluth Clinic
Location: Fitgers Inn
Registrar: (218) 786-3854
Approved for 5.25 Prescribed Credits

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Kristie Thorson

Editorial copy and practice opportunity ads to be considered for the March/April issue are due in the MAFP office by 2/28/2007.

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New Years Resolutions for MAFP Members

My kids have been telling a joke lately that reflects part of the problem in our society today. The question is: "What is America's biggest problem - ignorance or apathy?" The answer: "I don't know and I don't care."

Unfortunately, sometimes that reflects the trends in organized medicine as well. All of us find it hard at times to juggle the demands of our work, our social calendar and our family lives, such that the idea of getting involved in yet one more thing can seem overwhelming. But I think it is important that we all find ways to give back to our profession. And in our changing times, we all need to be aware of and involved in the changes coming. We need to be proactive, working to shape the future of medicine and our health care system, rather than just complaining about it, reacting to it, or being rolled over by it. One thing I learned from my father was that if you don't like what an organization is doing, you should get involved to shape it in the direction you feel it should go, rather than pull away from it, as is often the tendency. If you're not involved, your voice cannot be heard.

In that spirit, I'd like to offer some ideas for New Year's resolutions. Certainly, none of us can do everything, and there are many other activities that may be just as worthy. But here are a few to consider regarding your relationship with your Academy and/or to promote family medicine in our communities.

- 1. Attend your MAFP local chapter meeting.** Most of our local chapters would benefit from more member involvement. This can be a good way to stay in touch with other family doctors in your area and to discuss issues that can be brought to the Academy at the state level. Many of the resolutions at our annual meeting start from the local level.
- 2. Get involved in MAFP email discussion lists.** Most chapters now have the availability of email discussion lists. The goal was to create a way to get feedback and interaction from our members in a low key, non-demanding format. Being on the list can involve as much time as you want to commit, anywhere from just getting the emails on what is happening, to posting new thoughts and ideas for discussion.
- 3. Help plan a community service event.** As seen on the front page of this issue, the West Metro Chapter collected enough items to send more than 100 care packages to members of the military. And last summer, the Lake Superior Chapter organized an event for its members blazing new trail for the Lake Superior Hiking Trail. Projects like this are a wonderful way to get local members working together, as well as to create visibility for the MAFP in our communities. Look for similar ways to get involved in your community.
- 4. Be seen at a physical activity event.** As you probably already know, fitness is a passion of mine. As physicians, we need to be out setting an example in our communities by participating in area events. We have new exercise T-shirts that say "Family Docs in Motion" and have the MAFP logo on them. They are available for purchase as a fundraiser for the MAFP Foundation. (See page 9) As an added incentive, I will personally donate \$5 to the foundation for each of you that sends in a picture of yourself in one of these T-shirts at a community fitness event this next year.
- 5. Be a Tar Wars presenter.** This is a long running national program that gets physicians, students and residents out in our

President's

Message

By Randy Rice, M.D.



communities. Be available to your schools for other opportunities to get involved as well.

- 6. Volunteer to teach.** Get involved teaching. It's your chance to shape the next generation. There are many opportunities from having students in your office, to the RPAP program, to precepting at a residency program.
- 7. Get involved with the MAFP Research Network.** The Research Network is an organization that promotes and conducts practice-based research to further the practice of family medicine. With more and more emphasis on evidence-based medicine, translating effectiveness into efficacy, and the need for continued quality improvement, we will need more involvement of everyday practicing physicians in research and quality improvement, not just the academicians.
- 8. Become a legislative contact.** Get to know your legislators. As more attention shifts toward health care policy change, it will become critical for us to be involved in the process. AAFP and MAFP members contacting their legislators have been a key part of our success in fending off Medicare cuts, among other things. We need everyone to contact their legislators when important issues arise, but we are also looking for members who are willing to be key legislative contacts.
- 9. Become an MAFP Media Contact.** Similarly, there are issues that arise in the the media that lead reporters to call the MAFP for commentary or response on various subjects. If you have expertise or interest in a particular medical topic, consider being a media contact for MAFP. We are trying to generate a list of members who would be willing to be interviewed as needed so that we can effectively and promptly respond to media requests.
- 10. Join an MAFP committee.** Last, but not least, we have eight different committees that help to carry out the mission of the MAFP. If you have a particular interest, contact the MAFP office to see how you might become involved with one of the committees. Many meet partially or entirely by phone, so involvement does not require travel. Consider calling in or attending a meeting to check it out.

In closing, please seriously think about getting involved in your Academy! Look through the above list and see if you can find one area to commit to for the next year. Or look for other ways to get involved in the MAFP that may not have been mentioned. If you would like more information on any of the items listed above, please check out our website at www.mafp.org or call the MAFP office.

Randy Rice

What's New

▶ MAFP Members in the Spotlight

Paul Van Gorp, M.D., CentraCare Clinic - Long Prairie, received the University of Minnesota's Rural Physician Associate Program Preceptor Award for the 2005-2006 program year. **Margaret O'Connor, M.D.**, Abbott Northwestern Hospital, wrote an article called "Tales of an Empty Nest" for the October 2006 issue of *Minnesota Medicine*. **Paul Sanders, M.D.**, Cambridge Medical Center, accepted a John M. Eisenberg award for safety and quality, on behalf of the Minnesota Alliance for Patient Safety (MAPS). As former CEO of the MMA, Sanders helped to found MAPS in 2000. **K-ichiro Narumoto, M.D.**, St. Joseph's Hospital Family Medicine Residency program, participated in the 2006 National Practice Improvement Conference (formerly the Conference on Patient Education) held in Denver, CO, on November 9-12. The scholarship to attend this annual conference was funded by the MAFP Foundation.

▶ Pandemic Influenza Information

Information about H5N1 influenza and pandemic influenza is available on the Minnesota Department of Health website at www.mdh.flu.com.

▶ Explore Family Medicine Student Booklet Available Online

A premedical student booklet called "Explore Family Medicine" can now be downloaded by visiting the Family Medicine Digital Resource Library at www.fmdrl.org. Search "Explore Family Medicine" on the website to find the .pdf. The booklet can be used as a resource by those speaking to high school or pre-med students about careers in family medicine.

2007 Research Forum

Reserve your place for the Research Forum taking place Saturday, March 24, 2007, at the Rush Creek Golf Club in Maple Grove, MN. The Research Forum is a chance to network and hear practicing and academic family physicians, researchers, residents and medical students present their findings in Family Medicine Research.



In addition to the individual research presentations, **Jeffrey Kahn, Ph.D.**, Director of the Center for Bioethics at the University of Minnesota, will present the opening address on *Genetic Technologies: New Issues and Old Ethics?* In the afternoon, **Robin Gotler, M.A.**, Editorial Coordinator of the *Annals of Family Medicine*, will speak on *Writing, Reviewing and Publishing Research: The Nuts & Bolts*.

Visit www.mafp.org to learn more and print a registration form or contact Lisa Regehr at the MAFP office at lregehr@mafpo.org or by calling (800) 999-8198/(952) 542-0130.

▶ David J. Mersy, M.D., Externship Award for Medical Students

There's still time for medical students to apply for the 2007 David J. Mersy, M.D., Medical Student Externship Award. The application deadline is February 26, 2007. This is an opportunity to receive \$2,000 for generating and completing a research project. Your family physician mentor will receive \$500. The MAFP Foundation will provide three Externship awards in 2007. For more information, go to www.mafp.org or call 952-542-0130/800-999-8198.

Membership Report

November 1, 2006 - December 31, 2006

New Active Members

Jill Ackerman, M.D., Rochester
Wesley Borowski, M.D., Fergus Falls
Steven Donnenwerth, M.D., Rochester
Joel Gordon, M.D., North Mankato
Patrick Herson, M.D., St. Paul
LeAnn Hutchison, M.D., Minneapolis
Christopher Kammer, M.D., Forest Lake
Nicholas Krawczyk, M.D., St. Louis Park
Calvin Kuo, M.D., Minneapolis
Juan Lewis, M.D., Paynesville
Susan Lewis, M.D., Roseville
Patricia McGuire, M.D., Minneapolis

New Active Members (Cont.)

Dana Metzger, D.O., Alexandria
Ursula Miller, M.D., Rochester
Allen Miranda, M.D., Eden Prairie
Chaitali Nanrani, M.D., Rochester
Elizabeth Raduege, M.D., Duluth
Gay Rasmussen, D.O., North Mankato
Anne Marie Sta Maria, M.D., St. Paul
Ingrid Yelkin, M.D., St. Louis Park

In Memoriam

Elmer Doherty, M.D., New Prague
Member since 1962

New Students

*University of MN -
Twin Cities*

James
Boyum

Gregory
Zimmerman



MAFP Membership (As of 12/31/06)

Actives = 2,067
Residents = 233
Students = 518
Life = 236
Inactives = 43
Supporting = 2

Total = 3,099

Continued from page 1 - Military Packages

nail clippers, shoe insole cushions, soap, individual packets of analgesics, batteries, bug spray, board and travel games, books, magazines cds, playing cards, disposable cameras, and international phone cards.

Within weeks of the first mailing, thank you letters from several of the soldiers who received a care package were already coming into the MAFP office:

"Thank you so much for your support. It does make a difference for our soldiers that are away from family so long."

Sincerely, Jason J. Anderson



Jason J. Anderson, Serving in Iraq

"Thank you ALL for the wonderful care package!!! Your thoughtfulness in a time like this is very much appreciated!!! I, along with ALL the soldiers, thank you for the support back home."

Sincerely, DeAnna Kennebeck

"Your gifts worked their magic throughout the building. My many heart felt thanks for bringing some smiles and fun to our day. It truly reminds us that there are people out there who truly care."

Sincerely, CSM Erick P. Keppeler, Camp Adder, Iraq



DeAnna Kennebeck, Serving in Iraq

New Legislative Session Underway in St. Paul

By Dave Renner, MAFP Legislative Representative

January 3, 2007, marked the start of the 85th Biennial Session of the Minnesota Legislature. It started with a new sense of bipartisanship, with the Democratic controlled House and Senate, and the Republican Governor Tim Pawlenty, trying to find areas of agreement. How long this mood of cooperation will last no one can predict.

The MAFP has begun its preparations for the start of session as well. The MAFP Legislative Committee, chaired by Dr. Daron Gersch from Albany, Minnesota, met in November to review the election results and set priorities for 2007.

Health care is expected to be high on the priorities for many legislators this year. In campaign literature throughout the state, positions on health care reform were prevalent. The MAFP is positioned well on this issue with a strong position in support of ensuring that all Minnesotans have access to good health care coverage and with the extensive work on the "Medical Home" model. There is agreement among all sectors of the health care economy (patient, provider, payer, purchaser) that we need to develop better systems to address patients with chronic disease. This not only results in a healthier population, in the long run it saves the system money. Many of the reform proposals being discussed by policymakers are focusing on the medical home model.

Another major health care legislative initiative is the passage of a statewide smoking ban in all workplaces, including restaurants and bars. This legislation, known as the Freedom to Breathe Act, is gaining momentum. Leadership in both the House and the Senate support the Freedom to Breathe Act and Governor Pawlenty has stated

publicly that it is time to pass a statewide smoking ban.

This legislation will be carried by Sen. Scott Dibble (DFL-Minneapolis) and Rep. Tom Huntley (DFL-Duluth). While the momentum is on our side, there will still be major battles over whether to include bars, how quickly to phase-in the ban, whether outdoor restaurant patios are included, and more. If we continue to focus on the health arguments related to the dangers of secondhand smoke, eventually we will pass this law.

The returning issue from last session would allow complete direct access to physical therapists without any physician involvement. The MAFP has opposed this legislation in the past arguing that physical therapists are not qualified to diagnose medical conditions beyond muscular/skeletal conditions.

In addition to these health care issues, the 2007 session is a budget year. The Legislature is required to pass a biennial budget for the state before they adjourn in May. Much of their work will be focused on reviewing the Governor's budget recommendations and passing a final budget that is now over \$32 billion for the two years.

Once again this year, the MAFP will be preparing biweekly Legislative Updates for any member who is interested in receiving them. These updates provide a brief summary of the activities of the Legislature as they relate to MAFP priorities. Contact the Academy office to receive yours.





Make Plans to Join Us for the 2007 MAFP Spring Refresher!

April 19-20, 2007. RiverCentre, St. Paul

Thursday, April 19

Reserve a Hotel Room Today!

The Holiday Inn RiverCentre welcomes you as a participant at the MAFP Spring Refresher. The Holiday Inn is directly across the street from the RiverCentre, where the Spring Refresher will be held.

The MAFP group rate is **\$104.00** for a single/double room per night, plus 13% tax. Reservations must be made by **March 17, 2007**, to receive the group discount. Reservations can be made by calling either 1-800-Holiday or 651-225-1515. Be sure to ask for the 'MN Academy of Family Physicians' group rate.

Reservations can also be made online by visiting www.holidayinn.com/stpaulmn. (The group code is MNP.)

All-Member Celebration

Join your fellow MAFP members to celebrate Family Medicine! After CME on Thursday, April 19, 2007, enjoy a **FREE** buffet-style dinner and dessert bar while networking with colleagues in a casual setting. A short program, recognizing new MAFP President, Lynne Lillie, M.D., and honoring the 2007 Family Physician of the Year, will be held, leaving plenty of time for conversation. A cash bar will also be available. Guest tickets are \$10.



General Session

7:15 a.m. to 8:15 a.m.

Power of the Pyramid Play

Childhood Obesity

Laurie Sund, M.D.

General Session

8:50 a.m. to 10:00 a.m.

Adapting Family Medicine Residency Education to the Future of Family Medicine

Macaran Baird, M.D.

Universal Coverage - Why & How?

Allen Horn, M.D., M.B.A., C.P.E.

Mental Health Track

10:30 a.m. to 12:00 p.m.

ADHD Screening

Michael Reiff, M.D.

Management of Behavioral Problems in Nursing Home Residents

Gerard David Spoelhof, M.D., C.M.D.

Obstetrics Track

10:30 a.m. to 12:00 p.m.

Antenatal Testing/Preventing Pre-Term Delivery

Michael Wootten, M.D.

European Perspectives: Active Management of Labor

David Power, M.D.

Cardiology Track

10:30 a.m. to 12:00 p.m.

Church Diagnostic Studies: Scan or Scam?

Mark Erhard, M.D.

New Advances in Cardiac Imaging

Elizabeth Klodas, M.D.

Resident Session/Lunch

12:15 p.m. to 1:05 p.m.

Just for Residents

Moderated by Chandra Gottipati, M.D., Resident Director

General Session

1:05 p.m. to 2:45 p.m.

Pharmacogenomics & the Coming Era of Individualized Medicine

Richard Weinsilbourn, M.D.

Medical Care for Returning Soldiers

Basil LeBlanc, M.D.

Pediatric Sports Track

3:30 p.m. to 5:00 p.m.

Cardiac Pre-Participation Evaluation

David Gremmels, M.D.

Repetitive Injuries in School Sports

David E. Olson, M.D.

Infectious Disease Track

3:30 p.m. to 5:00 p.m.

Community Acquired MRSA

Greg Siwek, M.D.

Tuberculosis

Timothy Aksamit, M.D.

Dermatology Track

3:30 p.m. to 5:00 p.m.

Acne

Todd Jorgenson, M.D.

Incorporating Botox Into Your Practice

Jaime Davis, M.D.

Update your medical knowledge

Reinforce appropriate practices

Improve your clinical practice

To register, mail in the form on the next page with payment or use a credit card to register on-line using our secure registration site. Simply go to www.mafp.org and click on the Spring Refresher link.

A complete description of CME topics is available at www.mafp.org



Friday, April 20

General Session

7:15 a.m. to 8:15 a.m.

Contraception Update

Michele Van Vranken, M.D.

Systems Change Approach to Quality

Asthma Care

Sofia Ali, M.D., MPH, & Peter Harper, M.D., MPH

General Session

8:50 a.m. to 10:00 a.m.

Weighing the Measures: How P4P May Affect Your Practice

Barry Bershaw, M.D., Jim Chase, David Satin, M.D., & David Thorson, M.D.

Pain Track

10:30 a.m. to 12:00 p.m.

What to Do When It Won't Stop Hurting: Assessment & Management of Patients with Chronic Pain

Arthur Wineman, M.D.

Emergency Management of Sickle Cell Disease

Stephen Nelson, M.D.

Diabetes Track

10:30 a.m. to 12:00 p.m.

ICSI Guidelines for Diabetic Care

Gary Oftedahl, M.D.

The Diabetic Foot

Scott Jorgensen, DPM, FACFAS

Orthopedics Track

10:30 a.m. to 12:00 p.m.

Minimally Invasive Surgery: Hip & Knee Replacement

Scott Marston, M.D.

Kyphoplasty Artificial Disc Motion Preservation Procedures

John Sherman, M.D.

Student Session/Lunch

12:15 p.m. to 1:15 p.m.

Just for Medical Students

Moderated by John Tieben, Student Director

Gynecology Track

1:15 p.m. to 2:45 p.m.

HPV Prevention, Screening & Testing

Patricia Fontaine, M.D., M.S.

Treatment of Dysfunctional Uterine Bleeding

Diane Duckworth, D.O., & Michael Eighan, M.D.

Bariatric Surgery Track

1:15 p.m. to 2:45 p.m.

Pre-Surgery, Other Weight Loss Options

J. Michael Gonzalez-Campoy, M.D.

Clinical Management After Bariatric Surgery: The Value of a Multidisciplinary Approach

J. Michael Gonzalez-Campoy, M.D.

Pediatric Behavioral Track

1:15 p.m. to 2:45 p.m.

Effects of Media on Child Development

Mary Ezzo, M.D.

Media and Child/Teen Health

Hilary Stecklein, M.D.

General Sessions

3:00 p.m. to 4:30 p.m.

Immunization Update

Robert Jacobson, M.D.

Common Dermatologic Problems & Treatment Pearls

Charles Crutchfield, III, M.D.

Accreditation

Application for 13 CME credits will be filed with the American Academy of Family Physicians. Determination of credit is pending.

Cancellation Policy

Only cancellations received by April 16, 2007, will be refunded (minus a \$35 administrative charge.)

Just For Residents/Lunch

Come have lunch on Thursday and learn about finding your perfect job! New-to-practice family physicians will share their experiences about where to look for jobs and matching your style of practice.

Just For Medical Students/Lunch

A physician and certified financial planner will present *Everything You Need to Know About Financial Planning in 30 Minutes*. He'll cover the basics of financial planning and debt management for medical students. Also, the MN Center for Rural Health will provide information on Loan Forgiveness Programs.

Exhibits

Visit the exhibit hall to learn about new products, job opportunities, and other health care providers, all in one convenient location. Exhibitors help keep Spring Refresher tuition down. The MAFP appreciates our partners' support of family medicine.

Spring Refresher Registration

Name: _____ Send Confirmation to this Address: _____ City: _____

Professional Designation (circle): _____

M.D. D.O. Allied Professional _____ Clinic Phone: _____

Email: _____

CME Selections

Please indicate which track you are likely to attend. Your responses will be used to determine room sizes, but are not binding.

Thursday Morning Tracks (Choose One)

Mental Health Track: 10:30 a.m. - 12:00 p.m.

ADHD Screening
Management of Behavioral Problems in Nursing Home Residents

Obstetrics Track: 10:30 a.m. - 12:00 p.m.

Antenatal Testing/Preventing Pre-Term Delivery
European Perspectives: Active Management of Labor

Cardiology Track: 10:30 a.m. - 12:00 p.m.

Church Diagnostic Studies: Scan or Scam?
New Advances in Cardiac Imaging

Thursday Afternoon Tracks (Choose One)

Pediatric Sports Track: 3:30 p.m. - 5:00 p.m.

Cardiac Pre-Participation Evaluation
Repetitive Injuries in School Sports

Infectious Disease Track: 3:30 p.m. - 5:00 p.m.

Community Acquired MRSA
Tuberculosis

Dermatology Track: 3:30 p.m. - 5:00 p.m.

Acne
Incorporating Botox Into Your Practice

.....

(For MAFP use only)

Check #: _____

Check Name: _____

Amount Paid: _____ Amount Due: _____

State: _____ Zip: _____

Clinic Phone: _____

CME Selections (Cont.)

Friday Morning Tracks (Choose One)

Pain Track: 10:30 a.m. - 12:00 p.m.

Assessment & Mgmt. of Patients with Chronic Pain
Emergency Management of Sickle Cell Disease

Diabetes Track: 10:30 a.m. - 12:00 p.m.

ICSI Guidelines for Diabetic Care
The Diabetic Foot

Orthopedics Track: 10:30 a.m. - 12:00 p.m.

Minimally Invasive Surgery: Hip & Knee Replacement
Kyphoplasty Artificial Disc Motion Preserv. Procedures

Friday Afternoon Tracks (Choose One)

Gynecology Track: 1:15 p.m. - 2:45 p.m.

HPV Prevention, Screening & Testing
Treatment of Dysfunctional Uterine Bleeding

Bariatric Surgery Track: 1:15 p.m. - 2:45 p.m.

Pre-Surgery, Other Weight Loss Options
Clinical Management After Bariatric Surgery: The Value of a Multidisciplinary Approach

Pediatric Behavioral Track: 1:15 p.m. - 2:45 p.m.

Effects of Media on Child Development
Media and Child/Teen Health

All-Member Celebration

(Thursday, April 19, 2007, @ 5:15 p.m.)

Do you plan to attend the ALL-MEMBER

CELEBRATION on Thursday? Yes No

(Free for MAFP members & those attending CME)

Guest Dinners (\$10 each)

Guest Names: _____ \$ _____

Registration Fees

*If you belong to a state chapter other than Minnesota, please pay according to your membership status in that chapter (active, life, etc.)

Please check the day(s) you plan to attend:

Thursday, April 19 Friday, April 20

2 days 1 day

<input type="checkbox"/> AAFP/MAFP Active Member	\$275	\$175	\$
<input type="checkbox"/> AAFP/MAFP Life Member	\$80	\$40	\$
<input type="checkbox"/> AAFP/MAFP Inactive Member	\$80	\$40	\$
<input type="checkbox"/> Non-Member	\$375	\$275	\$
<input type="checkbox"/> Allied Professional	\$190	\$130	\$
<input type="checkbox"/> Resident Member	Free	Free	No fee
<input type="checkbox"/> Resident Non-Member	\$35	\$35	\$
<input type="checkbox"/> Student	Free	Free	No fee

Do you plan to attend the RESIDENT lunch at 12:15 p.m. on Thursday? Yes No

Do you plan to attend the STUDENT lunch at 12:15 p.m. on Friday? Yes No

Spring Refresher Lunches

One REGULAR lunch is provided with each day's paid registration.

I have a special dietary need.

Vegetarian Other _____

Guest Lunches (\$20 each)

Thursday _____

Friday _____

#Regular _____ #Vegetarian _____

Pre-Paid Parking

One-Day Parking (\$10) @ RiverCentre Ramp _____ \$ _____

Two-Day Parking (\$20) @ RiverCentre Ramp _____ \$ _____

.....

TOTAL PAYMENT: _____ \$ _____



MINNESOTA ACADEMY OF FAMILY PHYSICIANS FOUNDATION NEWS



The mission of the MAFP Foundation is to support family physician health care delivery, research and education, and to promote the specialty of family medicine.



The Fruits of Collaboration

By Louise Mattson, M.D.
MAFP Foundation President

Our MAFP Foundation has limited resources in funds and staff, but we can and do have an impact when we collaborate with our health care colleagues. Networking is the key to increasing awareness, support, clout, and program funding.

Recently, the MAFP Foundation's *Multilingual Health Literacy* efforts were awarded a \$5,000 grant from **AstraZeneca**. The money will aid the Health Literacy Partnership in addressing "prescription literacy" issues, as well as assist the Interpreters Stakeholders Group in providing a two-week Interpreter Trainer Training session in January 2007.

Another recent award included a \$2,000 grant from **AstraZeneca** for the *Chronic Disease Self Management Workshop program*. This is a vital contribution to the new program initiative championed by MAFP member, **Dawn Blomgren, M.D.** Finally, the MAFP Foundation's *YWCA At-Risk Youth Nutrition Education Program* was awarded a \$5,000 grant from the newly created **AAFP Foundation's Family Medicine Philanthropic Consortium (FMPC)**. Also collaborating with

the YWCA program, are the **Midwest Dairy Council** and the **United Family Medicine Residency Program**. \$10,000 in remaining funding is being sought.

In 2007, the MAFP Foundation will uphold our tradition of working strategically and effectively on programs in line with our mission. The 'Foundation News' section of the this newsletter, email updates (to those that ask), and the Foundation link on the MAFP website are great ways to stay informed about activities. Your individual donations are critical in enabling us to continue/initiate programs that promote family medicine and quality patient care. Thank you.

'Family Docs in Motion' Sport Shirts

Promote family medicine as you demonstrate your healthy life style! MAFP 'Family Docs In Motion' Sports Tex DriMesh long or short sleeve exercise shirts are available in three sizes. The cost is \$29.00 per shirt, with a small percentage going to the MAFP Foundation. Visit www.mafp.org for an order form or call 952-542-0130/800-999-8198. Thanks to **Randy Rice, M.D.**, for suggesting this sport T-shirt idea during the 2006 MAFP Spring Refresher, and to **Keith Stelter, M.D.**, and **Paul Van Gorp, M.D.**, for providing 'expert' input. Dr. Rice has generously offered to donate \$5 to the MAFP Foundation for each of the first 30 members who send in a photo of themselves wearing the MAFP sport T-shirt during a 2007 community/group fitness activity!



Mercy Medical Center-North Iowa: Seven distinctly unique practice opportunities available for enthusiastic Family Physicians. Practice in rural north central Iowa as part of a network of nine affiliated hospitals, 45 clinics and a 346-bed regional referral center. Obstetrics required in Algona, Cresco, Emmetsburg and New Hampton. No Obstetrics in Ackley, Britt and Hampton. Obstetrics optional practices available for three new full-time permanent "internal locum tenens" positions. Enjoy competitive compensation, a comprehensive benefits package and a lifestyle that epitomizes the best of Midwest living. You owe it to yourself to learn more! Contact Denise Siemers, Physician Recruitment Leader, Mercy Medical Center-North Iowa, 1000 4th Street SW, Mason City, IA 50401. Please call toll free: (888) 877-5551 or e-mail siemersd@mercyhealth.com. Visit our web site for links to each community: mercynorthiowa.com.

Fairview Northland Medical Group is a primary care practice comprised of 4 clinics located in Elk River, Zimmerman, Princeton and Milaca, MN with close proximity to the metro area. All clinic sites are a short drive to the 54-bed hospital. Physicians perform in-clinic obstetrical ultrasounds and nonstress testing, as well as a full array of office procedures. Obstetrics is desired at most locations. High-risk and c-section coverage provided. This growing practice seeks family medicine physicians to join teams in each of their sites. Call: 1:22 weeknight, 1:10 weekend (one day/weekend). Please call 612-672-2288 or 800-842-6469 (TTY/ 612-672-7300), fax 612 672-2986, e-mail recruit1@fairview.org or visit our Web site, www.fairview.org EOE

New clinic, experienced system: Looking for TWO Family Medicine physicians to start a new clinic in Big Lake, Minn. The latest technology allows physicians to provide high quality, personalized care. Big Lake, with an area population of 15,581, is located approximately 30 minutes from St. Cloud and 35 minutes from Minneapolis. Natural amenities such as lakes, the Mississippi and Elk Rivers, trail systems, parks, a tremendous labor force and easy access to major roads make Big Lake ideal. This community's industrial base balances the rapid residential growth. For more information, contact: Kristine Cunningham Rose, Physician Recruitment & Relations, St. Cloud Hospital, 800-835-6652 ext. 54188 www.centracare.com

Columbia Park Medical Group presently has several opportunities for BC/BE family physicians for our multi-specialty group practice based in the northern suburban communities of the Twin Cities. We are an *independent, physician-owned and led* group practice with over 90 physicians representing 21 specialties. Our family physicians enjoy an excellent call schedule, and optional rounding service, a one-hospital practice, and the opportunity to pursue individual medical interests. We offer a comprehensive compensation and benefits package with shareholder opportunities. Contact: Barbara DeVora, Human Resources Generalist, Columbia Park Medical Group, 6401 University Avenue NE, Suite #200, Fridley, MN 55432. Telephone: (763) 586-5822. E-mail: jobs@cpmg.org. Website: www.cpmg.org.

Fairview Health Services - Would you like to be in a 60-mile radius of the Twin Cities but still practice full-scope family medicine? Would you like to live in a community that is scenic and quiet, yet a quick freeway drive to the metro? Would you like to live in an area where you can still find affordable house and have options for lakeshore property? All of our clinics offer 4-day work weeks and options for rounding. Fairview Milaca Clinic-Call is 1:22/1:10 weekend, OB preferred, 17 miles north of hospital in Princeton. Fairview Rush City Clinic-Call is 1:28, OB optional, 27 miles north of hospital in Wyoming. FV Zumbrota Clinic-Call is 1:11, hospitalist service available, 23 miles from hospital in Red Wing. Please call 612-672-2288 or 800-842-6469 (TTY/ 612-672-7300), fax 612 672-2986, e-mail recruit1@fairview.org or visit our Web site, www.fairview.org

Fairview Mesaba Clinics, part of Fairview Range Regional Services, is seeking a family medicine provider to join their Hibbing site. The clinic is housed within the 175 licensed-bed hospital and is 3 hours north of the Twin Cities metropolitan area. This is a 6-provider group. OB is optional. Call is 2-3 overnights/month. Fairview Range Regional Health Services combines the area's finest medical services to provide the most comprehensive health care system on the Iron Range and Northeast Minnesota. This locally integrated health care system is comprised of three entities: Fairview University Medical Center- Mesabi- main facility, located in Hibbing; Fairview Mesabi Clinics-community-based clinics throughout the region, with sites in Hibbing, Chisholm, Mountain Iron and Nashwauk; and Fairview HealthLine-which provides the community-based home health care and hospice services that support and complement both UCMC and Mesaba Clinics in the overall continuum of patient care. Please call 612-672-2288 or 800-842-6469 (TTY/ 612-672-7300), fax 612 672-2986, e-mail recruit1@fairview.org or visit our Web site, www.fairview.org

Urgent Care Opportunity: V-Kare seeks Physicians, Nurse Practitioner and Physician Assistant to join our Urgent Care Clinics. Full time and moonlighting opportunities. Please contact drhussain@vkare.com

North Memorial is presently recruiting for BC/BE family physicians to join several of our owned and affiliated family practice clinics. Practice opportunity locations include Brooklyn Park, Robbinsdale, Crystal, Maple Grove, Minneapolis and others. These are excellent practice opportunities with comprehensive compensation and benefits packages. Contact: Mark Peterson, Physician Recruiter, North Memorial Medical Center, 3300 Oakdale Ave. N., Robbinsdale, MN 55422. Telephone (763) 520-1336. E-mail: mark.peterson@northmemorial.com Website: www.northmemorial.com

MeritCare Health System is seeking BC/BE Family Medicine physicians to join staff in several of our 26 clinic locations. Clinic-based opportunities are available in Minnesota and North Dakota. You have your choice of urban or rural locations. Each community offers its own unique setting and personality. These are excellent practice opportunities with competitive salary and benefits, packages being offered. MeritCare Health System, with main offices located in Fargo, North Dakota is a fully integrated 411-physician multi-specialty group practice and 583-bed tertiary/trauma hospital including the 60-bed Children's Hospital and 26 regional clinics in two states. AA/EOE. Drug free work place. Relocation assistance is provided. Visit our website: www.meritcare.com or contact: Jill Gilleshammer, Physician Recruiter, P O Box MC, Fargo, ND 58122-0385; 1-800-437-4010, extension 280-4856; Fax 701-280-4136; Email: Jill.Gilleshammer@meritcare.com

Family Practice Physicians: The Duluth Clinic is a nationally recognized, 400+ physician multi-specialty group serving the regional population of 460,000 in northeastern Minnesota, northwestern Wisconsin and upper Michigan. Part of the SMDC Health System, the Duluth Clinic practice extends to 16 regional sites and 4 hospitals, and represents 42 specialties and sub-specialties. We are currently looking for Family Practice Physicians in Ashland, Hayward, Spooner and Superior, WI; Duluth, Hibbing, International Falls, Virginia, Aurora, Hermantown, MN. If you share our passion for delivering the highest standard of care, and if you are searching for a place where your work and your life can peacefully coexist, we invite you to join us. Please contact Roger Reinert at 800-342-1388 X 63452 via email at reinert@smdc.org or apply online at www.duluthclinic.org/career.

Express HealthCare seeks part-time and casual family physicians to work in our State of Art Urgent Care facility. We offer a modern working environment utilizing an EMR, digital imaging and onsite automated prescription dispensing. In addition, there is an onsite CT scanner as well as Physical Therapy. We are located next to the National Sports Center in Blaine. We are open everyday from 10AM to 10PM. We offer competitive pay and flexible scheduling. Please contact Rick Leach, M.D. at RDLeach@AOL.com or call 612-760-7161.

Red Cedar Medical Center – Mayo Health System in Menomonie, Wisconsin, is seeking a BC/BE Family Practitioner. OB is optional. Call of 1:9. Two-year salary guarantee and complete benefits package offered. Opportunity to moonlight in Red Cedar E.R. Red Cedar is a vibrant 31-physician, multispecialty clinic integrated and attached with a 25-bed critical access hospital located 1 hour east of Minneapolis and ½ hour west of Eau Claire. Menomonie is home to the 7,500 students at the University of Wisconsin-Stout. Perched on the banks of Lake Menomin, the community offers strong schools and safe neighborhoods in a beautiful setting. Contact Christie Blink, 1-800-573-2580; fax 715-838-6192; e-mail blink.christie@mayo.edu or www.rcmc-mhs.org

Emily Program, St. Paul, Minnesota: The Emily Program is seeking a part-time physician to work with eating-disordered clients 8 to 16 hours per week. Individual must be highly caring and personable with an interest in eating disorders. Previous ED experience is preferred, but not required. Please email resumes to: Jillian Croll, PhD, MPH, RD at jillian@emilyprogram.com or fax to 651-647-5135.

Affiliated Community Medical Centers, Willmar, MN: Physician-owned multi specialty clinic is seeking a full-time physician to join the Family Practice Department in their Willmar, Redwood Falls, Granite Falls, and Benson affiliates. These positions offer a guaranteed salary plus production incentive and an outstanding benefit package. For further information please contact Kari Bredberg, Physician Recruitment Coordinator, Affiliated Community Medical Centers, 101 Willmar Avenue SW, Willmar, MN 56201, 320-231-6366 or e-mail karib@acmc.com.

Scenic Rivers Health Services - Cook, MN: Four seasons recreation in northern St. Louis County: canoe/kayak, fish, hunt, hike, cross country ski, snowmobile. Scenic Rivers Health Services seeks BC/BE Family Practice Physician to join 1 FP and 1 IM. No OB. Practice includes outpatient, inpatient and ER call coverage. No buy in. Excellent benefits package. Salary is above the national average for Community Health Centers Practice. Current HPSA score indicates possible federal/state loan repayment opportunities for eligible physicians. Contact Elizabeth Storm, 218-666-5102; Scenic Rivers Health Services, 20 5th St SE, Cook MN 55723; estorm@cook.sisunet.org.

HealthPartners Medical Group - Urgent Care: We have part-time or benefited Urgent Care positions available at a variety of Twin Cities' metro area HealthPartners Clinics. We are seeking BC/BE full-range family medicine and internal medicine-pediatrics (Med-Peds) physicians. We provide paid malpractice and an excellent salary. For consideration, apply online at www.healthpartners.com, follow the Careers link to Physician Job Opportunities, and enter Job ID #6866. You may also email your CV to diane.m.collins@healthpartners.com. For more information, call (800) 472-4695. EO Employer

Sawtooth Mountain Clinic, Inc., on the North Shore of beautiful Lake Superior, is located in Cook County, MN, which encompasses the communities of Hovland, Grand Marais, Lutsen, Schroeder and Tofte, as well as the Grand Portage Reservation. SMC is a rural, non-profit, federally qualified Community Health Center, on the border of the Boundary Waters Canoe Area and Quetico Provincial Park. Seeking a *full-time BE/BC Family Practice Physician* to complement our practice, which offers a complete genre of family practice services, including primary medical care, emergency room service, in-patient and out-patient services and coverage of the Nursing Care Center. Excellent Benefits/Salary/Paid Malpractice. Please fax or email resumes to: Rita M. Plourde, CEO; or Sue Nordman, COO Fax: 218-387-1278; email: snordman@boreal.org 513 5th Ave. West Grand Marais, MN 55604

Family Practice Opportunities in Southeastern Minnesota: Multiple positions available for BC/BE Family Practice physicians in scenic **Winona, Minnesota**. Opportunity to join either a single- or multi-specialty clinic. Both offer competitive compensation and the opportunity to pursue individual medical interests while balancing professional and personal life. Both clinics are established, growing facilities that utilize a community-wide Electronic Medical Record and state-of-the-art equipment. Bordered by bluffs and the Mississippi River, Winona boasts good schools, two universities, international businesses and bountiful recreational and cultural opportunities. Please contact Cathy Fangman, cfangman@winonahealth.org, 800.944.3960 ext. 4301 or pager 507.453.3232 Winona Health 855 Mankato Ave, Winona, Minnesota 55987.

Melrose, Minn. – Seeking a BC/BE family practice physician willing to practice OB. Join six physicians in a community of 3,200 people located 40 minutes from a regional medical center. Our physicians have access to a broad array of specialists. The clinic is attached to a 28-bed, community-based hospital. CentraCare Clinic, a progressive, 183-physician multi-specialty clinic, is part of CentraCare Health System and serves a referral population of 617,000 which includes a regional medical center, two rural hospitals, 11 clinics and four long-term care facilities. Competitive compensation and benefits. Not a health profession shortage area. Contact: Kristine Cunningham Rose, Physician Recruiter, 1406 Sixth Ave. N., St. Cloud, MN 56303; 800-835-6652, ext. 54188; Fax 320-255-5711; Email: cunninghamrosek@centracare.com www.centracare.com

Opportunity Knocks: Welcome to Willmar, MN-home of Family Practice Medical Center (FPMC). We enjoy a great place to grow a practice, whether just starting out, or looking for a change of pace. FPMC is a physician-owned, single specialty group composed of eight family physicians and three mid-level providers which includes open access scheduling, a full EMR system, OB and pediatric care, a call schedule of 1 in 7 and no ER responsibilities. If you're looking for a patient-oriented, quality focused, clinic setting in a growing community, join us. For more information, contact Gary McDowell, Administrator at 320-231-8642.

Allina Medical Clinic-Mora, MN: Seeking a FP w/OB Physician. Stipend offered to residents while completing residency, full scope rural practice with 90% IP, 10% OP, call is 1:10, including clinic and hospital. Rotate to Hinkley or Pine City. C-section training available and routinely participate in medical student education. Recently renovated and financially sound hospital located 65 miles north of Minneapolis. We offer a competitive salary, comprehensive benefits package and malpractice insurance. For more information, please contact Allina Physician Recruitment Services, email: recruit@allina.com. EOE

Aspen Medical Group in St. Paul, Minnesota, seeks full time BC/BE family medicine physicians, physician assistants and nurse practitioners to join our Urgent Care Department. May rotate between several locations including Bloomington, Maplewood, St. Paul and our new clinic in Inver Grove Heights. Schedule will consist of a combination of day, evening and weekend hours (approximately 31-35 hours/week). Our clinics are fully staffed with lab, X-ray, MRI, CT, nursing staff and on-call specialists. Physicians and nurse practitioners must have a MN license and DEA registration. Please contact Julie Juba at 866.415.2600, via email at jjuba@aspenmed.org or fax your CV to 651.642.2796.

Luther Midelfort – Mayo Health System in Chippewa Falls, Wisconsin, seeks a BC/BE Family Practice physician. No inpatient or OB required. Weekly responsibility for Urgent Care rotation, and telephone call of 1:18. Join 5 family practitioners and 1 pediatrician equipped with EMR, PACS, and Mayo Clinic's on-line resources. Luther Midelfort is a thriving, physician-directed, fully integrated hospital and multispecialty clinic owned by Mayo Clinic. Bonus paid out upon arrival. Chippewa Falls is a community of 13,000, 90 minutes east of Minneapolis and 15 minutes north of Eau Claire. Lake Wissota, a 6,024 acre lake adjacent to the city, offers a multitude of recreational opportunities. Contact Christie Blink 800-573-2580; fax 715-838-6192; blink.christie@mayo.edu or www.luthermidelfort.org

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